AUG 5 1982

THE SATURDAY EVENING POST

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Our First U.S. Ladies in Space

A Medical Mystery

Jack Klugman

Billy Graham in Moscow: The Gospel Truth

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"Lessen Your Cancer Risk" Reader Survey

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Edsel Ford II

Lysine for Herpes Updated

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FREE SNACK TIN. The decorative Snack Tin seen on the blanket can be yours—free. Just mail purchase confirmation seals from any 3 of these great tasting Nabisco snack crackers: WHEAT THINS, TRISCUIT, CHICKEN IN A BISKIT, SOCIABLES, SWISS CHEESE, BETTER CHEDDARS, BACON THINS, VEGETABLE THINS AND COUNTRY CRACKERS along with 75¢ (for postage and handling) and your name and address to: Free Snack Tin, P.O. Box 983,

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Summer is the perfect time to enjoy
these tasty treats from Nabisco.
They're light and refreshingly different.
And Nabisco has enough
flavors to satisfy the appetites
of a whole beach party.
wheat thins
Sociables
Chicken in a Biskit
Chicken in a Biskit

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Skirting the Globe

A look at the ladies soon to break the ground barrier and be shuttled off into orbital space. 42

Lessen Your Cancer Risk

Act Now! Pull out the centerfold, fill it in and mail it. 54

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The evangelist was warned about the Soviets, but the Western press turned out to be the bears. 68

Taking a Test Drive with Edsel Ford II

The *Post* rides with Edsel II and Ford engineers as they look for flaws in the '83 models. 50

THE SATURDAY EVENING POST

FOUNDED A.D. 1728

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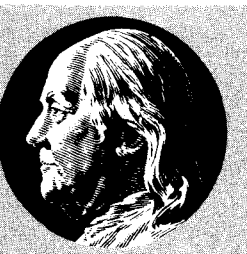

REG. U. S. PAT. OFF.

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(Cover Photo Courtesy of NASA)

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The names of characters used in all Post fiction and semifiction articles are fictitious. Any resemblance to a living person is a coincidence.

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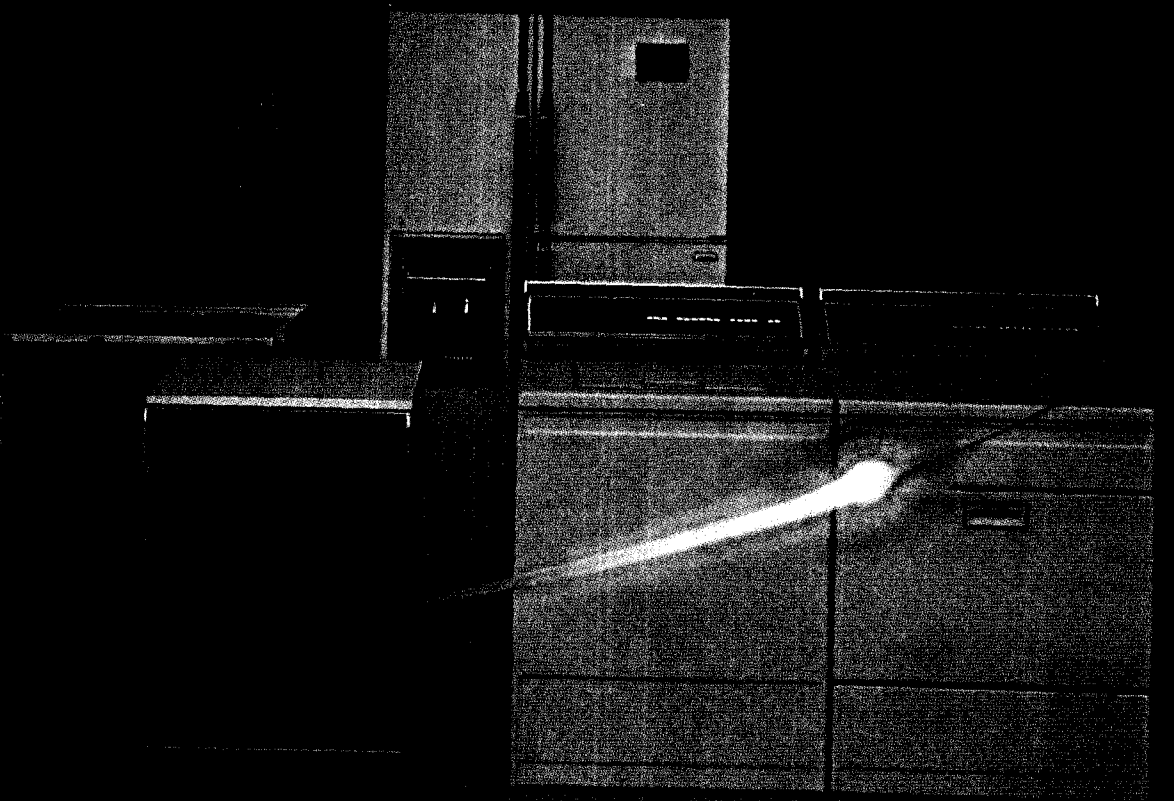
They come with a promise.



The promise of a design that assures your money's worth. Like a refrigerator that uses solid state technology to monitor itself and help you protect your food. And ranges and microwave ovens specially designed to be easy to clean.

Whirlpool can't promise to solve all your problems. But we can make your world a little bit easier.

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Making your world a little easier.

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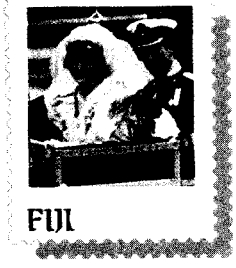

Stamps depicted are artist's concepts for illustrative purposes.

The Royal Wedding Philatelic Panels

Magnificent philatelic heirlooms of the Wedding of the Century. Issued in Conjunction with the 1982 International Philatelic Tributes to the Royal Couple.

Harken back to that magical morning last summer when Prince Charles and Lady Diana were wed. Never in our lifetime have we witnessed such an event. Never again in this century will there be a wedding to compare. Truly, it is an event to cherish, to treasure, to remember always. Now it can be yours to relive again and again—as if it happened yesterday—a page from history preserved forever (for future generations in your family) in the magnificent *Royal Wedding Philatelic Panels.*

Important new stamps have just been issued—including the first stamps to depict actual scenes from the Royal Wedding.

A landmark philatelic event has just taken place. Many British Commonwealth nations have joined in a multinational "omnibus issue" honoring Princess Diana, the future Queen, on the occasion of her twenty-first birthday. Each of these nations has issued four new stamps. One of the four depicts a scene from the Royal Wedding, and another presents a candid portrait of Princess Diana—a different wedding scene and a different portrait for each participating nation. A third stamp features a formal photographic portrait of Diana, *authorized and approved by the Princess herself for this special occasion.* A fourth stamp depicts the Official Coat of Arms of the issuing nation.

Worldwide collector interest in these stamps—and others, too, which have been issued by countries around the world on this occasion—is extremely high. Altogether, approximately 40 nations have issued new stamps honoring Princess Diana and the Wedding of the Century. The best way to own these

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prized stamps is on the magnificent *Royal Wedding Philatelic Panels,* available in the United States exclusively from the Postal Commemorative Society.

Royal Wedding Philatelic Panels— the ultimate philatelic tribute!

The Postal Commemorative Society is now acquiring the most significant of these new stamps, along with some historic stamps previously issued on the occasion of the wedding itself. These stamps will be combined with stunning full-color photographs of the wedding to create magnificent 10" x 13" *Royal Wedding Philatelic Panels*—one panel for each nation. The stamps will be preserved forever in perfect mint condition under a clear vinyl shield. In years to come, they will be treasured philatelic rarities—and still like new! (Many of the stamps have a high face value to start with—and they were issued in limited quantities.)

The photographs are as striking as the stamps. The Society has examined hundreds of Royal Wedding photographs from the exclusive archives of its affiliate, the Easton Press, and from private libraries of leading photographic agencies. The very finest photographs have been chosen, including many seldom seen before. These will be reproduced with full fidelity on a richly textured stock—to make the event come alive as if it were unfolding all over again ... each time you view the collection!

Together, the photographs and the stamps will recreate the entire event, from start to finish. Never before in philatelic history has a single event been depicted like this—all the glory, all the color, all the detail, all the romance!

Convenient acquisition at a favorable price.

The original issue price of each *Royal Wedding Philatelic Panel* is just $8.50, plus $.75 shipping and handling. Panels will be sent to subscribers at the convenient rate of two panels per month, beginning in October, 1982. No payment is needed now. You will be billed prior to your first month's shipment, or you may have your panels charged, as shipped, to your MasterCard or VISA account.

Prompt action is important.

This collection offers an unprecedented opportunity to preserve precious memories for a lifetime. To avoid any possibility of disappointment, we urge you to return your Reservation Application promptly. Reservations are being accepted on a strict first-come, first-served basis—the availablity of the historic stamps being a limiting factor. Collectors who delay may very well miss acquiring this ultimate heirloom philatelic tribute. Do reserve your *Royal Wedding Philatelic Panels* today!

A custom-designed collector portfolio will be provided to each subscriber, at no extra charge.

052

RESERVATION APPLICATION

The Royal Wedding Philatelic Panels

Postal Commemorative Society
47 Richards Avenue
Norwalk, Connecticut 06857

Please respond by August 31, 1982

Please reserve for me a collection of the Royal Wedding Philatelic Panels to be sent at the rate of two panels per month, beginning in October 1982, at a price of $8.50 per panel (plus $.75 per panel shipping and handling). A deluxe collector's album will be sent to me at no additional cost.

I need send no money now. Bill me prior to my first month's shipment, I understand this subscription may be cancelled by either party at any time.

☐ As a convenience, I prefer to have each month's shipment charged, at the time of shipment, to my:

☐ MasterCard ☐ VISA

Credit Card Number _____ Expiration Date _____

Signature _____

Name _____

Address _____

City _____

State _____ Zip _____

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Letters to the Editor

Circular Memories

I've been noticing an ever increasing number of advertisements using the *Post* cover style. Every one of them, too, utilizes the famous circle that was used behind the focal point of the cover subjects on *Saturday Evening Post* covers back in the '20s and '30s.

The *Post* used this timeless classic style on a few of the covers of the newly (then) revived issues of the early '70s. Since then, though, it hasn't been used at all. It seems ironic that the beautiful trademark is seen in so many places and not where it originated.

Please start using the classic circle again. It's obviously more popular now than ever before! I really love it, and so does the American public.

Use it on contemporary art covers as well as the classic (rerun) Norman Rockwell covers that featured it that you may choose to use in the future.

I really prefer art covers to photo covers. I think Gene Boyer is my favorite modern *Post* artist. I don't recall seeing any Boyer covers in a long time. I hope he's still with you. John Solie and Lucian Lupinski are excellent artists, too.

In any event, keep rerunning old classic Leyendecker and Rockwell covers. They're still the best of all. Come on, show the American public that the little *Saturday Evening Post* is just as big and classic and great as the (pre-'78) traditional-sized *Post*!

The *Post* doesn't come out that often, so every issue is very special.

Cliff Sterling
Van Nuys, California

A Life Saved

As a result of your marijuana article of September 1980, my son is now free of a serious drug dependency. (Primarily marijuana, but beginning to be speed and cocaine.)

I took him to Cleveland, December 1, 1980, to see Dr. Gilkeson, mentioned in your article. Dr. Gilkeson recommended treatment in Minneapolis.

After four months, my son returned home a basically normal teen-ager; our family has been involved in counseling since that time, and we are all so much happier that it seems like a miracle.

Instead of a son who hates himself, I now have a son who is cheerful, doing fine in school, is well-regarded by everyone and knows it. This is a life saved.

It was your article that convinced me that marijuana was not to be taken lightly and that my son's surface-level problems might represent something far more serious. Thank you from the bottom of my heart.

Nancy Ainsworth
East Lansing, Michigan

Lysine Testimony

After reading your article on L-lysine and herpes (July/Aug. '82), I would like to speak on behalf of those who suffer with mouth ulcers (not the same as herpes). I am 24 years old and have had mouth ulcers off and on for as long as I can remember. Doctors and dentists always said there was no cure for them except a proper diet, including vegetables and excluding colas, chocolate, citric juices and nuts.

In the past year, my family doctor prescribed a liquid mixture to treat the ulcers. After using it (with results) for a while, I called

Continued on page 10

EDITORIAL
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THE CAN DO CLEANSER!

Tough stains, like rust and lime deposits, are often too tough for America's leading cleanser. But test after test has proven those tough stains are not too tough for Bar Keepers Friend, the can do cleanser.

Bar Keepers Friend is a non-abrasive, talcum-smooth powder with superior cleaning and polishing power on most every surface in your home. It's so effective, yet safe, that it's recommended by Tappan, Montgomery Ward and Admiral for their glass-ceramic cook tops.

You'll be delighted how well Bar Keepers Friend works on stainless steel sinks and fiberglass shower stalls, too.

Next time your cleanser can't, remember the name of the cleanser that can. Bar Keepers Friend.

[illegible] return two [illegible] BAR KEEPERS FRIEND. [illegible] Box 1144, Indianapolis, IN 46202

We take the other cleaners to the cleaners.

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GREEN-WINGED TEAL

Plates shown smaller than actual size (9" diameter)

Announcing

a major new porcelain plate collection . . .

WATER BIRDS OF THE WORLD

by Basil Ede

An exciting new series of twelve collector's plates

by Europe's foremost wild bird portraitist.

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Each plate bearing an original work of art created by Basil Ede exclusively for this collection.

Each decorated with a border of pure 24 karat gold.

Available by subscription only.
Advance subscription deadline:
September 30, 1982

THE ARTIST. Basil Ede, of Sussex, England, has been called "the outstanding wild bird portraitist of his generation, and perhaps of his century." He is widely regarded as Europe's most distinguished bird artist. Indeed, the authority of his style and the distinction of his work have profoundly influenced the way birds are portrayed by artists throughout the world.

After notable exhibitions in London and other major European cities, Basil Ede was honored by a one-man show at the Smithsonian Institution's National Collection of Fine Arts in Washington, D.C. This was followed, during recent years, by important exhibitions at New York's famous Kennedy Galleries.

His paintings have been commissioned by the National Audubon Society and the World Wildlife Fund, among others. And he is represented in many public and private collections, including the Smithsonian Institution and the collection of HRH Prince Philip, Duke of Edinburgh.

Now, at the height of his career, Basil Ede has created an important new series of superlative works of art in fine porcelain — *Water Birds of the World*. Twelve collector's plates portraying the wild beauty and majesty of water birds in precise, authentic detail — with Ede's inimitable flair for color and composition.

CANADA GOOSE

Each of these twelve plates is, in itself, a masterful work of art. Together, they form an incomparable collection that will be a proud acquisition for every subscriber . . . a focus for conversation and admiration when displayed in the home.

WOOD DUCK

THE WATER BIRDS PLATES. The plates will be large in size — 9 inches in diameter — to provide full scope for Ede's finely detailed portrayals of water birds in their natural habitat.

And they will be crafted under the supervision of Franklin Porcelain in Japan, by craftsmen schooled in the delicate, demanding art of fine porcelain.

Franklin Porcelain has devoted more than two years to meticulous preparation for the issuance of these plates, and every detail will be of the highest quality. For example, each plate will be hand-decorated with a border of pure 24 karat gold. And each plate will incorporate as many as sixteen separate ceramic colors.

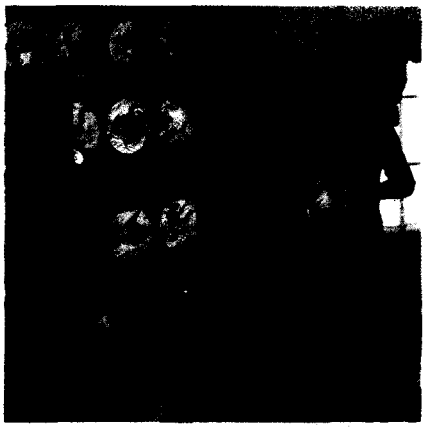
Ede's very beautiful and marvelously accurate works of art — created especially for this collection and available only on these fine porcelain plates — make this an acquisition that will be enjoyed and prized by all who love the beauty of birds, of art, and of porcelain.

THE SIGNATURE EDITION. The first edition of this collection will be a special Signature Edition. Each collector's plate in this limited edition will bear Basil Ede's signature on the back in 24 karat gold. This signature will appear *only* on the plates in this first edition.

The plates in this unique edition will be crafted exclusively for individual subscribers. The edition is available only until the end of 1982. And the limit of one collection per subscriber will be enforced without exception. Thus, the total number of sets of the Signature Edition will be forever limited to the exact number of original subscriptions entered during the offering period.

ADVANCE SUBSCRIPTION DEADLINE: September 30, 1982. The Signature Edition will be issued to subscribers at the convenient rate of one plate every other month. The original issue price of just $55 per plate is payable in two convenient monthly installments of $27.50 per month. Each plate will be accompanied by specially written reference material and a special wall mount. And a Certificate of Authenticity will accompany each collection.

There is no need to send any payment now. But your advance subscription application is valid only if postmarked by September 30th.



ADVANCE SUBSCRIPTION APPLICATION

WATER BIRDS OF THE WORLD

Valid only if postmarked by September 30, 1982.

Franklin Porcelain
Franklin Center, Pennsylvania 19091

Please enter my subscription for the *Water Birds of the World* porcelain plate collection, bearing new and original works of art by Basil Ede and his signature in 24 karat gold.

I need send no payment now. The twelve plates are to be sent to me at the rate of one plate every other month, and I will be billed for each plate in two equal monthly installments of $27.50* each, with the first payment due in advance of shipment.

**Plus my state sales tax.*

Signature _____
ALL APPLICATIONS ARE SUBJECT TO ACCEPTANC
Mr.
Mrs.
Miss _____
PLEASE PRINT CLEARLY

Address _____

City _____ _____

State, Zip _____

Limit: One collection per subscriber.

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for a refill and he asked to see me in his office again. This time he told me to try L-lysine, which I did and, amazingly, after all these years, I have found a cure! I still get these mouth ulcers sometimes, but it is very seldom and only when I don't eat properly and if I am not taking at least 500 mg. per day of L-lysine at that time. During the time I have ulcers, I usually take 1,500 to 2,000 mg. per day, and I can see results within a week.

In closing, I would like to say that the L-lysine can be used in treating not only herpes, but also mouth ulcers and probably some other problems similar to these.

Anonymous
South Carolina

Empirin Update

Recently, an article titled "Are You a Caffeine Addict?" by Richard H. Zander appeared in your May/June '82 issue of *The Saturday Evening Post.*

The daily dosage chart appearing on page 52 lists Empirin®, a product of Burroughs Wellcome Co., as containing 35 milligrams of caffeine. This is incorrect information. Empirin does not contain any caffeine. It was reformulated and the sale of the old formula to wholesalers or pharmacists was suspended after October 1979.

William A. Harris,
Clinical Research Scientist
Neurology/Anesthesiology Section,
Medical Division,
Burroughs Wellcome Co.
Research Triangle Park,
North Carolina

Post *editors are drinking a cup of humility to the dregs because of this dated information given in Dr. Richard H. Zander's article. While we regret these legitimate grounds for complaint, we are also glad to learn that the Burroughs Wellcome Co. stopped putting caffeine in their Empirin in 1979.*

It's Still Decent, Ben

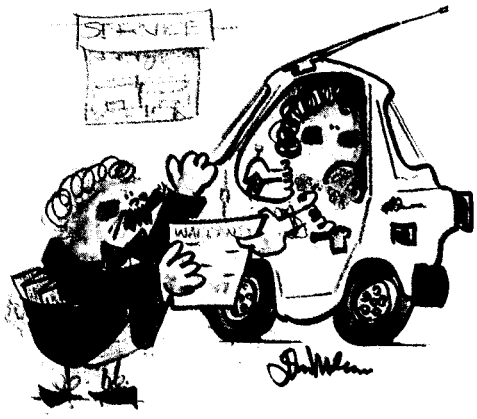
I just want you to know how much I appreciate your magazine. It's good to know that something good *can* last for 200 years and still stay good.

I hope and pray that the *Post* will be able to survive in today's world. I think Ben would be proud to know that his publication has not conformed to the immoral standard of modern society. It's just as decent today as it was in his day. God bless.

Darla Bernot
Ford City, Pennsylvania

Why Buy American?

In my heart, I want to buy an American car! I have relatives in Detroit. I want a working economy. I want Reaganomics to succeed! I have always had American cars. But you all are overlooking the problem: the American car dealer. He doesn't want to sell you a *car*; he deals in financing, insurance and "service contracts." The car is just the inconvenience around which all this business revolves—and if you *only* want to buy a car, God help you. . . .



With private financing, you do not even get "dealer prep"—that euphemism for completing the vehicle from whatever stage of disassembly the factory shipped it—unless you are related by blood or marriage to the dealer. You will not escape a charge for it, of course, though unperformed. (Consequently you spend the first six months pulling loose nuts out of your brake drums, installing other nuts to fasten your wheels on, etc., all the while wondering what the nuts in "quality control" were doing when your lemon squeezed by. After which, you start on repairs which should be recalls, but usually aren't until you've done and have paid for them.)

Helen E. Jensen
Houston, Texas

The DeVos Example

Thank God for such publications as *The Saturday Evening Post.* Your July/August '82 issue was one of the finest!

We were sent a subscription as a gift, but believe me, we will continue this subscription as long as it remains an informative publication. We previously had discontinued other publications due to their negative content.

The cover picture was great. . . and the feature story. . .beautiful! What an example the DeVos family is. . .for us all. Now a story on the Jay Van Andel family would be a great future feature.

Let's never be ashamed to wave our flag. . .build our country. . .not tear it down!

Marilyn Love
South Bend,
Indiana

Selleck Supporter

I read with interest and enthusiasm the article entitled "Tom Selleck: Modest Man of Magnum" appearing in the May/June 1982 edition of *The Saturday Evening Post.*

I have been a fan of Tom Selleck ever since I first saw him on "The Rockford Files." Tom Selleck has a charismatic personality. Further, he has an aura of charm. Last, and perhaps most importantly, he is a good actor.

I hope and pray that "Magnum P.I." will be on the air for many years to come.

Keith Clements
Louisville, Kentucky

Call for Unity

I am interested in the articles about religion in *The Saturday Evening Post,* and I am writing to inquire when you will be featuring Unity.

Unity is an approach to Christianity that's a little different; but more information is available from Bill Dale at Unity School of Christianity, Unity Village, Lees Summit, Missouri 64065.

I would like to add that I am not a Unity minister.

Jenny Bostock
Brisbane, Queensland,
Australia

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At Last! The Simple Camera

IT'S YOURS!

Why your camera? Because The American Institute of Photography™ has re-invented the way people learn photography.

Until now, the market had offered nothing that was written in language simple enough for the general public to understand.

AIP™ has now developed a complete study method entitled "A Basic Guide to Better Photography"™ (through the use of the 35mm SLR camera) to show you the amateur, hobbyist or occasional picture taker an easier way to capture your precious memories on film.

GOODBYE CONFUSION!!!

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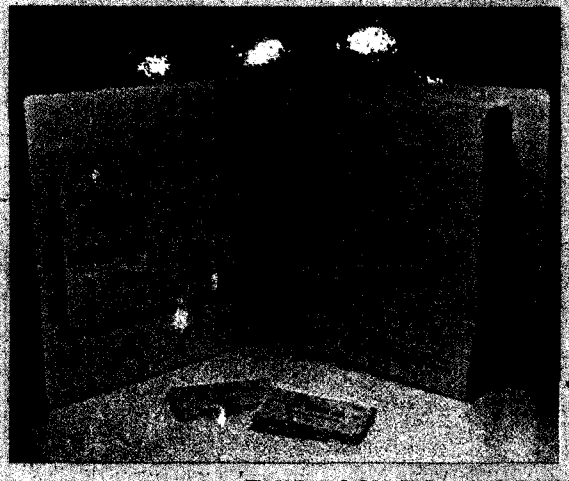

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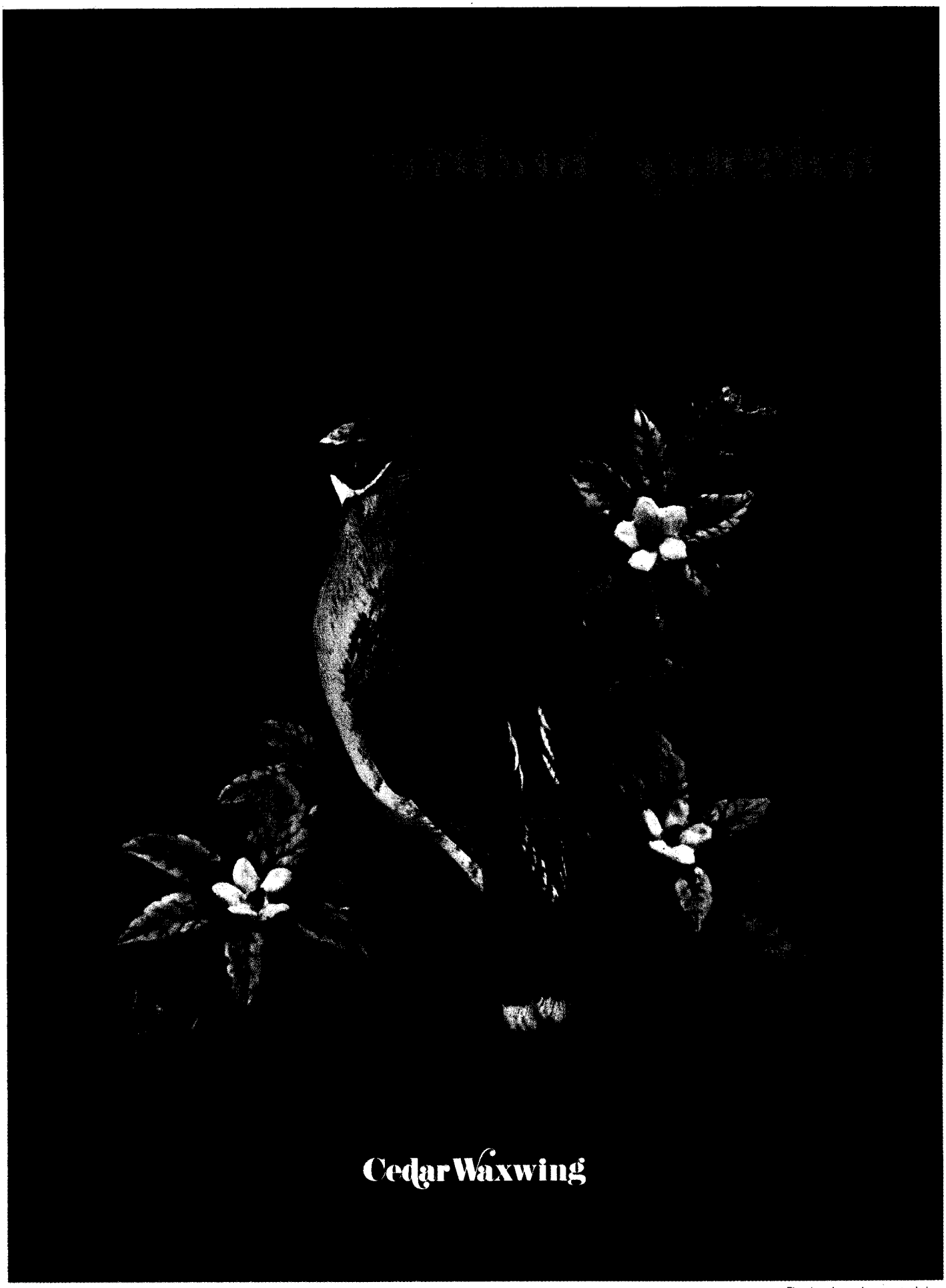

Figurine above shown actual size.

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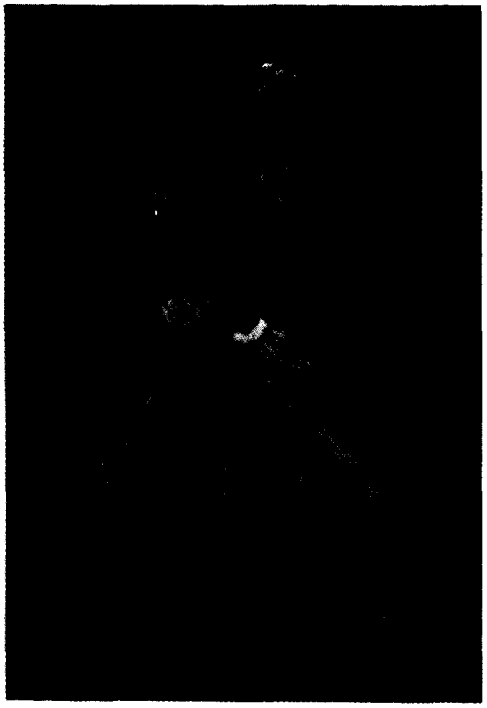
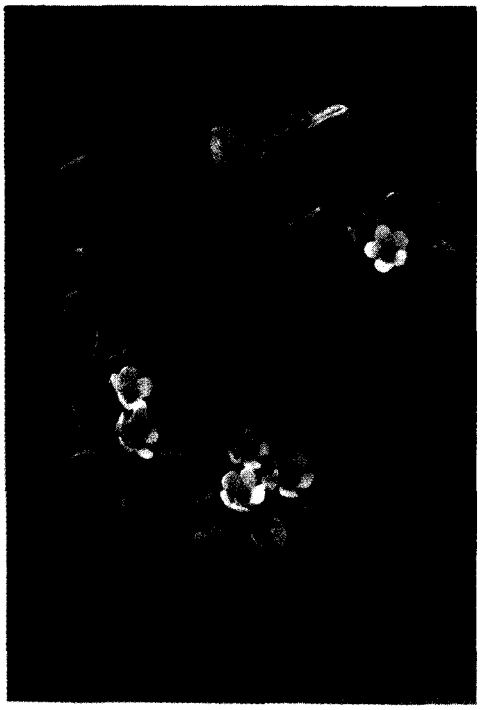
A collection of twelve hand-painted figurines, each an original work of art in fine imported porcelain.



Baltimore Oriole



Cardinal

Western Meadowlark

Figurines above shown much smaller than actual sizes which range from 4¾" to 6¾" in height.

xamine them closely and you can almost sense a quivering heartbeat. *The Songbirds of America* seem to pulsate with life itself! They appear capable at any moment of breaking into glorious song, or cocking their heads to catch a better glimpse of you, or bursting into flight the instant you draw too near!

A Magnificent Tribute to America's Songbirds

If you love beauty and grace ... if you love bright, joyous colors and the loveliest of melodies, *then you must love songbirds.* Indeed, these cheerful little creatures bring endless hours of joy and amusement to millions of bird-lovers. Who doesn't love to watch them splash and play in a backyard birdbath, or wing through the wilds the very picture of freedom! And now twelve of America's beloved songbirds will be painstakingly sculpted and then painted *by hand* in fine imported porcelain. And only a fortunate few can *own* these beautiful original works of art.

Marvels of Authenticity

Porcelain figurines are a demanding art form, requiring accuracy in *three* dimensions. Hence it is significant that these museum-quality figurines capture in lifelike detail every nuance of color ... the delicate formations of wing and tail ... even the cross-thatching of layers of feathers!

Further enhancing their realism, each bird is poised in a setting from its natural habitat. Notice the tree bark. Every little notch and ridge has been *sculpted* into the ceramic mold and not just *painted* on. Moreover, meticulously hand-applied brush strokes have shaded the wood lighter and darker to capture the look of real tree bark. Also look at the flowers which beautifully adorn each branch. You will see that they blush prettily with a *variety* of lovely shades. *This is porcelain artistry at its finest!*

An Exceptional Value

These photographs cannot compare with the actual figurines. Moreover, these sculptures have an authenticity and intricacy not visible in figurines commonly found in stores. Figurines of comparable quality, when available at all, range in price from $90 to $125. Yet *The Songbirds of America* are available to you for only $55 each. This exceptionally low price is made possible by the economics of this convenient, direct-by-mail offer, where "middleman" costs are eliminated and the savings are passed along to you.

An Exclusive Edition

The Songbirds of America will be available exclusively from the Danbury Mint. No figurines will be available in even the finest stores; they cannot be obtained anywhere else. For production planning purposes we ask that your order be postmarked no later than October 31, 1982.

The twelve figurines will be issued at the rate of one every two months. There is no need to send money now. You will be billed for each figurine in two convenient monthly installments of $27.50 each, or you may charge each installment to your VISA or MasterCard.

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Each figurine in the collection will be carefully inspected, but, more importantly, each must be acceptable to *you.* Hence, if you are not completely satisfied, you may return any figurine upon receipt for replacement or refund. And you may cancel your subscription at any time.

As you look at these photographs you can begin to imagine how beautiful the figurines will appear in your home. They are a stunning complement to any decor and instantly turn any room into a breathtaking gallery of fine porcelain sculpture. So reserve your collection today!

RESERVATION APPLICATION D10

The Songbirds of America

The Danbury Mint
47 Richards Avenue
P.O. Box 5245
Norwalk, Conn. 06856

Please return by October 31, 1982. Limit: one set per subscriber.

Please accept my reservation application to *The Songbirds of America* Figurines. I understand this is a collection of 12 hand-painted figurines, each one an original work of art in fine imported porcelain.

I need send no money now. The collection will be issued at the rate of one figurine every two months. I will pay for each figurine as billed in two convenient monthly installments of $27.50 each. Any figurine I am not completely satisfied with may be returned upon receipt for replacement or refund, and this subscription may be cancelled by either party at any time.

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Address _____

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☐ Check here if you want each monthly installment charged to your: ☐ MasterCard ☐ VISA

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Allow 8 to 12 weeks after payment for initial shipment.

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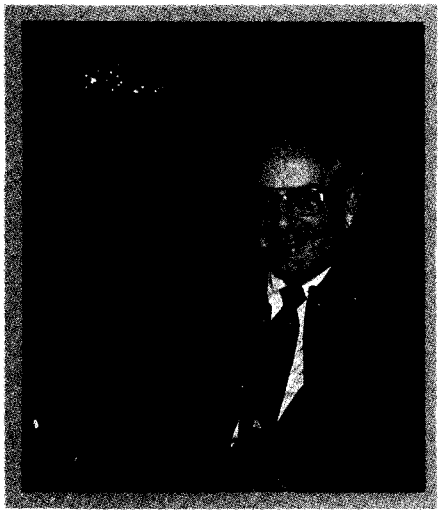
POST PEOPLE

Mother Teresa, winner of the 1979 Nobel Peace Prize, opened her eighth Missionaries of Charity convent in America this summer in the poverty-stricken Appalachian Mountains. "Mother Teresa has long realized that there is a significant problem in the Appalachian region of southeastern Kentucky," said Father Raymond Hartman of Covington, Kentucky. After her visit, she returned to Calcutta, where she has worked for 30 years with the poor.

When he is not busy on the political scene casting his executive support for the rights of senior citizens and the handicapped and in favor of a nationally balanced budget, Gov. Victor Atiyeh can most likely be found doing another kind of casting on one of his favorite Oregon streams. Described as "calm, cool and collected" by his staff, the Governor is finishing up his first term in the Salem statehouse.



Holly Coors

There's more than a slight resemblance between former Vice President Walter Mondale and his daughter Eleanor Jane. Ms. Mondale was graduated this year from Sarah Lawrence College in New York. Dad Mondale, who shares a similar sweet tooth, takes time out of a busy schedule to enjoy an ice cream break. He continues to be actively involved in social-political issues in Washington, D.C., and is considered in some circles as the leading man of his party.

Holly Coors

As a successful actress, wife and businesswoman (not necessarily in that order), Hungarian-born Eva Gabor dispenses advice to audiences across America. "Don't take freedom for granted," she warns. "We could lose it if we become lazy." A lady with a head for business (she's president of an international wig company), Ms. Gabor admonishes, "Women, be proud to be women. I love being a woman," she says. "There's so much a woman can do. You can get your own ideas across, dahling, without fighting and demanding. Being active is the key to being happy," she notes. "The Lord didn't put us here to eat, play and amuse ourselves. He wants us to contribute! As my mother says, 'Don't rest—when you are buried you will have enough time for that.' "

Holly Coors

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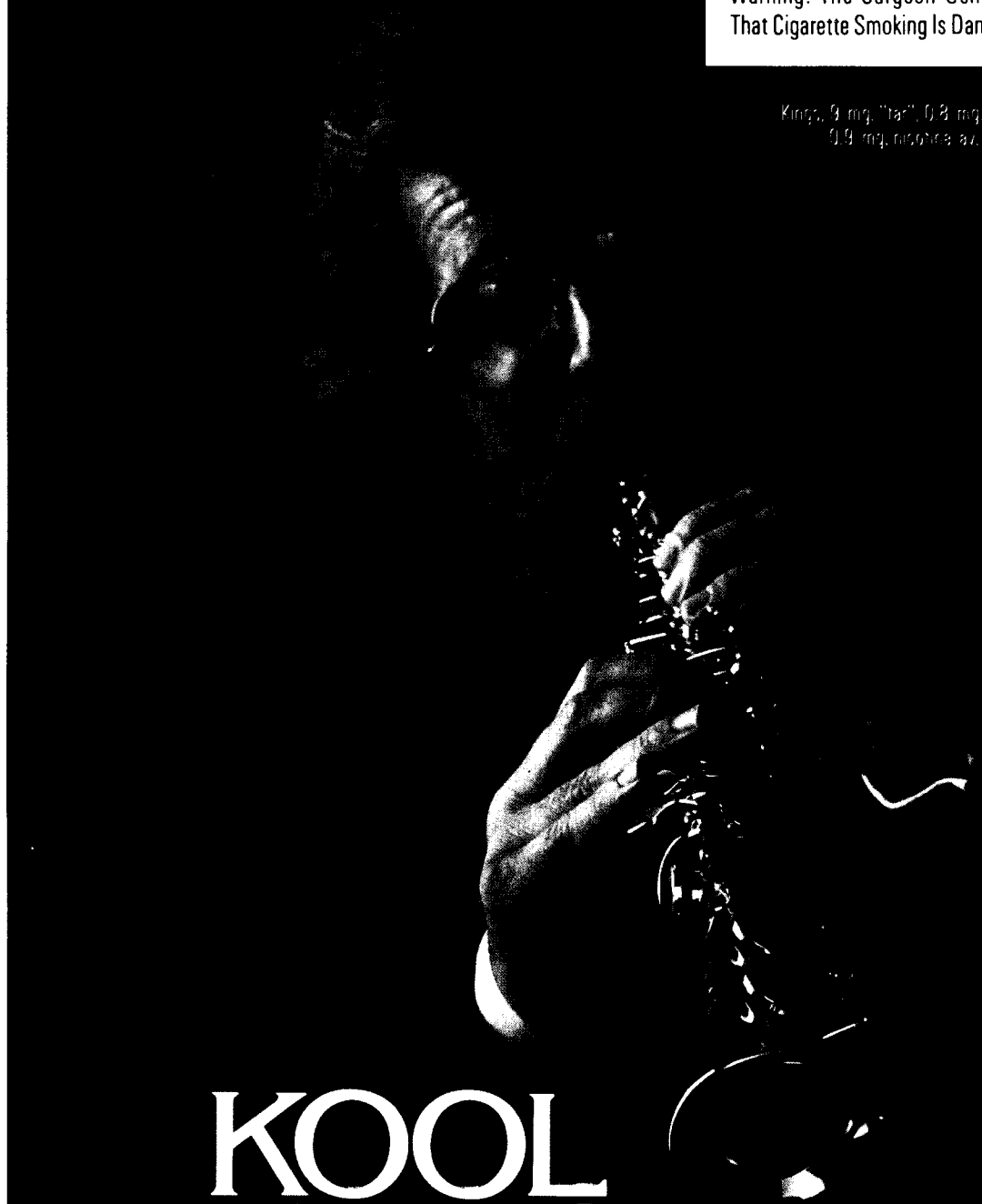

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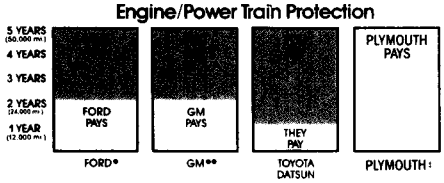

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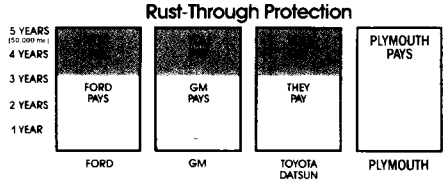
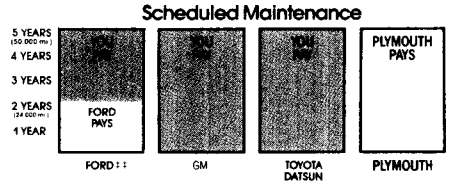


Scheduled Maintenance



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LOST IN THE TRANSLATION

According to the signs, foreign translators trying to accommodate their English-speaking visitors may run into problems.

Illustrated by Don Moldroski

With Americans making more and more trips abroad, it is interesting to note that foreign nations are making greater attempts to accommodate their English-speaking visitors. Unfortunately, there is still a significant language gap, and translations made into English by restaurants, hotels and stores often fall short of their intended meaning, frequently with disastrous—and sometimes riotous—results.

Patricia Besner, president of All-Language Services, a large translation firm based in New York, recently asked several members of her staff to take note of any incorrect translations they might come across while traveling in their native countries. The resulting list, she thought, might make future employees more aware of the many pitfalls that translators face in their daily work.

Two absurdities came from clothing stores—one from Italy and one from France. The Italian shop had a sign in its window to catch the eye of the American tourists. It read: "Dresses for street walking." The one in the Paris window said: "Come inside and have a fit."

A staid Berlin hotel left a card in its rooms for guests that said: "Because of the impropriety of entertaining guests of the opposite sex in the bedroom, it is suggested that the lobby be used for this purpose." It may well have been the busiest lobby in all of Germany.

One airline advertised the "rendezvous lounges" on its flights in Brazil and lost customers as a result. The reason for this became clear when someone finally remembered that "rendezvous" in Portuguese is a place to have sex.

One of our translators who visited his homeland of Austria did more than jot down what he read on the menu for American tourists. He brought it back with him to prove that, in Vienna, the fare for English-speaking customers included "Children Sandwiches" and "Chopped Milk."

He said he could not bring home another offering and declaration to tourists because the sign was nailed to the restaurant wall. It read: "You will be singing the praises of the food served to you here to your grandchildren even as you lie on your deathbed."

A Russian linguist at All-Language Services told us he stayed at a Moscow hotel where a notice exclaimed: "If this is your first visit to the USSR, you are welcome to it."

And when this Russian linguist was amusing a Czech friend about the sign, he was given a laugh in return when the friend reported to him that he had seen a sign in Czechoslovakia that urged visitors: "Take one of our horse-driven city tours. We guarantee no miscarriages."

A British-born employee of our organization was amazed on his European tour when he passed a cafe in Warsaw that read, "Five o'clock tea served all hours."

A Romanian hotel, according to one of our translators, had its elevator broken. To let him and the other visitors know of the inconvenience, a sign was posted on the elevator door reading: "The lift is being fixed. For the next few days we regret that you will be unbearable." The guests probably were, depending on what floors their rooms were located.

A Barcelona hospital let it be known to those coming to see patients that the rule was inviolate: "Visitors: Two to a bed and half an hour only."

Perhaps the most amusing error was back in Paris, where one of our staff members saw a hotel sign that sought to discourage Americans from wearing slacks in its plush dining room. It read, "A sports jacket may be worn to dinner, but no trousers."

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An important message from PAUL NEWMAN and JOANNE WOODWARD

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"We'd like to tell you why."

The seven children the Newman family sponsors are Pedro, Gustavo, Carlos, Johnny, Andres, Jaime, and Laki.

"For 16 years we've been Save the Children sponsors. We began by sponsoring a desperately poor little girl from the mountains of Colombia—a child who lived in a one-room hut and could only dream of attending school.

"It was a joy to share our good fortune with her and to know that she was blossoming because someone cared enough to help. It made us want to help other children in the same way. And now we sponsor seven children around the world. Children we have come to understand and love. Thanks to Save the Children.

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"Please join us as a Save the Children sponsor. We've seen the wonders they can work. You'll see how much you really can do—in the eyes and in the progress of the child you sponsor. You'll bring new hope to a child you'll know personally, as we do, through photographs...reports...and letters you can exchange, if you wish.

"You'll see despair turn to hope, and you'll feel the personal reward of knowing what your love and support can do.

"The cost is so little. The need is so great. Won't you join us as Save the Children sponsors?"

A sponsorship costs only $16 a month—less than many other sponsorship agencies. Just 52¢ a day. When you become a sponsor, your funds are used to help children in the most effective way possible—by helping the entire community with projects and services. For health care, education, food production, nutrition, and agricultural projects. So hardworking people can help themselves and save their own children.

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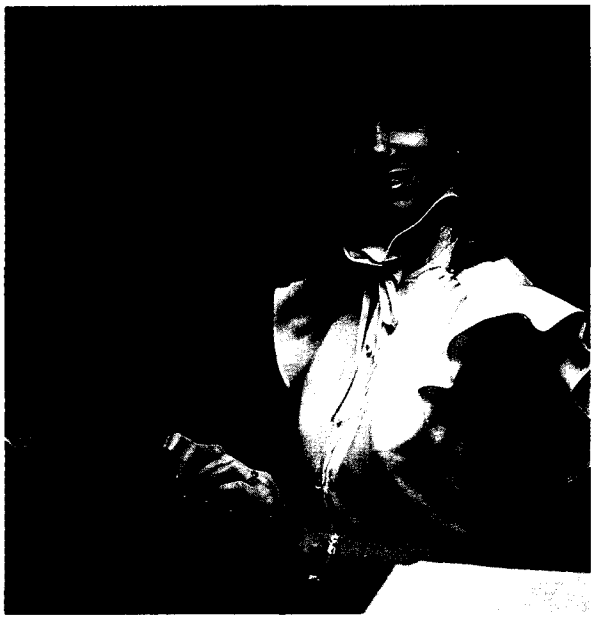
ORTHODONTICS: IT'S NOT JUST KID STUFF ANYMORE

Adults as well as children are now getting braced for an attractive new facial profile.

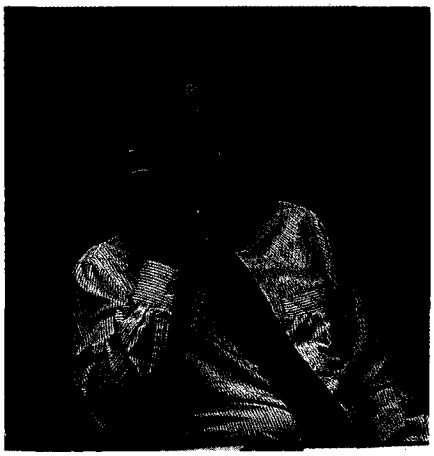
by Jay Stuller

When Jim Groff, a Houston art director and sculptor, went to his dentist for bridgework four years ago, he'd given no thought to orthodontics. Oh, he had a slight overbite, and his teeth were spaced far apart. But Groff, now 45, was stunned when the dentist said that, given the state of Groff's teeth, he might not be able to construct a good bridge. Moreover, Groff's orthodontics problem could place him in danger of losing *all* of his teeth.

"My teen-aged daughter had braces, and I'd always told her it couldn't be that bad," says Groff with a shrug. He admits that at first he did feel a bit out of place in the orthodontist's waiting room and that for a week after getting braces on his teeth, "I thought I'd never eat again." But he quickly grew accustomed to the feel of the braces and "began to notice more and more adults there in the waiting room, not with children, but waiting for their *own* treatment."



A few wires can't hide a pretty smile; so many people 20 and older are donning braces these days to shape up teeth neglected in childhood that the "metal mouth" has become a status symbol.



Vanity is not the only motive for straightening teeth; crooked, crowded teeth can cause increased decay.

Jim Groff is in good company, for such luminaries as Diana Ross, Ramsey Lewis and Jill St. John have worn or wear braces as adults. Considered oddities less than a decade ago, the post-teen set now comprises a good 15 to 20 percent of all orthodontic patients, or more than a half-million people.

Malocclusion, or a "bad bite," is not only the province of the young. According to a 1977 government study, some 89 percent of all American children have malocclusions that could be helped by orthodontics; but clearly, not every family can afford the treatment. Others who *have* had treatment may find problems reoccurring in adulthood (from growth, tooth loss and failure to wear a retainer as instructed); still more start developing problems later in life.

If one's teeth are not biting properly, or equilibrated, the subsequent grinding can cause headaches, backaches or other ills. Crooked and crowded teeth can cause speech defects, which along with the vanity aspect, can bring psychological troubles. Moreover, crooked and crowded teeth are harder to maintain, increasing the rate of decay, tooth loss and gum disease. And the cost of periodontal treatment may well exceed that of orthodontics.

Dr. Charles Fergeson is seeing more adults in his Houston practice. "Most of my adult patients are in their 20s," he explains. "Their parents, generally, had failed to have anything done during their teen years. It may have been finances or peer-group pressure on the kids that kept them from getting treatment."

Ironically, braces are now a status symbol for many young adults. "High society," says Fergeson with a laugh. And age is no barrier, evident when a receptionist at a Seattle orthodontist's office brightly states that "we just took the bands off a 63-year-old woman only yesterday."

Dr. John Grubb, an orthodontist in Chula Vista, California, has also noted the upsurge in adult patients. "When I started practicing 11 years ago, adults were a very minor part of my practice," he says. "Now it's nearing 20 percent and growing."

He attributes this to the American Association of Orthodontists' public campaign. Moreover, "adults

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are keeping their teeth longer," he says. "And the increase in dental-insurance benefits is perhaps one of the largest changes. There's a tremendous number of patients who have orthodontic coverage in their work benefits."

Also, the cost over the last 20 to 30 years has remained relatively stable. Depending on the nature of the problem and the length of treatment, an orthodontic treatment used to run $1,200 to $2,500. "I remember my parents paying a couple thousand for my braces 20 years ago," says Grubb. "And $2,500 is about average today, making it a pretty good health bargain"—especially considering the escalation in the cost of other forms of health care.

It is, of course, easier to correct an orthodontic problem in a youth, where growth can be used to help reposition teeth. Straightening teeth also may mean "remolding" the entire jaw, including the bones. "Working on a growing child makes it easier to move the entire jaw and have the muscular structure hold," says Dr. Fergeson. "With adults who have completed their bone growth, it cuts your options and you have to compromise a little on what you can do."

An orthodontist can still work toward repositioning an adult's jaw, but after the braces are removed in such a case, the adult may often have to regularly wear a retainer—generally at night only—lest the muscles sag back and the work go for naught.

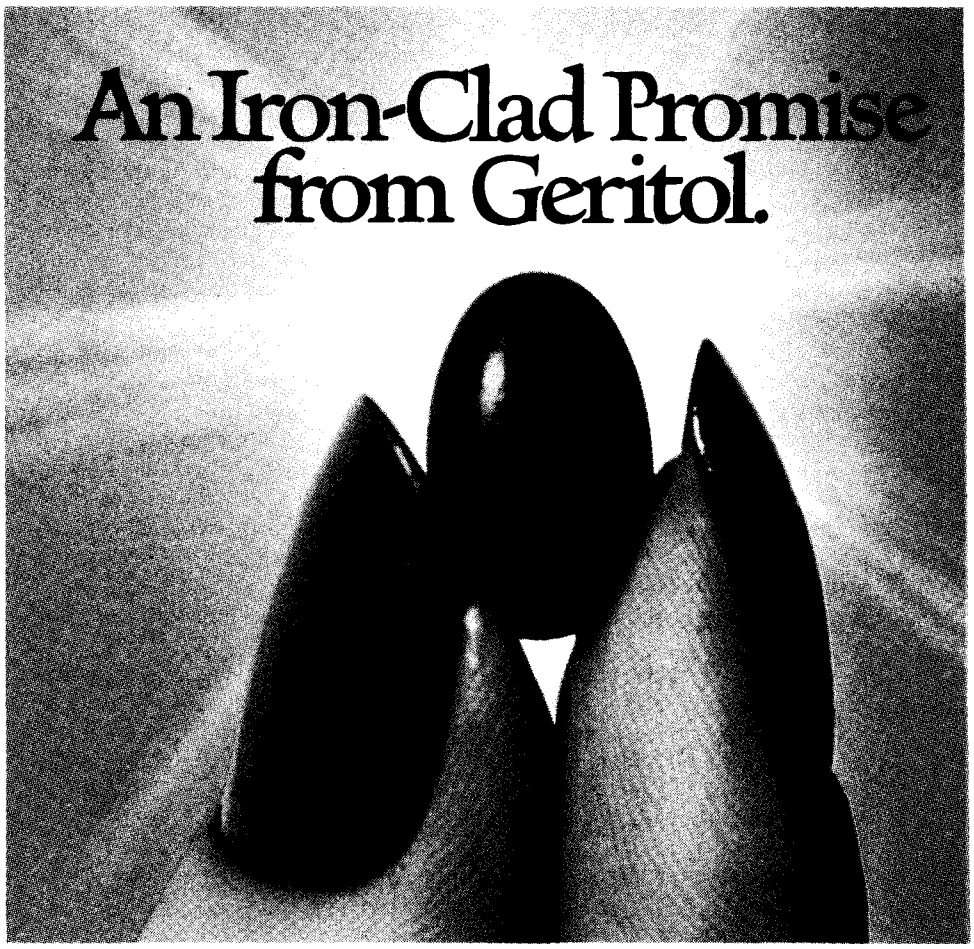
New materials and techniques are being applied in today's orthodontics. Some orthodontists are using "invisible braces," which are clear plastic brackets bonded directly to the front of the teeth and onto which the wires that provide the force and pulling motion are then wound.

"Since vanity plays an extremely important part in many patients' decisions to seek treatment," explains Grubb, "these kinds of braces are most appealing. Right now, however, I personally think the procedure isn't perfected; the bands tend to irritate the tongue and don't do as good a job as the traditional metal bands." (The American Association of Orthodontists has not formally endorsed this procedure.)

There is another technique, called the Crozat, which involves using removable wire appliances that are kept in the mouth but which are hidden, for the most part, behind the teeth. These wires slowly move the teeth and jaw into the proper position, but are not as fast and effective as braces. The method has not yet seen much use in the United States, though European facial orthopedists are having some success with the technique. It is not readily available in this country and may never be widely used. But it hints at some of the technology that may be possible.

Donna M., a tall, dark-haired former model, is one of the few people in the U.S. to have undergone the Crozat treatment. She had orthopedic work done as a child, but shortly after the birth of her first daughter, she noticed that not only had her overbite returned, but it had become a real problem.

She went back to Dr. Lewis Rattner, her childhood dentist in Redwood City, California, who agreed to accept her as his only adult patient. He offered her two choices: She could have a couple of teeth pulled and go through braces



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A Change of Face

"I don't know if I'll ever forget what it was like to be the way I was," says Fran Lerner, "but I'm always going to be grateful for the way I am now."

Nancy Barblock compares the result to "Christmas, the Fourth of July and a thousand birthdays rolled into one."

A face lift? Beauty-parlor treatment? New hair style? No. These young women are enthralled over the results of their surgical orthodontics.

This combined use of orthognathic surgery and orthodontic treatment to align the jaws and teeth is becoming one of the more viable treatments to correct a long face, large lower jaw or receding chin. With the public's ever-increasing awareness of facial appearance and what can be done to improve it, surgical orthodontics is holding its own with such procedures as rhinoplasty, pouch removal and the more widely publicized face lift.

An estimated 10 percent of all orthodontic patients could be helped by orthognathic surgery. With the movement of teeth to a proper alignment and the removal or addition of bone to the jaws, surgeons can provide these patients with a new profile, a new outlook on life and, in the bargain, a set of teeth that will last a lifetime. Part of the post-operative regimen requires the jaws to be wired shut (a healing period) for three to six weeks. However, most surgery is done within the mouth, leaving no scars.

According to Tim Young, "The surgery lasted two and a half hours, and surprisingly, it was a breeze. They got out their chisels and an air drill to break my jaws, put me to sleep and went to work. But the whole time, I was simply in Dreamland.

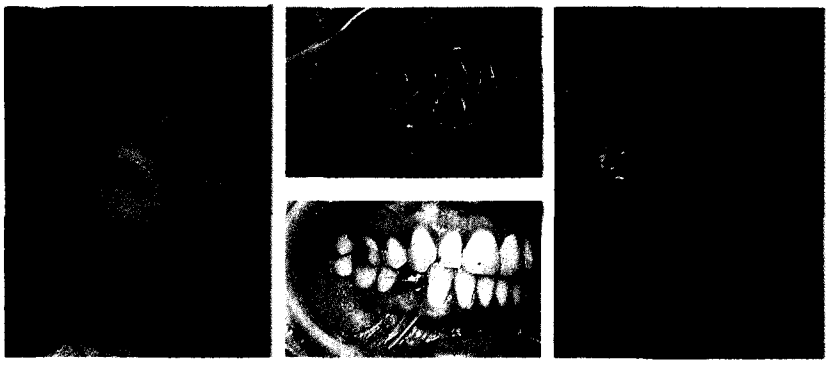
"Looking back," Tim adds, "I wonder why I was so worried. It was an easy, painless experience, and the results were super."

Two men who perform this miracle quite frequently are Dr. Bruce Epker, oral surgeon, and Dr. Leward C. Fish, orthodontist, both from Fort Worth, Texas. "Nearly all facial and dental abnormalities can be corrected with the proper diagnosis and treatment planning," says Dr. Fish. "Long Face" (where the upper teeth hang down below the upper lip and the patient shows too much gum when smiling), receding chin, a protruding jaw (the bulldog look) and open bite (where the upper and lower teeth do not meet) are the most frequently treated.

Fish goes on to say that very few people who need treatment cannot benefit. "You can usually help in one way or another," he says. "And the changes are generally so dramatic that patients are incredulous for weeks." In rare cases, he cautions, there can be related psychological problems. These patients are advised to deal with such problems "prior to beginning any surgical orthodontic treatment."

While the results are miraculous, the costs generally are more than orthodontic treatment alone. But at the same time, the length of treatment may be shortened significantly. It is best that the patient have a basic health policy and major medical insurance to absorb the cost of surgery.

Despite the inevitable cost, the possible discomfort and probable inconvenience, the alternatives merit only one response. Tim Young, the young college student in Hurst, Texas, leaves no doubt when he says: "Do it!"



Linda Rowbottom endured weeks with her jaws wired shut following surgery for a poor occlusion with a large overbite; now she says she "can't wait" to show her new face at her high school reunion.

again—she'd had them as a teen—or give the Crozat method a try. Rattner gave her no guarantee that the method would work. "But I was about to get pregnant with my second child and just didn't want to go through braces another time."

The two sets of wires Rattner fashioned were at first terribly uncomfortable, and Donna had to wear them day and night. But they began to move her lower jaw outward, allowing more room for her teeth. At the same time, the appliance pulled back the protruding uppers that were pushing the lower teeth out.

After two years, the device had done most of its work, and Rattner made a simple, one-piece retainer that she now wears only at night. "If I leave it out for only two or three nights," she says, "I can feel my teeth starting to move back. The retainer is no fun to wear when you've got a cold, but it's either wear it or go back to a bad overbite. I'll take the retainer."

The Crozat technique may not be practical for widespread use. "It may have a future," says Grubb. "And I think we've only scratched the surface on the things we can do in this profession."

The proper treatment, however, along with determining exactly which treatment *is* proper, should be left up to the orthodontist. General dentists can perform orthodontic work and, in fact, in the vast majority of states are licensed to do such procedures right out of dental school. *Orthodontists*, on the other hand, have gone through additional training and board certification to practice it as a specialty.

There is, however, something of a depression going on in the dental industry. More graduates are coming out of dental schools than can be absorbed. And given a shortage of patients, there may be general dentists "willing" to perform orthodontic procedures. "The economic pressures for that are out there," says one orthodontist. "And of course there are experienced general dentists who are good at orthodontics. But for the most part, patients would be better off going to an expert, because small problems have a way of growing into big ones."

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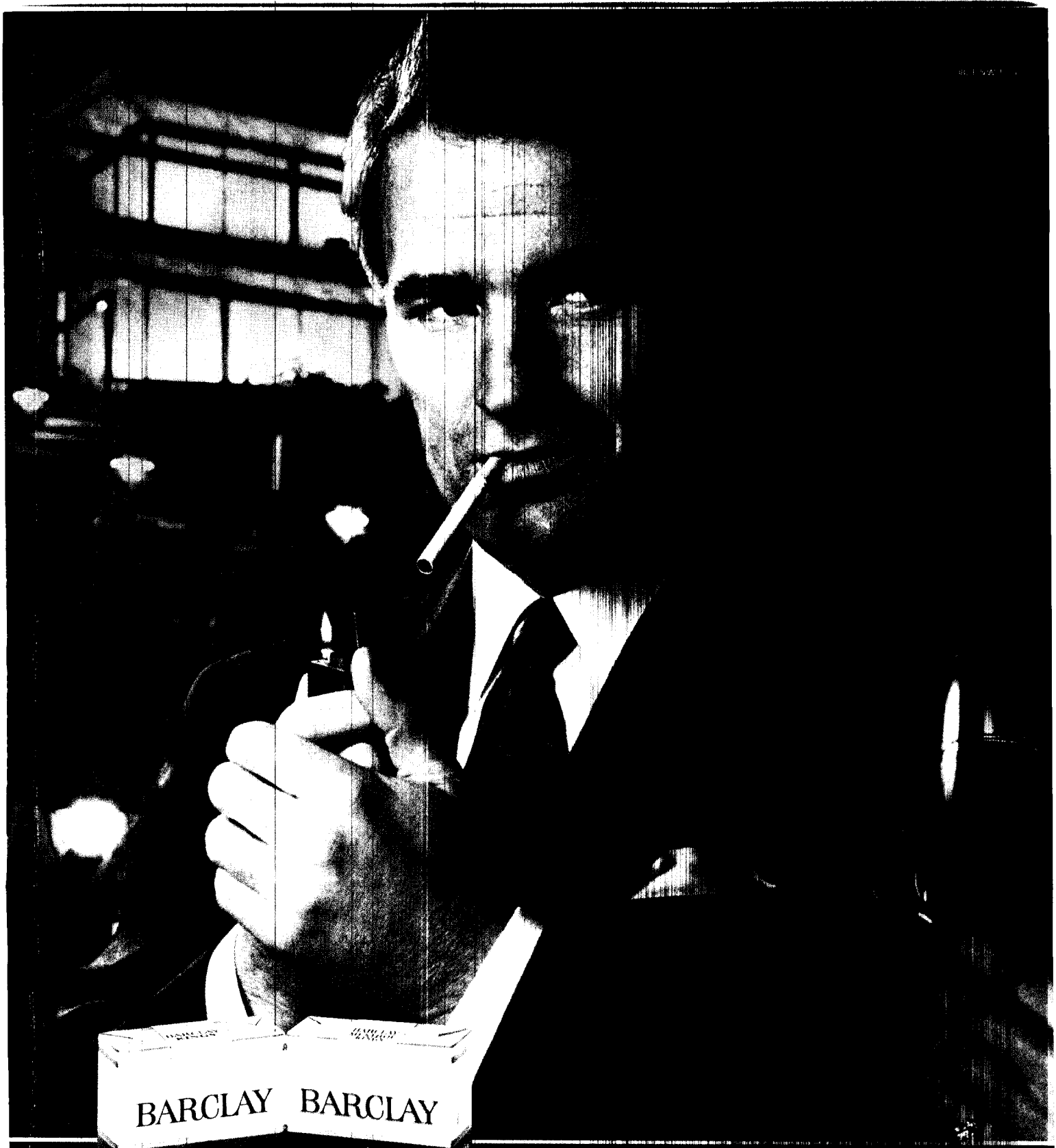

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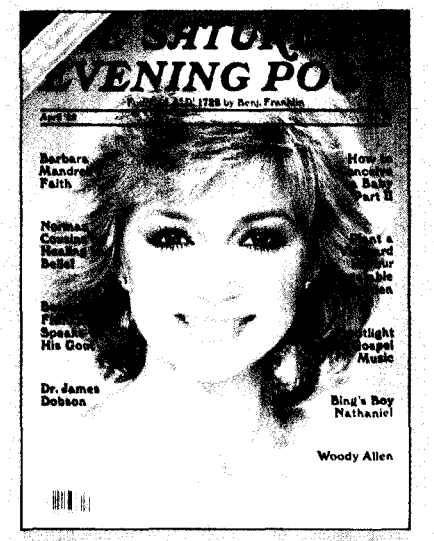

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PECANS—OUT OF THE SHELL

Even the astronauts are nuts about digestible pecans—the ideal space food that ounce for ounce packs 12 times the energy of potatoes.

by Jim Powell

Thomas Jefferson loved what he called "Illinois nuts." He planted them around his Monticello home and gave some to his friend George Washington, who also grew and ate them without reserve. "Washington always had his pockets full of these nuts, and he was constantly eating them," one contemporary observed.

Today, we still relish "Illinois nuts," except we call them by their American Indian name, pecans, which translated means "a tough nut to crack." Pecans have curried presidential favor longer than any other nut, Andrew Jackson's "Old Hickory" and Jimmy Carter's peanuts not withstanding. And they've been with us all the way from Mount Vernon to the moon. Washington and Jefferson did not know it, but pecans are loaded with protein, vitamin A, phosphorus, potassium and magnesium, plus trace amounts of calcium, vitamin C and B. Dry, compact, healthful, easily digested with little waste, they are ideal as space food, and NASA routinely packs them off with our astronauts. *New York Times* Food Editor Craig Claiborne put it in a nutshell. "Pecans are probably more American than apple pie," he said.

Some 348 million pounds of pecans were harvested in the U.S. last year—less, to be sure, than our crop of English walnuts (452 million pounds) or almonds (683 million pounds). But in America, almonds and English walnuts are limited to areas of central California threatened by real-estate development. Apparently, they can't survive anywhere else.

Meanwhile, pecans are coming on strong. They're an important crop in a dozen states, worth more than $200 million annually. The latest U.S. Department of Agriculture census reported 4.6 million bearing pecan trees and another 2.3 million young, nonbearing trees. As these come into production during the 1980s, pecan yields will climb 50 percent.

Pecans are like vintage wines; some years' crops are better than others, but by cloning, growers someday may be able to produce a perfect nut every time.

The business of raising pecans for food is more complicated today than in the "good old days," when nomad Indian tribes planted them along their principal routes throughout the South and arrived in early autumn to take advantage of the crop. Europeans crashed into the pecan scene by accident, when Alvar de Vaca's ship beached on the Texas coast in the 1600s. There he found the Mariaunes Indians pounding nuts into meal for bread, which was the Indians' primary sustenance two months of the year. To the Indians, the nuts were a gift from Kitchi Manitou, the Great Spirit; they in turn passed on the gift unwittingly by spreading them throughout the South. The seedlings from their original plantings still dominate the pecan orchards of Louisiana, Arkansas, Texas and Oklahoma.

Nature, as the first developer of pecan trees, did a superb job. Pecans are "one of the longest-lived deciduous trees," said Dr. Jasper Woodruff, author of *Tree Nuts*. They live an average of 80 to 100 years, but some are much, much older. Long-lived pecans are among our most stately and graceful trees. They reside at the top of the American Forestry Association's registry of big deciduous trees, and they are gist for the book of world records. The mightiest pecan tree on record stands in Jimenez, Mexico. It is 160 feet tall with a 150-foot limb spread, a 41-foot trunk circumference and a 13-foot diameter. This thousand-year-old behemoth reportedly still yields nuts: about 2,000 pounds of pecans annually—as many as 100 young trees put together.

According to pecan specialists, however, seedlings are only pot luck for producing adult trees, because they represent random combinations of the parent tree's genetic material.

"The odds are a million to one against a seedling turning out exactly like the parent," said Dr. Sam Polles, pecan specialist with Bass Pecan Company, a huge nursery in Lumberton, Mississippi. To breed true, one needs the same combination of genetic material that guides the parent tree. To get this, pecan growers either splice a budded twig (grafting) or the buds themselves (budding) into appropriate rootstock. Eventually a "clone" of the parent tree results. Such an improved tree outproduces a comparable age seedling tree 2 to 1. But there are still enough big, old seedling trees around that they account for about 40 percent of the total pecan crop.

Antoine, a shrewd slave gardener at the Oak Alley Plantation, Louisiana, is credited with the first sustained grafting of pecans in 1846.

Continued on following page

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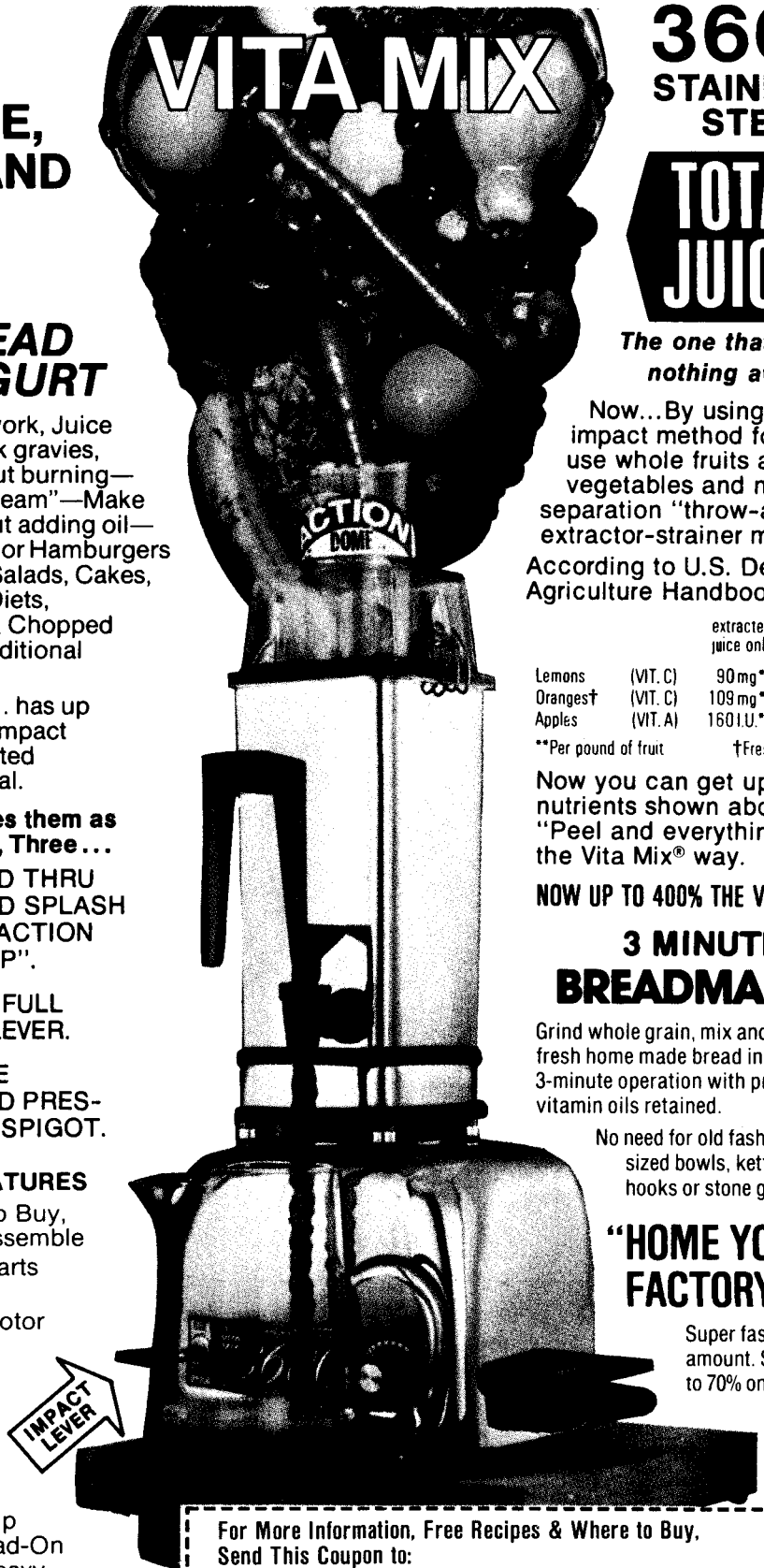

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Altogether, he grafted 126 trees and produced the Centennial strain of pecan trees.

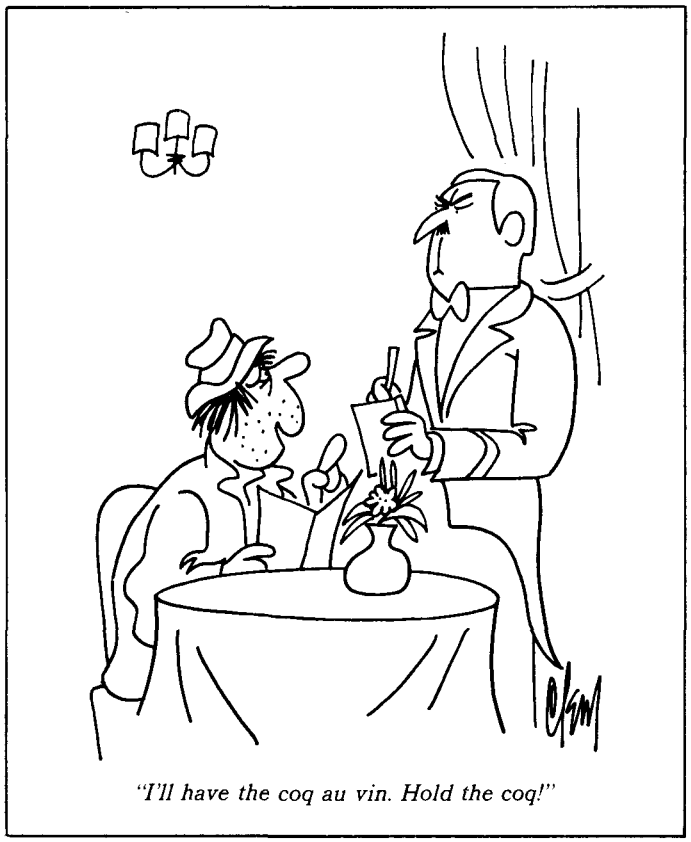
By the early 20th century, the grafted varieties were being planted throughout Mississippi, Alabama, Florida, Georgia, South Carolina and North Carolina. People started growing pecans in place of other crops such as, say, tobacco or cotton.

The trick today is finding parent trees that yield more pecan meats, better flavor, paper-thin shells, survivability. The humid Southern climate means plenty of insects and disease. For instance, there are 32 strains of scab—a fungus that can defoliate pecan trees. To thrive in the South, pecan trees must have scab resistance.

Nowadays, Georgia output alone almost equals the pecan output of all the other pecan-producing states combined. The typical pecan orchard there is a homestead with a few hundred acres. Many people bought such properties for a retirement income. Not surprisingly, the growers tend to follow the traditional practices. Fred Vogt of Waycross, Georgia, for instance, works his 250 acres pretty much the same as when he started out in 1916.

Some daring pecan growers think bigger, however. During the 1930s, Deane Stahmann tried something new. He planted 4,000 acres in Las Cruces, New Mexico, where few insects or disease organisms survive the arid climate. "Nobody thought pecans would do well relying on irrigation," said Stahmann's forceful son Bill, who's running the operation now. "We showed this area is great for pecans. We select trees more on the basis of kernel quality than pest resistance." As if to prove his point, Southwest plantings now account for the largest increments in pecan production. While pecans are hardy trees that can survive harsh Canadian winters, most need at least 200 growing days above 70 degrees Fahrenheit to produce a good nut crop. The more sun, the better. "The Southwest definitely has an edge, with more sunny days, compared to the Southeast," Stahmann added.

The biggest Southwestern grower is Keith Waldan, who prospered with citrus, soybeans and cotton before turning to pecans during the 1960s. Now he heads Farmers Investment Company, Tucson, Arizona, which has 5,500 acres. "I like pecans," he said, "because they're hardy; the nuts aren't perishable like vegetables; and they can be handled with a minimum of hand labor."



"I'll have the coq au vin. Hold the coq!"

But pecans do have foibles. The most vexing problem to scientists and growers is alternate bearing. Improved trees produce a large, superior crop about every other year. Seedling trees, every several years. Total production can plunge 50 percent, bounce back, then plunge again.

The situation can be compared to that of vintage wines. "I'd say '79-'80 was a terrific year with sweet, mellow, nicely filled pecans," said Dr. Polles. "On the other hand, '80-'81 wasn't as fine.

"We're not yet at the point where we can manipulate genetic material to produce the perfect pecan every time. Some of us are experimenting with tissue culture —cloning—but practical results are years away."

With scientific dabbling, the days of the stately old pecan may be numbered, at least for those "in captivity." While present trees must be planted about 30 feet apart, at about 48 trees per acre, Dr. Polles said researchers now are developing dwarf varieties. "That would enable us to plant more trees per acre and hike production, but it's slow going," he said.

Those who see their pecans for the first time atop a fruit cake or packaged at the grocery may not appreciate the miracle of pecan growth. Pecan trees bloom in April. The shell forms within the husk during July, hardens in August and then congeals suddenly in September. "One week, you can crack open a shell and see gelatin and, the next week, crack open another shell to reveal a mature pecan nut meat," said Fred Vogt. "It's quite amazing."

At maturity the husks split, and the nut falls to the ground. The tree has had quite a workout, for into each pound of pecans, it has packed as much food energy as there is in 12 pounds of potatoes or 15 pounds of oranges.

But there is more to a pecan than just a crunchy meat. Pecan oil has a distinctive flavor valued for salad dressing and cooking, and what's left after mashing becomes meal for candies, cakes and breads. Pecan shells play an important role in aviation; powder made from them is used to clean grease from jet engines. In addition, tannin from the shells is used for leather tanning, and the shells make handsome beds for walks and driveways as well as a mulch for plants and a soil conditioner for fields.

On at least one occasion, a pecan tree became a national attraction. During mid-April 1981, the pecan tree in Lenny Jenkin's front yard near Butler, Alabama, began crying and moaning. Word of this

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strange phenomenon spread, attracting TV crews. Then came crowds—more than 10,000 onlookers by some estimates. "We had everybody in Chocktaw County and people from as far away as Mobile, Pensacola—even Chicago," reported Fred Childers, editor of the local *Chocktaw Advocate*. "They wore out the dirt roads until it was like riding on a washboard." Lenny charged 50 cents per person to hear the tree do its number.

"That old tree continued crying and moaning for a couple months," Childers recalled, "and experts from Auburn University weren't sure what caused it."

Pecans don't often get such limelight; in fact, they have been taken for granted by generations of North Americans who have packed them away into wild-rice stuffings, Waldorf salads, cookies, fruit cakes and the like. Meanwhile, pecans remain obscure abroad. Georgia growers, eager to spread the pecan sphere of influence have sent a pecan-shaped robot named Stan the Pecan to tell foreigners just what their cookbooks are missing without pecans. Stan recently returned from a whirlwind tour of Australia and is now in for repairs.

Machines more sophisticated than Stan have taken over the harvesting and gathering of pecans. Mechanical shellers can crack and demeat 80 nuts a minute. With these and the increased production of trees in the South and Southwest, pecans may someday contribute to the entire world's food supply. We may even grow them in space. Pecans have another kind of value that's hard to measure—one that Thomas Jefferson must have felt as he strolled around Monticello. "You feel a special serenity and grandeur," said Rebecca Johnson of the Pecan Marketing Council in Atlanta, "just walking among big pecan trees that have survived the ages." ✖

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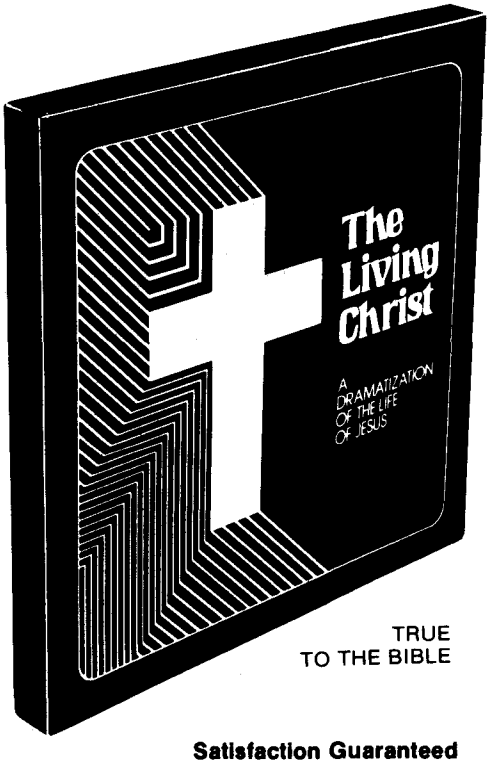

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FARMER HERO OF THE SOYBEAN RAID

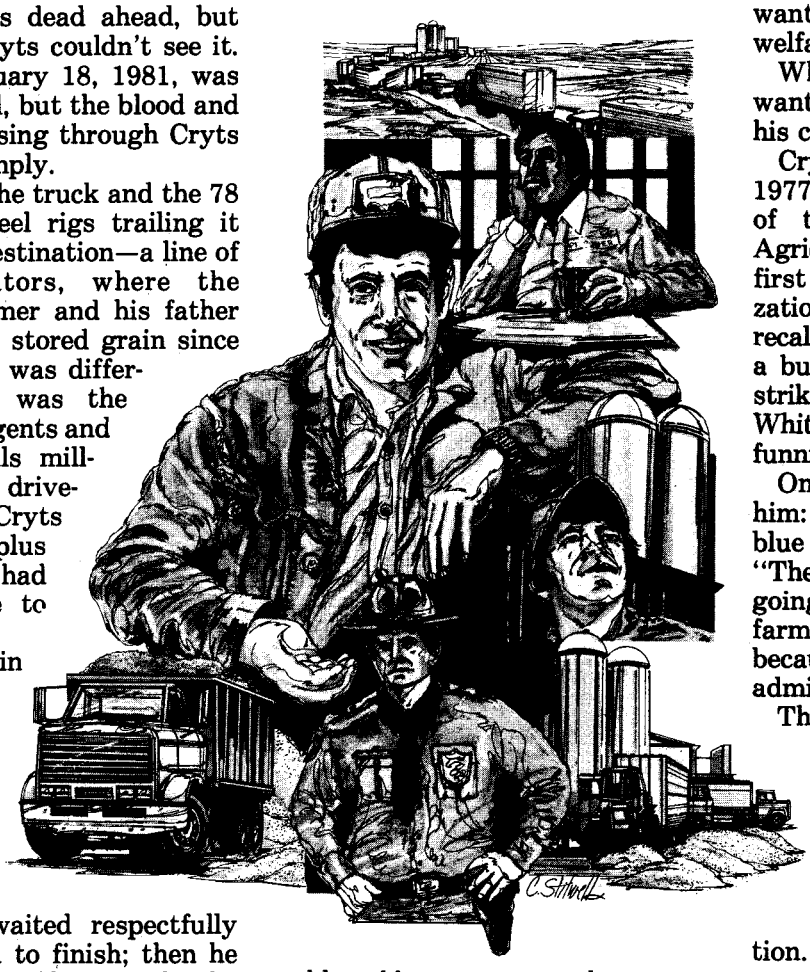
Wayne Cryts could not stand by while bankruptcy "vultures" divided up his crop, so he followed his conscience and defied what he calls an unjust law.

by Hank Nuwer

Illustrated by Craig Stillwell

Trouble was dead ahead, but Wayne Cryts couldn't see it. The day, February 18, 1981, was seasonably cold, but the blood and Adrenalin coursing through Cryts warmed him amply.

All at once, the truck and the 78 four- to 18-wheel rigs trailing it were at their destination—a line of storage elevators, where the 35-year-old farmer and his father before him had stored grain since the '50s. What was different that day was the crowd of FBI agents and federal marshals milling around the driveway awaiting Cryts and the 3,000-plus farmers who had journeyed here to lend support.



The marshal in charge waited while Cryts approached. The marshal, well aware of the farmers' purpose, read a court order aloud. Cryts waited respectfully for the lawman to finish; then he read a statement of his own that he had jotted on his breakfast napkin. "I intend to remove my private property," said Cryts tersely.

The marshal nodded and stepped aside, exchanging his court order for the farmer's napkin. For two days, the farmers worked ceaselessly to withdraw 31,000 bushels of Wayne Cryts' soybeans from the elevator that was protected by a court bankruptcy order. The law states that he was supposed to stand idly by while his beans were sold, and he was supposed to accept whatever monies were doled his way after the other creditors were satisfied. He was supposed to, but he refused. And because he did, Wayne Cryts faces the loss of his farm, heavy fines and penalties and even more days in jail than the 34 he had served by mid-June. On the plus side, he has become a symbol of hope for the beleaguered American farmer. The real issue is not soybeans, of course: It is free enterprise. Wayne Cryts, age 35, of Puxico, Missouri (population 833), has assumed the role of David against the bureaucratic Goliath.

"If we want the independent farmer or family farm to survive," maintains Cryts, "we're going to need a free-market system that we don't have now. We don't have a free market when you have embargoes, bilateral-trade agreements and trade restrictions. There is absolutely no free enterprise in the agricultural sector. The American farmer is the most productive worker in the world. We don't want a government handout. We don't want a subsidy. We don't want a welfare check."

What does the American farmer want? "Only," he says, to produce his crops "and make a profit."

Cryts first dabbled in politics in 1977, when he attended a meeting of the then-fledgling American Agriculture Movement. "It was the first I'd belonged to any organization or took part in anything," he recalls. At that meeting, he "heard a bunch of farmers were going to strike [a tractor procession to the White House]. I thought it was the funniest thing I had ever heard."

One thing, however, impressed him: "I listened to those farmers in blue jeans talking," says Cryts. "They were saying that they were going broke. It's unusual for a farmer to *say* he's going broke, because a man just doesn't want to admit something like that."

The day after the meeting, the troubled farmer contemplated what was said. On sudden impulse, he hauled out all of his farm records and poured over them. A meticulous man, Cryts keeps detailed accounts of the operation. What he found disturbed him even more than the troubling accounts of the other farmers. "In 1974, our operation started downhill. The reason I hadn't noticed it before was because land prices started increasing at that time. My financial statement was looking better, and I was going further and further in debt. I was substituting credit for profit."

Cryts came to a startling conclusion. Eventually, as his debts increased, he would begin to run out

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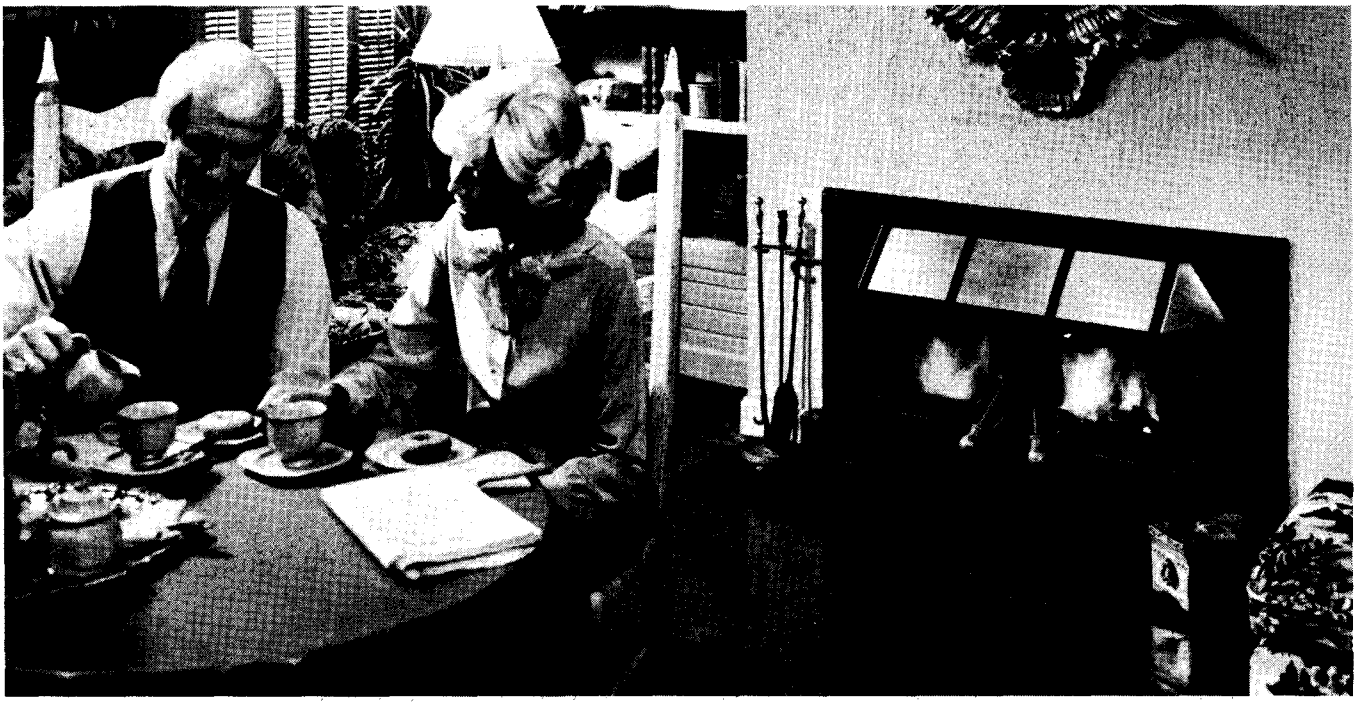

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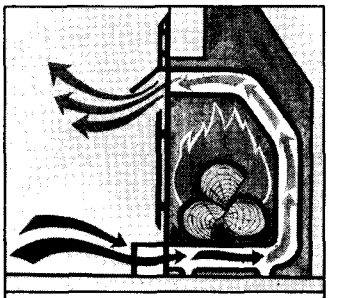

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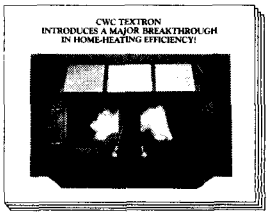

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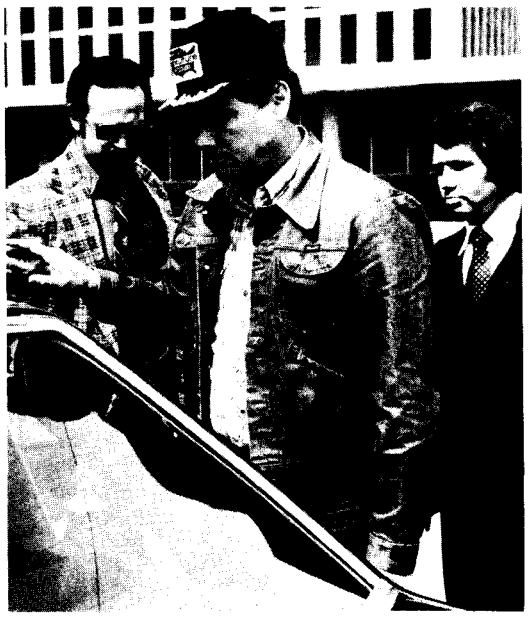
of equities. The time would come when he no longer could borrow against the same piece of land.

For three years, Cryts began counting every dollar on his operation. He ceased buying machinery for his farm and began to study the grain market. As a result, he began doing what many farmers have been forced to do: put their entire crops into storage, take out government price-support loans and hold out until crop prices rise again.

But in August of 1980, something disastrous happened to Wayne Cryts and his family: The grain-elevator outfit, where he kept his 1979 soybean crop (valued at $190,000), suddenly went bankrupt.

The farmer was left with several choices, all of them unsatisfactory to him. He could simply hand his problem back to the government, using his option to designate the 1979 crop a total loss to avoid repaying the price-support loan. However, he would personally lose equity of at least a badly needed $50,000, since the 1980 nationwide drought had doubled the value of soybeans. He could wait for bankruptcy proceedings, taking what was left of the pie after the other creditors took their deserved bites. This meant that not only would he risk not getting back even the $140,000 he had borrowed against the crop, but that he would have to wait up to five years for litigation to cease. The Cryts farm by then might have a lien attached by the government. Wayne Cryts was angry and depressed. He flew twice to Washington but was unable to obtain the Carter Administration's support. Cryts chose his final option. He decided to fetch his beans, pay back the loan and face the consequences of his actions, knowing full well he was setting a precedent that every farmer in America would watch.

However, he wasn't out to break the law; he wanted an unjust law rewritten. Too many elevator corporations were opting for bankruptcy, destroying independent farmers and making many lawyers and trustees wealthy. Although on the advice of his attorney, noted trial lawyer F. Lee Bailey, he cannot say how the owners of the elevator fared after declaring bankruptcy, he does point out that many who do quit business this way wind up keeping homes, automobiles and great personal wealth.



Every farmer and businessman knows that when the bankruptcy courts and attorneys finish with the bankrupt's assets, there is seldom anything left for the hapless creditors.

Well aware that to simply barrel into the elevator to get his beans was inviting arrest, Cryts plotted his campaign. In January 1981, he called in news reporters for a press conference. If the elevator did not return his beans in one month, he was going to take matters into his own hands. He was unprepared for the ruckus his announcement raised when the wire services carried the item.

"People began to call me from all over the country," says Cryts. Since it was winter, many farmers announced plans to join the raid. "Every time one called, I said, 'I appreciate your support, but if you think it's going to take guns or violence, please don't come.' "

An army of farmers poured into tiny Puxico, Missouri, two days before the deadline. Wayne Cryts found himself with an army of thousands at his command. He broke his unarmed camp into smaller groups by states, asking each region to elect a representative. He conferred with FBI agents rushed into Missouri by the edgy federal government, asking their opinion on how the takeover might be planned in orderly fashion as an act of civil disobedience. He brought in experienced elevator workers to weigh and pack the beans, and he assigned clean-up duties when the event was completed.

Because of Cryts' gentle manner and planning, the "great soybean raid," as it was termed, went like clockwork. The legion of farmers moved peacefully onto the 23-acre elevator property, taking a day and a half to complete the task. Rather than hassle the farmers, FBI agents and federal marshals openly expressed admiration and sympathy for men protecting private property. Media coverage was largely supportive.

Unfortunately, the euphoria of the deed faded quickly. The federal government, charges Cryts, retaliated with harsh reprisals. The government refused to accept a check for Cryts' price-support loan, claiming it was "hot." After a stern announcement of support from the farmer's bank, the farmer tried paying the bill in cash and then with an equivalent load of soybeans. Again he was refused by embarrassed local U.S. Department of Agriculture officals. Finally, farmers friendly to Cryts took the grain, sold it in their own names and slipped him the cash.

In the meantime, Cryts waited to be arrested on a charge of stealing grain, a rap he was dead certain he could beat. The elevator trustee and the bankruptcy case took the farmer before a Grand Jury in Missouri that threw the matter out of court. The trustee persisted, asking Federal Judge Carl W. Baker, the magistrate hearing the bankruptcy case, to charge Cryts with theft. Baker declined to press the issue of theft, slapping the farmer instead with the almost indefensible charge of civil contempt for failing to name fellow participants in the raid. In addition, the defendant was fined $300,000 and $1,500 per day until the fine was paid and then hauled off to the Pope County Detention Center in Russellville, Arkansas. Cryts languished 34 days in jail last May and June.

The government battle against

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Cryts continues. Judge Baker has refused to allow the farmer a trial by his appeal, insisting he has the right to supervise the case himself. Besides the mounting fines, garnishes have been placed with various local businesses against the farmer, and his bank account has been frozen. Baker also gave the bankruptcy trustee permission to sell the missing beans "free and clear," opening the way to possible additional charges against the farmer, who no longer has the commodity. The next step he fears, says Cryts, is for a lien to be placed on his farm.

Yet Cryts fails to break. "Before we ever started this battle, we accepted the worst that could happen to us. If we hadn't, and they assessed a penalty on us that we couldn't handle, we'd quit." Nor does he rail against the federal government, confident that his side eventually will win out. He employs, besides Bailey, a constitutional lawyer and two personal attorneys. He is going through the system this time, using every legal tactic available to him. "I think there's more freedom in this country than there is anywhere in the world," maintains the farmer. "I think justice isn't something that falls into your lap. Sometimes you have to stand up and reach for it. That's what we're doing." Help is also on the way from official quarters. Sen. Robert Dole, a conservative Republican from the heavily agricultural state of Kansas, is now championing a bill that will make elevator bankruptcies less desirable to trustees, as well as speed up the judicial process to benefit farmers.

In the meantime, Cryts continues to work his farm, taking whatever opportunities come his way to speak in front of citizen groups. He rejects that very idea that his deeds have made him a modern folk hero. "What I did, I did out of desperation," he says. "The true heroes to me are the farmers who came in from all over. They came even though they didn't have to; they weren't fixin' to lose their farms. They literally kissed their wives and hugged their kids and drove all the way down to Missouri, never knowing whether or not they'd be thrown in jail—or worse."

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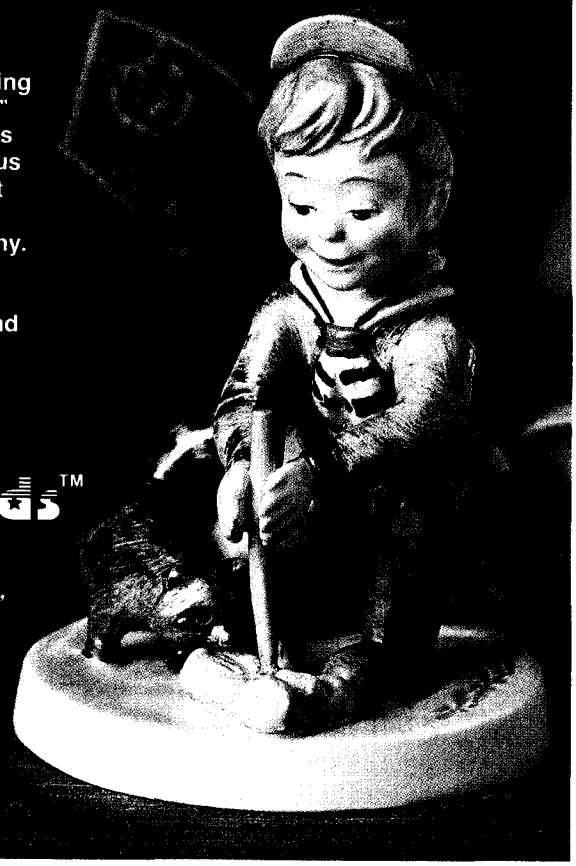

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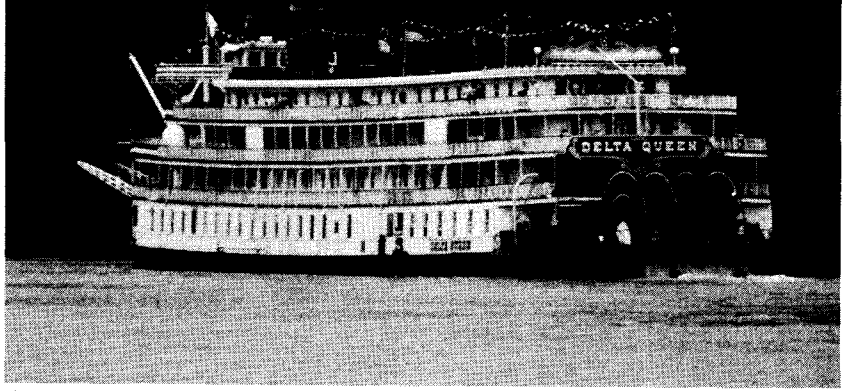

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THE APPLE PROJECT: FREE COMPUTERS IN THE CLASSROOMS

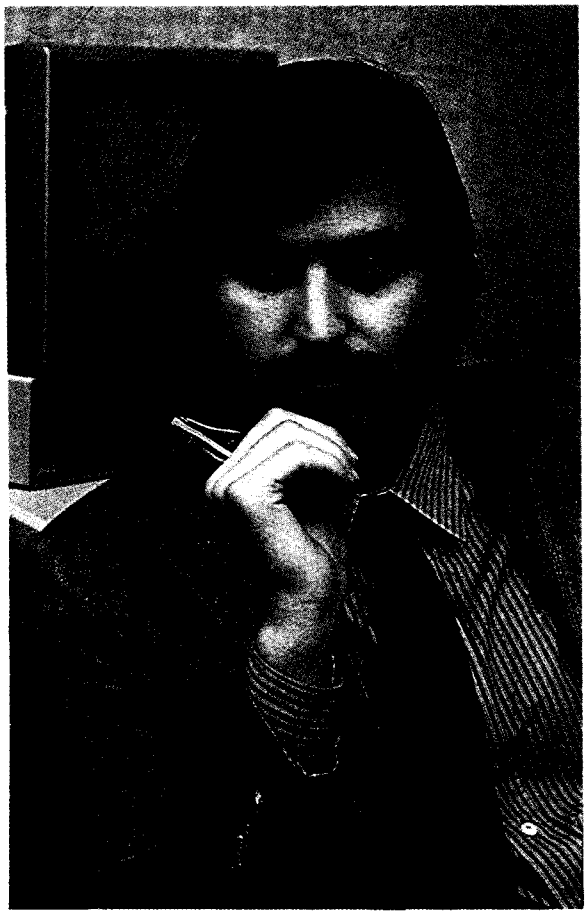
The founders of Apple Computer, Inc., a major microcomputer company, have gained wide support among congressmen and educators for their plan to donate free computers to every public school in America.

by Marilyn Chase and Leonard M. Apcar

If Congress approves, there could be an Apple in every schoolhouse in the country. Not the kind polished for the teacher, but the sleek, expensive and hot-selling Apple II personal computer that has caught the fancy of high-tech buffs everywhere. Apple Computer, Inc., based in Cupertino, California, wants to give one to each of the nation's more than 83,000 public elementary and secondary schools.

The idea amounts to a giveaway of at least $200 million on Apple's part, based on the $2,495 retail price of the computer and related equipment, instruction manuals and shipping costs. But Apple wants some compensation from Congress first—namely a tax break of nearly $20 million. Without it, says Apple's chairman, Steven Jobs, "we'd go broke."

To make the trade-off possible, Congress must change the law. A company now can take a deduction for such a donation only if the company gives away carefully defined "scientific equipment" to colleges and universities strictly for research purposes. Computers given to lower-level schools aren't considered deductible.



Steve Jobs, computer whiz turned multimillionaire tycoon, believes America is behind in computer literacy; his decision to give computers to 83,000 schools took his competitors by surprise.

So Jobs, Apple's 27-year-old cofounder and a computer-literacy zealot, has been pushing the idea on Capitol Hill and with just about any politician who will listen. By chance, he recently sat next to Rep. Fortney "Pete" Stark, a California Democrat, on a plane ride. The two began talking, and Stark gave him his card. Jobs followed up with a telephone pitch for his idea and a quick lesson on how the law would have to be changed. "He was way ahead of me in terms of what was needed in legislation," Stark says.

Now Stark is a sponsor of the "Technology Education Act of 1982," which would change tax law the way Apple wants. "I think it's a great idea," the Congressman declares. The $20 million or so Apple estimates the government stands to lose in taxes doesn't bother Stark, despite Washington's big budget deficits. In an era of spending cuts for schools and social programs, he says, "we're getting a lot of bang for our buck."

Of course, Apple would get a lot of bang, too. In one stroke, Jobs and his colleagues figure there could be Apples in classrooms everywhere. Computer makers are jockeying for position in the potentially lucrative educational market, and Apple hopes its ploy will keep it in front of the pack. Sales to schools will more than triple by 1985 from about $150 million last year, estimates Grant S. Bushee, vice president of Dataquest, Inc., an A.C. Nielsen unit.

"The idea hasn't escaped us," says Gregory Smith, Apple's educational marketing director, that the giveaway could yield "terrific multiples in future years" that would far exceed the value of the original gift.

For one thing, a school might like its Apple enough to decide to buy more. "Our experience shows that where a school buys one or two computers in one budget year, they'll typically buy three or four in the next," Smith says. In addition, "students influence their parents to buy," he adds. "Maybe Dad was thinking of buying a

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microcomputer anyway; kids help choose."

Apple's Jobs doesn't say much about the marketing angle. He makes appeal in terms of a broader problem. "We're undersupplying engineers by a factor of three to one. U.S. kids have to take less math than Japanese or Russian kids. We're really blowing it." He adds: "Computer science is going to be very important for these kids. Human capital is as important to high technology industry as physical capital.

Stark's bill would allow Apple to make its entire donation in one year by raising temporarily the current ceiling on the size of such a deduction to 30 percent of a company's taxable income from 10 percent. The bill also would broaden existing law to include computers and giveaways to schools below the college level. Apple hopes other computer makers will join in once the law is broadened, although a spokesman says, whether they do or not, Apple is committed to putting a computer in every public school.

Special-purpose tax bills aren't uncommon. But Apple officials seem a little surprised at how quickly their idea has found support on Capitol Hill. "It's not that hard to do this," says Michael Rashkin, Apple's director of taxes.

Still, politicians frequently get nervous about how others see specially tailored bills. "What's your story going to say?" an assistant to Sen. John Danforth, (R—Missouri) asked a reporter before introducing a similar Senate bill. Stark is careful to note that the law already contains certain restrictions so that companies can't inflate the amount of a deduction or "dump junk they can't sell to beat us out of a few bucks."

The bill requires that the donated equipment be unused and in the company's inventory no longer than two years. Moreover, the deduction is calculated by adding the manufacturing cost to one-half the difference between it and Apple II's retail price, and that total can't be more than double the company's cost to make the equipment.

The Reagan Administrations' tax experts don't like the idea because they believe it would make for bad tax policy by forcing the treasury to fund a computer-education program through the tax system. In some cases, says John Capoton, assistant treasury secretary for tax policy, the value of the tax deduction could be calculated to almost equal the company's cost to make the product it gave away.

Stark's bill already has 80 co-sponsors, but whether it will pass a Congress preoccupied with huge budget deficits and the notion of raising taxes isn't clear. "It's a hard time to get something like this passed," concedes Apple's Rashkin. "I don't think it's impossible, but it would have been easier last year."

Meanwhile, some of Apple's competitors are reserving their options about joining the computer giveaway, though some of them already have equipment donation programs.

Charles Phillips, senior vice president of Tandy Corporation's Radio Shack unit, says: "I think Apple people are honorable people, but it can't be as charitable as it sounds. It's a little incredible that a company doing a half billion dollars in business would try to give away $200 to $300 million." In the fiscal year ended September 25, Apple had earnings of $39.4 million, or 70 cents a share, on sales of $334.8 million.

Phillips, who contends Radio Shack is No. 1 in the educational market, explains the company already has its own program of grants to schools. Radio Shack hasn't decided whether it would take advantage of the Stark bill, he adds. "The decision is up to our board."

Jobs believes that Apple's competitors are sure to join in. "It really is something for nothing, and I think the private sector will respond gallantly," he says.

In fact, he reports, "one competitor swears he isn't going to let a generation of kids grow up looking at our logo."

In the meantime, kids in the poorer school districts will continue bringing an apple to the teacher. . .hoping that two and two with pencil and paper will still add up to a passing grade. ✱

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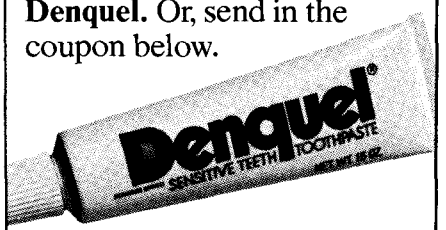

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SWEET SUE

The people who get ahead in this old world are those who, after a fall, pick themselves up, brush themselves off and sue for damages.

by Maynard Good Stoddard

Illustrated by Don Trawin

A man sues his parents on the grounds that they didn't raise him properly. A college grad sues his alma mater because he isn't qualified for a certain job. A man arrested in Indianapolis, Indiana, for drunken driving sues the tavern that sold him the booze. A woman sues the plastic surgeon for situating her navel out of alignment.

And, in the words of Jackie Gleason, how sweet it is!

Anyone running short of cash these days has to go to no greater lengths, in fact, than a fracture of the femur to get in on this popular and lucrative avocation.

A man in California acquired a fracture of the femur simply by driving his car off the road. Judgment against the manufacturer of the vehicle came to a tidy $700,000.

A 16-year-old girl in Chicago collected $270,000 when she slipped on a mound of ice and her femur shot under a passing bus.

It was also a banged-up femur that brought a Redwood City housewife a $40,300 windfall when she slipped on a tomato in a supermarket.

And an 82-year-old Newark woman can thank her femur for a $115,000 payoff after missing her step at the country club.

Should one be reluctant to raise hob with his femur, there is always the good old dependable thigh to fall back on. Or forward on. It matters not, as long as damage results. The Chicago man who attended a prayer meeting in a store-front church can attest to this. His contribution to the collection plate is not recorded. But for the injury to his thigh when the plate-glass window fell in on him, he collected $13,500.

Although apparently not necessary, some plaintiffs go out of their way to acquire grounds for a lawsuit.

Among these we find the Miami lineman who dug a hole to bury a cable and then fell in it while avoiding a glass insulator. His efforts netted an award of $30,000.

And there is the Chicago girl who, in a matter of only two blocks, so successfully managed to aggravate a bus driver by getting her car in his way that he forced her to the curb, opened her car door, slapped and kicked her and threw her keys into a vacant lot. Total payoff for her two-block stint came to $6,500.

Other plaintiffs fall, more or less, into or onto the makings of a promising suit.

A nurse in Lisbon, Ohio, had only to step in a hole in the sidewalk to pick up a nice little piece of change totaling five grand.

In California, a woman opted for keeping her mouth closed in the dentist's office. When the dentist and his assistant brought on a heart attack by opening her mouth forcibly, she filled the cavity in her bank account with $8,500 for this intrusion into her dental chamber.

Then there are those who board the old gravy train by being in the wrong place at the right time. Or the right place at the wrong time. Whichever.

A movie matinee is as good a place—and time—as any. At least one woman came away $3,500 richer for a cervical sprain after being struck by a boy falling out of the balcony. The settlement hinged partly on the testimony of a physicist who claimed that the boy had attained a speed of 19.7 mph at the time of impact.

For those who can't see putting out money for a movie on the wild chance of being struck by a falling kid, crossing the road in Pennsylvania is free and could turn out to be even more lucrative. Or so it was for the man who came up with a $5,000 injury to his knee when a dangling wire from a passing truck caught in his shoelace and threw him to the ground.

Simply ordering at a restaurant may do the trick. One woman in a major city sat down to a plate of steaming snails. When one snail decided not to participate and got up to leave, she jumped up, too, ran out and promptly fell down the stairs. Not only did she refuse to pay the bill, but she is suing for an additional $350,000.

Should all else fail, a person can always go to a tavern to drown his ill luck. But even here, the more enterprising individual will find a way to leave with grounds for suing someone.

One such enterpriser in Chicago merely had to refuse a drink from a fellow patron. Following him to the parking lot, the fellow patron gave

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the guy, instead of a drink, a broken ankle—worth $3,800.

To move into the $100,000 bracket, one should really learn to play the piano. But not very well. At least not so well that a music lover among the gassed and half-gassed patrons won't take exception to his lack of talent and bring a bar stool down across his knuckles. Seattle is the best place for this.

Finally, for those who might consider it gauche to go around looking for a hole in the shoulder or a limp or a lump, physical damage is not necessary. One can cash in on this lawsuit sideline merely by proving mental stress or anguish.

Among the proven methods is to own a 15-year-old poodle in New York City. When the poodle dies and the elaborate funeral—complete with headstone, epitaph and mourners—has been arranged and the casket that is delivered to the cemetery contains the body of a cat. . .well, it's enough to put the distressed owner on easy street for the rest of his life.

Now, before anyone gets the impression that this lawsuit gravy train can be flagged down at the drop of a hat—or a kid from the balcony—let us hasten to point out that there are occasions when the train won't stop. Or so much as slow down.

One of these occasions involved the man who hoped to get aboard by claiming a broken tooth from biting into a rock in his pizza. But the waitress contended—and the judge agreed—that the foreign object was no more than a large filling from an abscessed tooth.

The man who tried standing in a bed of kelp to spear fish fared no better—the verdict being that he wasn't clearly visible to the pilot of the amphibious plane that hit him.

Nor did the gravy train stop for the housewife who tried to capitalize on her embarrassment at a dinner party when a guest found a worm in the peas. Testifying for the packing company, a doctor stated that all matter is composed of fat, protein and carbohydrates, and thus a human can eat a worm with impunity. Although the doctor refused to corroborate his statement by eating the evidence, saying he "didn't like the looks of the thing," the housewife collected nothing.

Personally, my enthusiasm has not been dimmed. I'm still considering suing my parents for not making me handsome and the University of Michigan for not making me brilliant. I haven't decided where the responsibility for my not being wealthy lies. But while I'm thinking about it, I may take in a matinee. Or perhaps take a piano lesson and try my luck in a Seattle bar. All I've got to lose is a handful of knuckles.

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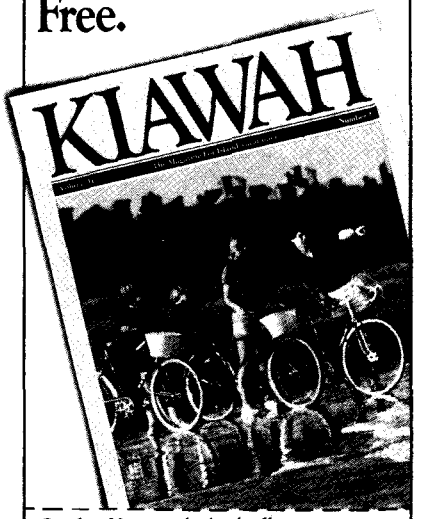

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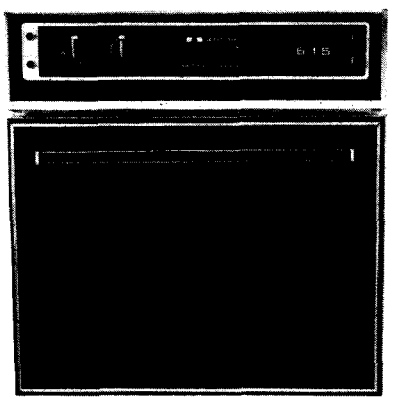

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POST SCRIPTS

Heinrich Schnibble Directs a Traveler

"I say there! I think I've gotten off the highway somewhere, and I'm sort of tired——"

"Himmel! Ein auslander! Insiden gecomen! Ich ben sooner fixen der supper mit——"

"Oh, no! I wouldn't think of it. Just tell me how to get to the Burlboro highway and——"

"Ach! Das highway!"

"What's the matter with das highway? Is it torn up?"

"Nein! Der obercrossen mit reachen das highway ben ein schtunker. Der uppen-gechuren pushendozers ben scrapen und——"

"Der uppen-gewhattendozers?"

"Der grosser earthen-gemovers ben schlompen der crossen mit roaren und——"

"You mean bulldozers?"

"Ja. Mit maken ein hittenhuntenfeld."

"Oh, sure, maken ein hittenhunt—say, what is a hittenhuntenfeld?"

"Ein pasture mit geschlammen der smallisch ball und hunten."

"You mean they're making a golf course?"

"Ja, mit geschlompen der crossen."

"But isn't there some way to get *through—a detour or turnoff?*"

"Ach, ja! Ein smallisch road ben crossen der farm Hans Obermeyer ist——"

"Oh, fine, fine! Just where do I turn off?"

"Ein gespreaden oaker ben growen besiden der road."

"I turn off at the gespreaden—at der oak tree?"

"Nein. Das turnoff ben gecomen sooner."

"Then I don't go as far as the oak tree?"

"Ja. Proceeden mit reachen das oaker."

"But if the turnoff ben gecomen sooner——"

"Das turnoff ben upshutten mit ein gate."

"But confound it, man, you ben said——"

"Hans Obermeyer ist liven besiden das gespreaden oaker mit keepen der key. Blatzen der honker mitout leaven der automobiler."

"Blatzen der—oh, yes, blow der honker. Why? Does Obermeyer bite?"

"Nein. Der huntenhounds ist biten. Hans ben ein shooter."

"You mean he'll shoot at strangers?"

"Ach! Himmel! Hans ist sooner shooten der fader und mutter!"

"Holy Smoke, man! I'm not going to get shot just——"

"Ein turnoff also been obercrossen mein farm excepten mit reachen der creek. Das turnoff ben mitout ein bridge ober——"

"Look, Mr. uh——"

"Meinself ben Heinrich Schnibble."

"Mr. Schnibble, isn't there ben somebody else I could ask abouten das turnoff?"

"Ja, Hans Obermeyer ben liven besiden der gespreaden oaker mit——"

"Listen, you crazy, addle——Uh, didn't I hear you say you're sooner fixen der supper?"

"Ja, mit sauerkraut und——"

"Mr. Schnibble, I think I'll stay. Seems like meinself ben a lot tireder than I thought I ben."

—Dave Morrah

"It's none of my business, Hartford, but I think you're drinking too much coffee!"

Alliance Defiance

"How did the wedding go?" asked the minister's wife.

"Fine, my dear, until I asked if the bride would obey, and she said, 'Do you think I'm crazy?' and the bridegroom, who was in sort of a daze, mumbled, 'I do.' Then things began to happen."

—Helene Levin

Party Line

At the birthday party Mrs. Johnson gave for her six-year-old, she noticed one guest looking longingly at his empty ice-cream plate. "Would you like a second helping?" she asked.

The child thought for a moment.

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"My mother told me to say, 'No, thank you,' but I guess she didn't know the first helping would be so small."

—A. H. Berzen

Low Resistance

I'm no match for this kid of mine
Who, at three, seems never to tire
Of questions; by noon I'm on overload,
Shorted-out by a real live why-er.

—C.J. Vampatella

Secret Instructions

A wise old sea captain stood on the bridge of his ship day in and day out, opening a box and peeking inside, never letting anyone else see the contents. The day he retired, the crew rushed to the bridge, cut the lock and looked inside the box. Hidden inside was a piece of paper that read, "Left—port. Right—starboard."

—Herm Albright

And Now for the Sports News

The high jump was canceled because the judges could not agree how much scoring weight should be given for the jump and how much for just being high. It is expected that their final decision will have considerable impact on future training techniques.

The 50-centimeter run was won by Wendy Hill, whose record-breaking run developed before she even got her pantyhose out of the package. When asked about the manufacturer of the hose used in the event, meet officials had no comment.

The winner of the mile was disqualified when judges decided that falling from an aircraft 5,280 feet above the finish line did not constitute a proper start. The winner was not available for comment.

—Warren Lavender

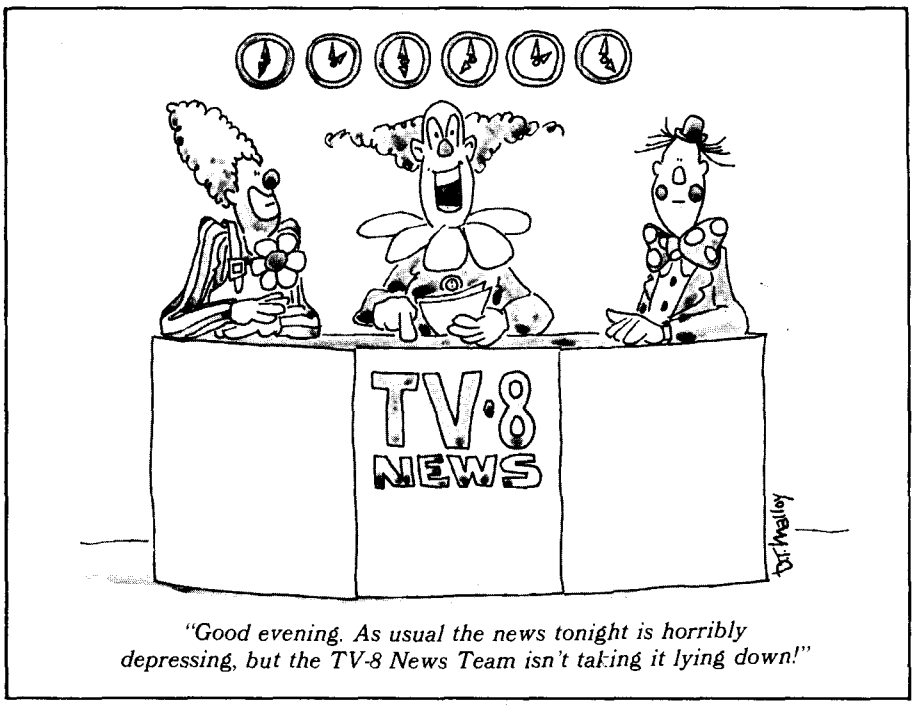
Just Like Home

My husband's employer invited us for dinner. The invitation included our five-year-old son, Tommy, so I cautioned the boy to be on his best behavior.

Everything went fine until the hostess served the roast. When she noticed our son struggling with his meat, she inquired, "Are you sure you can cut your meat, Tommy?"

"Oh, yes, thanks," Tommy answered politely. "I've often had meat as tough as this at home."

—Helene Levin



"Good evening. As usual the news tonight is horribly depressing, but the TV-8 News Team isn't taking it lying down!"

TV Breather

A man turned to his wife, who sat weeping in front of the TV set. "For goodness sake, Helen," he said, "it's only a commercial. He comes back to her as soon as she freshens her breath."

—Lane Olinghouse

No Sale

I really hate sales,
'Cause it never fails,
The very best buys
Are never my size.

—C.Y. Stanforth

Safari Kari

The big-game hunter took his wife on her first safari. After several weeks, they returned. The sportsman had bagged a few minor trophies, but the great prize head was the head of a lion, a huge one, killed by his wife. "What did she hit it with?" a friend asked admiringly. "That .303 magnum rifle you bought her?"

"No," answered her husband dryly. "With the 1965 station wagon we hired."

—Dorothea Kent

Cam-Painful Query

The politician, finished with his long, boring speech, leaned over the lectern and asked, "Any questions?"

From the back of the auditorium a voice called out; "What other candidates are running?"

—A.H. Berzen

Convenience Inconvenience

I got a chopper-processor
To simplify my life,
And found that it was easier
To only clean a knife.

—Jill H. Walker

Huddle Muddle

An Englishman watching his first American football game was asked, "How do you like it?"

"Not a bad game, except for all those committee meetings they hold before each play," he answered.

—George E. Bergman

The Bare Truth

The shapely young entertainer was wearing a brief bikini and a pert, derby hat. Strutting across the stage, she said, "If you have it, show it; and if you haven't, keep it hidden."

The well-dressed lady beside me whispered, "I was wondering why she wore that little hat."

—Jim Church

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Can you name this photo?

. . . **contest:** $100 to the author of the winning caption for this photo. Your entry can be a "one-liner" or up to five lines of limerick. Please send entry on a postcard. If in letter form, *no* self-addressed, stamped envelope is needed. We will also award $100 to the photographer, amateur or professional, whose submitted photo is published in next month's contest. 8 x 10 photos are preferred, along with a stamped, self-addressed envelope for possible photo return. Send all entries to: Photo Contest, SatEvePost, 1100 Waterway Blvd., Indianapolis, IN 46202. All eligible caption entries must be received by September 18, 1982.

Our congratulations and a check for $100 go to Glorine Morse of La Crescent, Minnesota, for the winning entry in our April photo-caption contest.

"As soon as we learn the soft-shoe
And a dazzling tap dance or two,
We can go on the stage
To be Broadway's new rage,
And we'll bid fond adieu to this zoo."

Look for the Photo Contest in upcoming issues.

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Help yourself to a second helping of the *Post*'s popular. . .

Health Recipe Contest

Ask the winners! It pays to put your best health recipe forward. It paid Mary Cornella, La Canada, CA, a $10,000 mink coat for her *Vegetable Stuffed Ocean Perch*. It paid Sharon Sailor, Verona, WI, a Caribbean cruise for her *Turkey Stew*.

This exciting second helping of the *Post*'s Health Recipe Contest could pay YOU the most fabulous prize yet: a Winnebago motor home—the only way to go. . .a Plymouth Reliant station wagon—with room for the family and then some. . .a Jenn-Air microwave oven—with its magic of efficiency that can turn a cook into a queen in her own kitchen.

Your chance of becoming a prize winner will be greatly enhanced by adhering to the proven health-recipe rules of less salt. . .less fat. . .less sugar. . .less cholesterol. . . more vegetables. . .more fruit. . .more beans and potatoes. . .more fish and fowl. . . more whole-grain cereals.

Who knows? You may have been serving a prize-winning dish to your family for years—a recipe that leaves out the detrimental ingredients but leaves in the taste that will tempt our impartial *Post* judges.

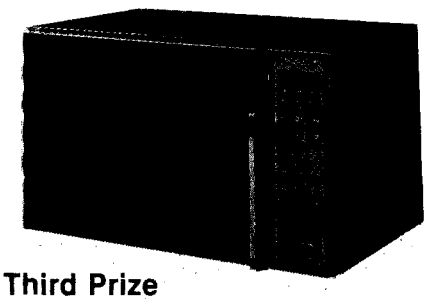
First Prize

Winnebago Warrior Motor Home

We look forward to receiving your entry. But should you decide you can't use a motor home, or a station wagon or a microwave oven, *you'll still be a winner*, because the winning recipes will be published in the *Post*—for your good health.

Second Prize

Plymouth Reliant Station Wagon



Third Prize

Jenn-Air Microwave Oven

Rules

All recipes submitted must be original and will become the property of *The Saturday Evening Post*. Entries must be received at the *Post* editorial offices by December 1, 1982. All prizes will be awarded—no substitutions, please. Employees of The Saturday Evening Post Society and their families are not eligible to win. Mail your entry to: *Health Recipe Contest, SatEvePost, 1100 Waterway Blvd., Indianapolis, IN 46202*. Contest void in New York, Maryland, Florida and other states where prohibited by law.

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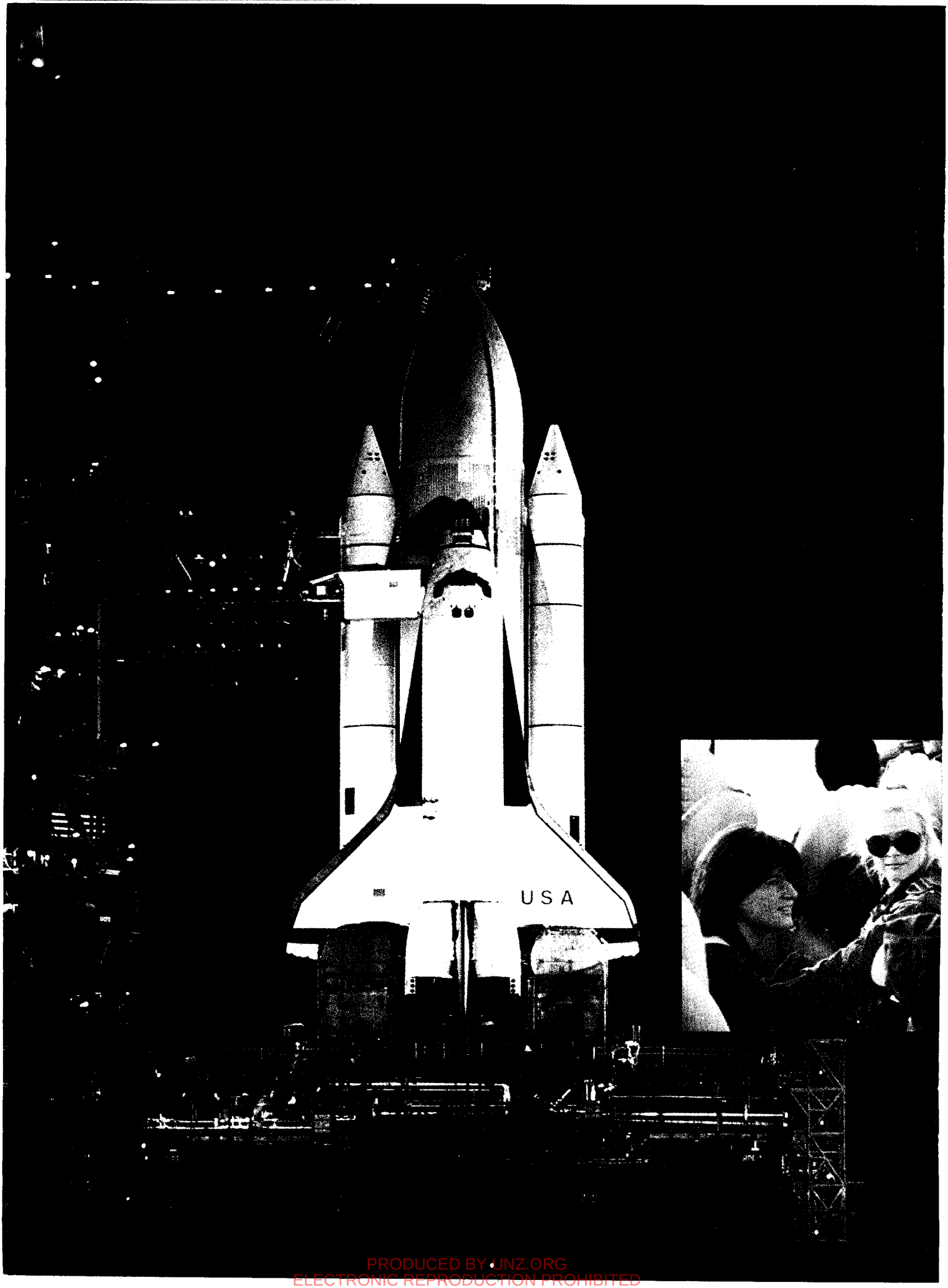

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MAKE WAY FOR THE LADIES IN SPACE

As girls, these future Mission Specialists knew their careers might take them far, but few thought that the path to success would be hundreds of miles straight up.

by Janis Williams

Next April, Sally Ride will become the first woman to fly aboard an American spacecraft. With the launching of the seventh flight of the space shuttle, this slender 31-year-old woman from Encino, California, will remind girls and women everywhere that being an astronaut is a goal within reach.

Ride, a physicist, recalls her own professional outlook as a child. "I was interested in space," she says, "but it wasn't anything I built a career around. Instead I planned to go into research in physics." She smiles and continues. "I wouldn't have known how to prepare for a career as an astronaut even if it had occurred to me to try, since women weren't involved in the space program at the time."

Mary Cleave, a 35-year-old astronaut and environmental engineer from Great Neck, New York, laughs heartily as she relates how reporters often ask her whether, as a child, she wished to be like John Glenn. "Can't you see it?" she says. "Here's this little girl looking at a strong, crew-cut pilot and saying, 'I want to be just like him!' I think my parents would've taken me straight to a psychologist!"

But others among the eight American women astronauts longed specifically to be astronauts from an early age. Bonnie Dunbar admits that as she was growing up on a farm outside Sunnyside, Washington, she had big dreams. "I loved science, and I was always interested in the space program," she says. "My generation grew up with space flight as part of the environment. So I could see myself as a jet pilot, a scientist—even flying in a spacecraft.

"I was a bit of a dreamer," she says with a shrug.

Anna Fisher, who's 33 and an M.D., was also space-struck from early childhood. "I decided to go into medicine because I could conceive of space stations being put into orbit," she says, "and I thought doctors might be needed there. The realization that it was possible for women to fly in space within my

When the space shuttle *Challenger*, sister ship to the *Columbia*, lifts off from Cape Canaveral next year, Sally K. Ride (left, center picture) will become the first woman in space. Awaiting their turns are (left to right) Rhea Seddon, Anna Fisher, Judith Resnik, Shannon Lucid, Sally and Kathryn Sullivan.

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lifetime was astounding!"

Shannon Lucid admired the pioneer women of the American West when she was a little girl. She says, "I thought I wanted to be an explorer, but then I realized that the earth had already been pretty much explored, and there wasn't a whole lot left. I loved to read, and during elementary school, I started reading about Robert Goddard and the rockets he was developing. So I guess my interest in the space program was just a natural outgrowth from that."

Lucid was undaunted by the fact that she had no role models. "I was about a fifth- or sixth-grader when I decided I wanted to be an astronaut," she says. "A long time before America even had a manned space program, I was very interested in space flight. I was just hoping the government would get interested.

"Meantime," she concludes, "I logged more than 1,700 hours of commercial, instrument, multi-engine flying time. And when the door was open for women to apply to the astronaut corps, I was ready."

Prior to 1978, the astronaut corps was limited to an elite group of highly skilled, military-trained pilots—all men. But as shuttle plans advanced, NASA could see the need for a new kind of astronaut. Called Mission Specialists, these new astronauts would be selected from among the country's top scientists, engineers and physicians.

Dr. Anna L. Fisher, one of the 35 new candidates, with her husband, Dr. William Fisher, during a visit to Johnson Space Center, Houston, Texas.

Of 8,079 applicants who underwent the physically taxing and intensely competitive selection process for Mission Specialist in 1978, a whopping 1,544 were women. As the cuts were made, a pool of women emerged, and all were tops in their fields, highly educated, competitive, adventuresome. They were also technologically adept.

Only six women were finally selected: Rhea Seddon, Anna Fisher, Shannon Lucid, Judy Resnik, Kathryn Sullivan and Sally Ride. Included in their number are two M.D.s, an electrical engineer and three scientists. All have earned doctorates. In 1980, these six were joined by engineers Bonnie Dunbar and Mary Cleave in a second admission into the corps of 17 astronauts.

Says Rhea Seddon, M.D., from Murfreesboro, Tennessee, "I think the reason NASA took a large group in 1978 is that they could see how pretty soon they would need more people—especially if the shuttle flew as often as they were hoping. They could see that they were going to need lots and lots of people, both to work on the shuttle here on the ground and to be trained to fly it in space.

"It's a very complicated vehicle. It's not something that you could come in and spend a year and know how to fly."

Rhea Seddon and Anna Fisher, as M.D.s, comprise a quarter of the eight-physician astronaut corps. Seddon, with four years of post-graduate training and surgery, and Fisher, who is an emergency-room doctor, keep their hands in the medical profession by working ER shifts in Houston-area hospitals.

"This is good practice for giving medical care at launching and landing," says Seddon, who graduated from the University of Tennessee College of Medicine in 1973. "You see, in launch or landing, there are a number of things that might go wrong, requiring medical attention. For example, the crew could eject from the craft, or the craft could crash land. So each landing site or potential landing site has rescue helicopters available, similar to the search and rescue facilities at military bases.

"Anna and I have been trained to ride in those helicopters, along with a pararescue team," she goes on. "The helicopters are stocked with all the best emergency equipment. In training exercises, we try to simulate situations that could actually happen. We 'rescue' uniformed dummies, perform emergency procedures on them in shaky, noisy helicopters and then get them to our back-up trauma centers."

In addition to the astronaut doc-

Under the supervision of Dr. John Ziegelschmid (left), Medical Science Division, and Herman S. Sharma, environmental psychologist, a treadmill device helps to separate the girls from the potential ladies in space.

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tors, NASA has a corps of private physicians on call during a shuttle landing and launch. There are also the crew surgeons and elaborate back-up emergency systems, including trauma facilities, near the Cape, near Edwards Air Force Base and at Northrup Strip in White Sands, New Mexico.

Explains Anna Fisher, who has specialized in emergency-room medicine since her graduation from the University of California, Los Angeles, Medical School in 1976, "Any shuttle injury would be unusual because of the high rate of speed at which the shuttle travels and because of the toxic chemicals used aboard the craft. Although we never expect anything to go wrong, we try to be prepared in case it does."

Recently, as they were returning from a practice maneuver in Florida, Fisher and her husband William Fisher, also an M.D., were glad for their emergency medical training.

"We happened on a motorcycle accident," Anna explained, "and the victim was pretty well gone. We worked on him and worked on him, aided in great part by the paramedics in the ambulance. Finally, he seemed to be revived, and he was taken to a nearby emergency center."

NASA has high hopes for the shuttle: putting satellites into space, retrieving ailing satellites for repair by way of that revolutionary arm called the Remote Manipulator System, conducting scientific experiments in an atmosphere of microgravity—even developing new medicines in space. All this will be accomplished with a reusable spacecraft, and ultimately, it's hoped, with a turnaround time of as little as two weeks.

The spacecraft itself has been developed to the point that it's operated largely by computer from the ground. Therefore, those finely honed pilot skills formerly so critical to an astronaut are no longer vital. What is needed more than upper-body strength or flying experience are the technical skills to monitor and interpret the on-board scientific experiments.

Perhaps because space flight is such a fantasy, the stuff of science fiction, a swirl of excited

A candidate in a pressurized spacesuit descends into a water-immersion tank, one of the tools used to simulate weightlessness in space.

public interest has accompanied the women astronauts since the beginning. Why the women in particular? Maybe because they are breaking an old barrier for younger women. With Sally Ride's April ascent into space, it will become apparent that—potentially, at least—space travel is for everyone.

Meanwhile, the women astronauts hold to the notion that they are regular people who happen to have very interesting jobs, and they want to be treated like everybody else in the corps.

"We do the same work as our male colleagues," explains Shannon Lucid, biochemist from Oklahoma, "yet nobody asks them about their families, or how their kids feel about their work." She pauses. "When NASA started accepting scientists into the program, they weren't looking for a woman per se, or for an astrophysicist or an M.D. per se. They were just looking for people who had gone through school and gotten that much training.

"I guess they figure you're educable in other technological areas if you're sufficiently qualified as a scientist in your own field. And that doesn't have anything to do with being a woman or a wife or a mother."

Only three of the women are married. Lucid is, and she has three children.

Rhea Seddon, who married fellow astronaut Robert Gibson in 1981 and recently had her first baby, is similarly disinclined to assume the pose of Wonder Woman. "We have the same problems as any working mother," she says. "We're not special."

Says Anna Fisher, "We go to work in the morning, just like any other scientists. When you're on the outside looking in, our work looks glamorous. But once you're involved in the kind of things we're doing, it has a certain routine."

Continued on page 108

Preparing for proper measures in the event of an emergency parachute ejection over water, Rhea Seddon, one of 16 trainees at Homestead Air Force Base, Florida, begins a gradual descent into the canal.

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THE MYSTERY IN ROOM 2-A

All the evidence in the Mountain Home school epidemic pointed to a disease spread by classroom pets, but the blood tests told a totally different story.

by Berton Roueché

Illustrated by Lucian Lupinski

Part I

When Tom D. Y. Chin assistant chief of the Kansas City, Kansas, field station of the Epidemiology Branch of the United States Public Health Service, and his three associates—George B. Paxton, an epidemiologist; George W. Beran, a veterinarian; and Mrs. Jennie H. Rakich, a nurse—pulled out of the station parking lot and headed south, they knew next to nothing about the job ahead of them. Their destination was a town of around 2,000 population called Mountain Home, the seat of Baxter County, in northern Arkansas. They knew that Mountain Home was in the grip of an epidemic. During the previous two or three weeks, 29 pupils at the Mountain Home elementary school had been stricken with what had been gingerly described as an acute febrile disease; in addition to fever, which ranged in some cases as high as 106 degrees, the symptoms were headache, cough and prostration. They also knew that parakeets were kept as classroom pets in several of the lower grades. But that was all anyone knew, including the Baxter County health officer, a Mountain Home physician named Benjamin Saltzman, who had requested the assistance of the Public Health Service.

"I won't say the diagnostic possibilities were endless," Dr. Chin recalls. "They were merely numerous. The clinical picture seemed to suggest a respiratory infection. Still, quite a few diseases answer to that general description. The trouble could have been one of the rickettsial diseases—Q fever, for example. It could have been influenza. It could have been a fungus infection—coccidioidomycosis or histoplasmosis or blastomycosis. It could have been acute miliary tuberculosis. It could have been psittacosis. It could even have been typhoid fever. They all came in for a certain amount of discussion at the briefing conference we had just before we left, and, under the circumstances, one looked no more likely than the next. Except, perhaps, psittacosis. Psittacosis is a virus pneumonia transmitted to human beings by birds. Until about 20 years ago, it was generally accepted that the only birds susceptible to that particular virus were psittacines—members of the parrot family. Since then, we've learned all birds are vulnerable to psittacosis. Nevertheless, most cases of psittacosis in human beings are traceable to parrots. Particularly, these days, to parakeets. Well, a parakeet in a classroom is hardly evidence of psittacosis, but, taken with the clinical data, it was something to think about. That was largely why we had a veterinarian on the team. It was also why Dr. Michael L. Furcolow, the station chief, gave the assignment to me, instead of going himself. My special field is virology.

"Mountain Home is about 300 miles from Kansas City. We

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Miss Smith did not teach in Room 2-A, but it was her habit to stand at an open window there to supervise the children as they boarded the bus.

reached Mountain Home around 10 o'clock. The next morning, we headed for the office of the county health department. Dr. Saltzman and his county nurse, a woman named Margaret Whitmore, were already there and waiting. The town was in an uproar, Saltzman said. Parents, teachers, school board, businessmen—everybody was clamoring for action. He and two other local doctors had tried every drug in the wonder book. None of them seemed to help. Some of the children were back at school, but no one could take much credit for that. They had simply got well. And there were a good many others still as sick as ever. Thirteen were flat on their backs in bed.

"Dr. Saltzman had nothing to add to what we already knew. Except for what he said was a rather equivocal set of chest x-rays, his epidemic-aid request had fully covered the physical findings. I went over his pictures later. Most of them showed some cloudiness, but nothing that wasn't generally characteristic of any respiratory infection. It looked a little like psittacosis. But it also looked like miliary tuberculosis. Or histoplasmosis. The only other information he had was a change in the number of cases. Our total of 29 was out of date. The total number of cases now was 36—out of a school enrollment of 386.

"It isn't often that a public-health investigator can take anything for granted. The epidemiological discipline requires him to see and judge for himself. And the only place to start is at the bottom—with the victim and his environment. In this case, that meant 36 children, a school and an unknown number of parakeets. Beran's job was understood, and Paxton and I quite naturally took the children. That left the school for Mrs. Rakich. She could handle the preliminary survey there, and also give Beran any help he might need. Dr. Saltzman had his own work to attend to. But his nurse, Miss Whitmore, had a car, and, with his permission, she volunteered to drive Paxton and me around. So Mrs. Rakich and Beran kept ours. We all drove out to the school together. It was three or four blocks from the square—a one-story brick building, built since the war and in good repair, with 12 classrooms, an office and an auditorium. The principal was expecting us. He and his staff were eager to cooperate in every possible way. I left him to Beran and Mrs. Rakich, and Miss Whitmore and Paxton and I pulled out.

"Paxton and I spent the day with the sickest children on the list. We examined all 13 of them. The clinical picture we put together and the one we had had from Saltzman were practically identical: high fever, general malaise, lassitude, nonproductive cough, occasional chest pains, a few complaints of nausea and vomiting. In three or four cases, we found some enlargement of the liver and the spleen. Aside from that, the physical find-

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ings were essentially negative. The epidemiological picture also stood unchanged. No parties. No trips. No unusual group activities of any kind. The only environment common to all the children was the school. Nevertheless, it wasn't a wasted day. We had made a start.

"So had Beran and Mrs. Rakich. They were waiting for us when we finally got back to the courthouse, and it was obvious that one or the other of them had turned up something interesting. They both had, in fact. Beran's contribution was a sick parakeet. There were six birds in all. Four of them had been bought in December and given as pets to the children in four lower-grade rooms—1-A, 1-B, 1-C and 2-B. Just after the Christmas vacation, another bird was bought, and given to Room 2-C. The sixth parakeet was bought on January 24th. It went to Room 2-A, and that was the sick one. Its name was Liberace. The children named him that because he sang so prettily, but he wasn't singing now. According to Beran, he was a miserable sight. Ruffled feathers. Dull eyes. Listless stance. Loose green droppings all over his cage. The other parakeets were as bright and lively as crickets. Not that that meant much. An autopsy might show different. Psittacotic birds are often asymptomatic. Liberace also figured in Mrs. Rakich's report. While Beran was gathering up the birds, she had settled down in the principal's office and checked the 36 known cases against the relevant classroom records. Her findings made interesting reading. The first child became sick on February 1. He was followed, at intervals of a few days, by five more. Then, between February 13 and February 24, there was an explosion—26 cases. Eight of them occurred on one day—February 17. Mrs. Rakich's report went on to break down the cases by classroom. One room—5-A—had had no children on the sick list. Two rooms—1-B and 1-C—each had one case. There were two cases in each of four rooms—2-B, 2-C, 4-A and 5-B. Rooms 1-A, 3-A, 3-B and 4-B each had three. The Liberace room—2-A—had a total of 14. Mrs. Rakich ended her report with a kind of postscript. In the course of her room survey, she had talked with the various teachers. One of them, it developed, had been sick for several days at about the time of the onset peak. Nothing serious— no need to call the doctor. I'll call her Miss Smith. Miss Smith taught Grade 4-A. Her room was across the hall and down a couple of doors from the Liberace room. However, she had the job of supervising the children as they got into the school buses at the end of each day. And the place she found most convenient for doing that job was at a window in Room 2-A.

"The other birds had no visible signs of abnormality, but Liberace more than made up for that."

"I went to bed that night feeling pretty good. Miss Smith and the heavy concentration of cases in Room 2-A seemed enormously significant. Until you remembered the scattered cases in the other rooms and the five other parakeets and the teacher who taught 2-A. Why wasn't she sick, too? But Liberace was something else. If he turned out to be as psittacotic as he looked, we almost certainly had a lead. A post-mortem answer to that was Beran's job for Saturday. The rest of us spent the day making house calls. Paxton and Mrs. Rakich tackled the 23 convalescent or recovered cases. I worked with Miss Whitmore. Our job was to revisit the 13 sick children we had seen on Friday and arrange for a number of diagnostic tests. In general, the nature of the suspected disease determines the kind of test. Because of the number of possibilities in this case, we had to use two kinds. One was a series of simple skin tests for antibody reaction. Each child was injected intradermally with the antigens of four of our several suspects—tuberculosis, histoplasmosis, coccidioidomycosis and blastomycosis. A positive reaction—the appearance of a characteristic induration at the site of injection—is evidence that the patient has, or has had, the disease in question. There is no skin test for psittacosis. For that, as well as the other clinical possibilities, a blood test was required. A blood test can be done only in a specially equipped laboratory, and it takes time. The nearest Public Health Service serological laboratory was the Rocky Mountain Laboratory in Hamilton, Montana. We took samples from each of the 13 children, packed them in dry ice and sent them off by airmail that afternoon, along with a note of explanation and instruction. They were to be tested for Q fever, influenza, psittacosis and histoplasmosis. The last was for insurance. In histoplasmosis, a serological examination is apt to be more conclusive than the skin test. Meanwhile, Paxton and Mrs. Rakich had made a good start on their 23 convalescent or recovered boys and girls. Not that they had anything much to report. The histories they had obtained merely confirmed the data we already had. The report of the day was Beran's. Liberace was very definitely sick and in a very provocative way. The other birds had no visible signs of abnormality, but Liberace more than made up for that. In psittacosis, the most striking clinical manifestation is enlargement of the liver and the spleen. Liberace's liver was considerably larger than normal, and his spleen was huge. A parakeet spleen is usually about the size of a small seed. His was as big as the end of my middle finger.

"That was all that Beran could tell us at the moment. His next move was to try to isolate the psittacosis organism from the parakeet material, and that couldn't be done in the field. Viruses can't be cultured like bacteria. They can only be demonstrated through transfer to a living host. So the place for him was Kansas City, where we have a virus laboratory. He left by bus on Sunday morning. Paxton and Mrs. Rakich spent the day with their children. My day was a series of meetings. I spent

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an hour or so with Saltzman reviewing our work to date. In the afternoon, at my request, we held a kind of town meeting. The group included the school board, the superintendent of schools, the mayor, the publisher of the Baxter *Bulletin*, the local weekly—all the leading citizens. I made it clear that the cause of the outbreak was still uncertain, but I told them what we thought. Our best guess was psittacosis. In any event, I added, there was nothing to panic about. All of the patients were doing reasonably well. They would certainly all recover.

"The main reason for the meeting, however, was to broaden the scope of the investigation. I wanted to organize a schoolwide testing program. A comparison study would help us interpret the results of our tests on the 36 clinical cases. Also, since the school was obviously the focus of infection, it would be useful to have an outside group of controls. One of the grades at the junior high, for example. We're not allowed to give a child an injection or draw a sample of blood without his parents' permission. I hoped to convince the civic leaders that the program was epidemiologically essential and persuade them to bring their influence to bear. With Saltzman's help, I did. By the time the meeting adjourned, the necessary consent forms had been drawn up, arrangements had been made to get them mimeographed, and a company of volunteers had been recruited to handle their distribution. The school authorities let us set up a clinic in the auditorium. I couldn't have asked for fuller cooperation. Or, as it turned out, for a more enlightened response from the parents. Only 30 withheld their consent. We got permission to test and bleed a total of 369. That included 320 children at the elementary school, 48 sixth-graders at the junior high and Miss Smith. We started in on Monday morning and finished up on Friday.

"Meanwhile, of course, the results of the skin tests were coming in. By Friday, we had readings on the 13 actual patients, on the 23 recoveries and on about 200 of the other pupils at the elementary school. And also on Miss Smith. We read the clinical-case reactions first. Every single one of them was positive for histoplasmosis. For tuberculosis, blastomycosis and coccidioidomycosis—all negative. Then we saw Miss Smith's results. She gave the same reaction—positive for histoplasmosis and only for histoplasmosis. Then the results of the general student body came in, and we began to wonder. As I say, by Friday we had seen about 200 of them—more than enough to provide a definitive contrast to the clinical-case reactions. But they didn't. They showed the same—or practically the same—reactions as the others. All negative for tuberculosis, blastomycosis and coccidioidomycosis. And practically all—nearly 90 percent—positive for histoplasmosis.

"Our best guess was psittacosis. In any event, I added, there was nothing to panic about."

"Well, that brought us up pretty short. We could forget about tuberculosis and blastomycosis and coccidioidomycosis. And probably Q fever and influenza as well. So at least we had narrowed the field. We had a choice between psittacosis and histoplasmosis. It had to be one or the other. But which? Liberace and that concentration of cases in his room were certainly suggestive of psittacosis. But what about the clinical-case reactions for histoplasmosis? They were equally suggestive. The trouble was all those other positive reactions. They had to be explained. There are several interpretations of a positive skin test for one of the fungus infections. That's where it differs from a blood test. A skin test will accurately reflect the presence of specific antibodies, but it has no topical value. It doesn't distinguish between a current or recent infection and one sometime in the past. A blood test, on the other hand, is a diagnostic test. It is positive only during the active stage of a disease and for the following week or so. The answer rested with the Rocky Mountain Laboratory and with Beran. It was foolish to try to guess. Instead, I put in a call to Furcolow. I told him where we stood and said that, unless he had some objection, we thought we'd come home for the weekend.

"That was four or five o'clock on Friday afternoon, and I was home by midnight. I got down to the office the next day around noon. On my way to talk with Furcolow, I dropped in on Beran. He had run some preliminary tests on the parakeet material, but the results were at best inconclusive. It was still too soon to say about the isolation studies. I got the impression, though, that he wasn't very optimistic. As it turned out, we never did determine what was wrong with Liberace. Except that it wasn't psittacosis. But we were morally sure of that long before Beran made it certain. I knew it almost the minute I walked into Furcolow's office. We had hardly said hello when his secretary came in with a telegram. It was a report from Rocky Mountain on the first group of Mountain Home blood tests. It read: ALL PRECIPITIN HISTO POSITIVE. PSITTACOSIS, Q FEVER, INFLUENZA NEGATIVE."

Histoplasmosis is one of about a dozen systemic diseases now known to be caused by the venerable fungus family. It is thus of vegetable rather than animal origin. All the deep mycoses, as these fungus invasions have come to be called, are relatively new to medicine (none was recognized much before the turn of this century); all are serious disorders.

The best contemporary opinion holds that in the United States alone some 30 million people have had primary histoplasmosis, and its annual incidence here is estimated at around 500,000 cases.

Although histoplasmosis is now established as a disease of nearly universal distribution, it appears to be most prevalent in the United States. Its prevalence here is not,

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EDSEL II LOOKS TO THE FUTURE

The Post *took a test run with Edsel Ford to check out the new Marquis and LTDs and got a close-up view of the young man who may become Ford's biggest wheel.*

by William Barry Furlong

At dawn, the sun came up like a fiery ball over the rolling ridges of the Appalachians. On a parking bluff set above and back from the main lot of the airport-hotel near Pittsburgh were the Ford company "secrets": four new 1983 cars, sitting there some 150 days before they would be unveiled to the world. Three, maybe four or five years ago, these cars were little more than a collection of ideas and drawings being fought over and penciled through the offices of the Design Center of the Ford Motor Company. Since then, the car designs had gone through every examination, from wind-tunnel tests of new "aerodynamic" flow to rattle tests of the sun-roof latch to endless bumpy-road tests of the new shock-absorber system.

On this day, five months before their official debut, they would undergo one of the final tests—the Chief Engineer's Sign-Off Trip. The test would involve hundreds of miles of cross-country driving on every kind of road and route from farm roads to interstate highways, from big-city streets to tiny-town lanes. The idea was to put these prototypes, as the leaders in a new generation of Ford cars-to-come, through the kinds of tests that owners would. There were certain tests that *had* to be passed. One was that of the new shock-absorber system. The other, that of gas consumption; these cars had to be better in miles-per-gallon than the 1982 LTDs—anything less would not be tolerated. To see how well they met these tests, and to test-drive the cars themselves, *The Saturday Evening Post* was invited along in an exclusive preview of what this new generation of LTDs and Marquis might offer. As it turned out, this provided not only an insight into the cars themselves but into the processes by which one large automaker makes sure that the new models meet the owners' expectations.

There was another kind of car generation along on the trip—the human kind. He represents the upcoming generation of automobile leadership—easy, not pushy, a quiet man, given more to small smiles than raucous laughter. He has a quality rare in any company: the gift of being likable without trying to be. His name is Edsel Ford.

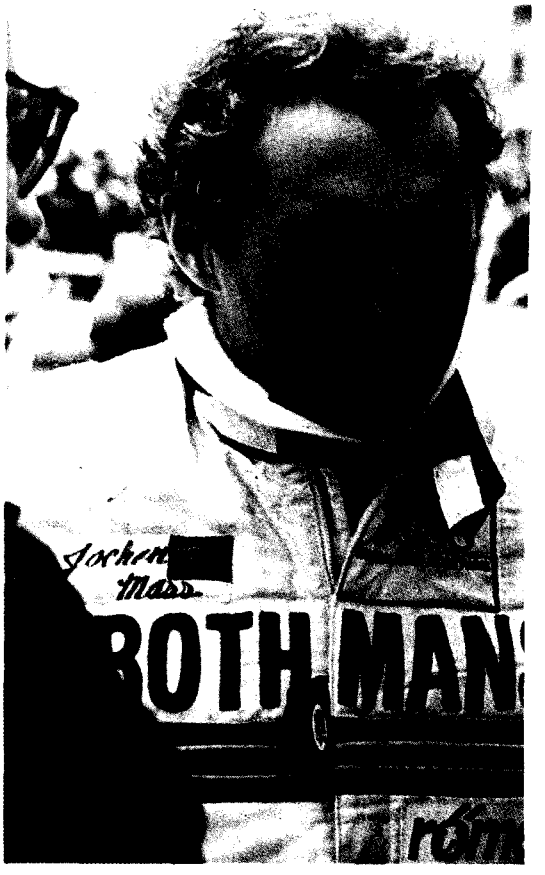
"Oh," gurgled a female desk clerk when he checked into a hotel near Pittsburgh, "how interesting of your parents to name you after a couple of cars!"

That's not quite the way it happened. Edsel came before the Edsel car just as the Ford family came before the Ford car. This Edsel is Edsel II. But he will be the fourth Ford in direct line from Henry I to head the company.

At the age of 33, Edsel II is not only the heir apparent to the company leadership but the symbol of a regeneration in people going on at Ford Motor Company. There have been many changes and upheavals in the last few years, not the least of which was the surprising retirement of his own father, Henry II. Those changes not only brought new top management and new design management to Ford but also an attitude towards a leaner system (and cost) of production—and a design that had hitherto been considered almost *avant-gard*. Literally billions of dollars are expected to be saved in the new production systems; the new generation in car design is being shaped and honed to match those savings with customer appeal.

Edsel Ford II has spent these last few years exploring a variety of corporate experiences and company responsibilities. He's been in Product Planning, in Strategy, in Marketing, in cars, in trucks, in Australia, in Boston, in Los Angeles, in Detroit. On this particular day of the testing of the 1983 LTDs and Marquis, he was the only nonengineer studying the prototypes.

". . .we will drive 348 miles in a total of 10 hours, from here to Dearborn," said Bob Harrison on the bluff near Pittsburgh. He is a direct, intense man, the trip leader and principal engineer for vehicle development. He'd supervised moving the prototypes (along with two 1982 models that would serve as "comparison cars") from the Ford division headquarters in Dearborn, Michigan, to Pittsburgh over the open road on the day before. The engineers who'd made



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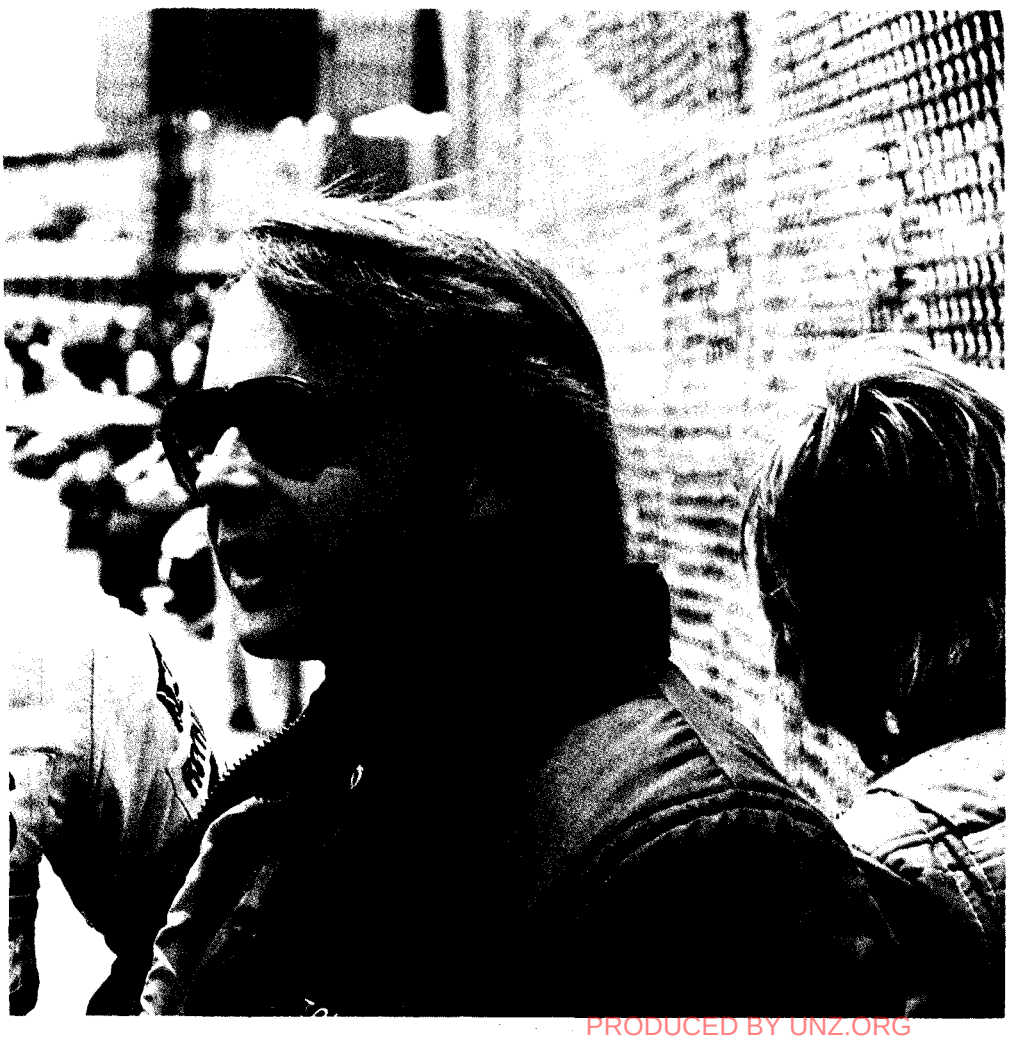
that particular trip had already flown home to write and file their reports. This trip would involve a different set of engineers who'd file a different set of reports. "We'll have 11 driver changes at intervals of about 30 miles or so," said Bob Harrison. He examined a large notebook that recorded just who would be in what car each segment of the journey, then glanced at his watch. It was 7:30 a.m. "Okay," he said, "time to move out."

The trip leader was in a station wagon. It had no number in the motorcade; every other car had a number from 1 through 6. "We've got two mechanics, the trip leader, a lot of tools and some spare tires in that station wagon," said Stuart Frey, vice president for car engineering and planning for Ford's North American operations. He was "my" driver. When we all switched cars every 40 to 45 minutes, I'd become a driver accompanied by a different passenger—Edsel Ford II.

One thing was assumed from the start: These prototypes would be made as near to perfect as possible when the car went into production. But only a measured number of all the changes coming up in the new generation of Fords could be seen in these cars. Instead, the changes would be introduced year by year, right up to 1990, in one model one year, in another another year.

The first foul-up discovered was not in a change. It was in a common piece of "old" equipment: The chimes that signal that the car door is open with the key still in the ignition would not quit in car 1, Frey's car. Even with the door closed. "Now that," said Frey, "can get a trifle aggravating."

A racing aficionado, Edsel II (here with driver Jochen Mass at the Detroit Grand Prix) is fascinated by high-performance driving. His own motoring is uneventful—10,000 to 15,000 miles a year from home to office.



That, as it developed, was the one delay due to mechanical breakdown, however small. However, the engineers looked for many factors that rarely even make an impact on the owner's consciousness. On the leg of the journey beyond Weirton, West Virginia, for example, Stuart Frey moved the car back and forth in his lane, looking for the "tire paths," the strips on the pavement where millions of tires rolling over that highway through the years had carved a perceptible track. By shifting the car back and forth between them, he could get the kind of tires-on-the-road contrast that would tell him much about the degree of roughness and of sound that was being transmitted through the prototype to the driver and his passenger. "We'll know by the end of today's drive if we have to do anything more to kill the sound and the feel of the uneven road," he said.

With all the years of design and testing, such as these prototypes experience, costs mount steeply. Each prototype costs, so far, "about $250,000," observed Stuart Frey. When any flaw was discovered in them, they were torn down and examined and the flaw corrected before the car was tested again.

"Does this car feel any different to you?" asked Edsel as we pulled out from a roadside stop after a driver change. I tested the play in the wheel, glanced around at the sight lines—front, side and back—and gave a gentle jab to the accelerator.

"No," I replied. "Should it?"

He answered with another question. "Does it seem larger or smaller than the other cars we've been driving?" I glanced around. This was a four-door, walnut-colored car that had the same stylelines as the other prototypes.

"Well, since you ask," I said tentatively, "it must be smaller."

He offered his small smile. "Not at all. It's exactly the same size on the inside as the last car you were driving. This is a four-cylinder car"—not a six-cylinder model as were the other LTDs and Marquis.

He'd wondered whether it was so obviously a four-cylinder car that I would have a reaction to it; would it feel smaller than the other cars?

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My reaction was important to Edsel Ford because I got into it and began driving it just as most customers would.

Edsel had encountered a more skeptical test-driver for the four-cylinder car than he might have anticipated. My five-year-old Fairmont station wagon at home is a four-cylinder Ford, and its performance does not overwhelmingly recommend repeat purchase. "Let's see how long it takes to catch up to the car in front," I said. I gave the accelerator an easy nudge and felt a steady pickup but, I explained, no big kick.

"Does that mean a lot to you?" asked Edsel. I explained that I'd driven a Thunderbird before the Fairmont and that it had the kind of kick on the open road that gave the driver all kinds of assurances. Edsel was genuinely interested. Why would a person out of his teens be looking for a kick?

"Because you like to know the engine's on your side, that it's got reserve power—that it's there when you need it," I said.

He nodded. "I think you'll find what you're looking for a little farther down on the pedal," he suggested. He was right. I'd been treating the car too gently. When I came down hard on the accelerator, the car picked up—not with the kick of a Thunderbird, of course, but with enough spirit to begin overtaking the lead cars, steadily, if not spectacularly. "I can live with this car," I thought.

It had another quality, too: the aerodynamic look of the new generation of Ford cars. For a long while, American cars had been moving to a chopped-off look. They developed square grilles and short, blunt rear ends. It was an attempt not only to be smaller but to look smaller in a more muscular way. Now Ford is among those companies that are relieving the hard, square lines somewhat. It is introducing more of an aerodynamic line into the body design of the car. That means slanting the front grille somewhat from the harder vertical line and relaxing the hard, chopped-off line at the rear, which is more slanted now and has a turned-up line at the trunk-lid so that the air-flow is not in a whirling vortex towards the ground but is swept up in the air behind the car.

All this reflects the focus of Ford in its new generation of cars. For Ford is deeply committed to improved "aerodynamics"—to what Ford executives call "total vehicle air-flow movement." Ford has already turned out a hand-produced aerodynamic design of the "car of 1990," called "Concept 90." But reaching that goal is a gradual process. Most of the car-buying public resists a radical year-to-year change in the design of its cars. Therefore, only the start towards streamlining will be apparent in the 1983 cars, becoming a trifle more pronounced in the cars of 1984 and 1985.

Westward across Ohio, from the low Appalachians on the eastern border to the beckoning land beyond, the rolling hills gentle down to the flat plains and small farms of the great American Middle West. There is a deepening of the pressure on the gas pedal: People simply go faster on flat roads than on hilly ones. But if they are to keep the car behind in sight—and in mind—they must be ready to use the brake pedal as willingly as the accelerator.

"Try moving your foot from the accelerator to the brake," suggested Edsel on one leg of the trip. He was not concerned so much about reducing speed. He was concerned about how I felt for—and about—the brake. I made the move from one pedal to the other. Nothing unusual in it, I thought.

But there was. "You had to lift your foot to hit the brake pedal," said Edsel. He was, of course, quite correct. The brake pedal was set slightly higher than the accelerator pedal when all pressure was taken off the latter. The two pedals were not even.

It was not a problem that inspired militancy so much as thoughtful consideration. "I think I'll have to take a look into that," said Edsel quietly.

There is no pomp in Edsel Ford. He is as much like the rest of us as a man can be who wears one of the most famous names in the world and who shares both the future and the responsibilities of that name. He seems guarded at times. That is understandable. He does not have the overheated personality that is anxious for fame, for celebrity, for the kind of notoriety that inevitably attaches itself to "a famous name." He has the nose and the facial bone structure of his great-grandfather, Henry Ford, though he does not communicate the sinewy astringency of "The Progenitor." He also has some of his father's perspective—to see life in its totality instead of only in its automotive angles. This is not to say that he does not remember events at Ford that were somehow significant in the lives of others. He can recall, for example, the excitement that surrounded the introduction of the Ford convertible of the late 1950s—the convertible that had a metal roof that folded down at the touch of a button into a compartment behind the rear seat. He remembers also the excitement that surrounded a Ford car of a later year. It was the year of Edsel's 16th birthday, and his father gave him what every teenager dreamed of: a Mustang. For that was the year the Mustang was born, and an entire generation immediately identified with the new, sporty little car. It is this unjaded attitude, this genuineness of response, that inspires a warm feeling toward Edsel Ford. He has not been separated from the spontaneous, common experiences of life by great wealth and a great name.

In a sense, though, Edsel is never totally privileged to be "offstage" when he is at work. There is no way he can totally escape the knowledge of his coworkers of who he is and what he will yet be. Yet the engineers on this trip accepted him as just another guy trying to do his job—though his job is totally unlike their own. He, in turn, recognizes not only that their job is different from his own but that it creates a kind of continuing excitement for marketing men.

"We're running about an hour late," said trip leader Bob Harrison at the lunch break. He warned that there wouldn't be a leisurely coffee stop in the afternoon and that driver changes would be swift and purposeful with no more time allowed for casual conversation. The fuel tanks were filled by the mechanics while the drivers filled themselves with food, so there'd be

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no need for an afternoon fuel stop. The "freshness" of the test run had worn off. Thus the trip was growing valuable in the irritations it produced.

The savvy owners would be as sensitive to every nagging irritation as Ford's development engineers, who expect perfection. The question is where perfection differs from personal preference. It is Edsel Ford's responsibility to be sensitive to that problem.

And what would he buy? Given the choice, Edsel leans to the LTD/Marquis family instead of reflexively getting the biggest possible Lincoln. To many people, it is a surprise to find that people such as the Fords do not have unlimited spending money, that they must live on budgets, just like everybody else. Of course, the budgets *are* bigger. But they don't permit acquiring every car an individual might want. Edsel gets the use of a company car, just as do many other Ford executives. Like other Ford executives, he uses one company car for six months, then turns it back to the company and gets a different company car. In that way, he has a chance—as a marketing man—to get to know intimately two different models every year. For family use, he leases another car every year; he must pay for it out of his own pocket. If he wants or needs another car, he might lease that, too. If he wants yet another car, he just can't grab one off the production line. He'd have to go out and buy it. At least he'd know the base price of the car when he starts to bargain.

"On the next stop, we'll be parking next to the side entrance of a restaurant. There's a restroom just inside that entrance." The caravan was still behind schedule, but the trip leader was determined that all the requirements of the test run and of the driving schedule would be met. "There will be no time for coffee," he reiterated.

To the uninitiated, it would seem that northern Ohio and the Detroit, Michigan, area would be a "danger zone" for those seeking to keep new-car designs a secret. In fact, only a few people we encountered on the road seemed to recognize anything significantly different as the test run rolled on.

The Ford engineers have, in fact, given up worrying about whether anybody will spot the new-model Fords long before they hit the showrooms. It is their conviction that the test runs are more valuable than trying to keep the design a secret. "You just can't keep the cars under wraps forever when you're building this many prototypes and want to test them," said

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Ford Vice President for Car Engineering Stuart Frey (left) and trip leader Bob Harrison check notes as they prepare to move out on the Chief Engineer's Sign-Off run of 1983 Marquis and LTDs.

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YOU CAN HELP SOLVE THE CANCER RIDDLE

Lessen your cancer risks and help solve the big health mystery: "What causes cancer?"

by Cory SerVaas, M.D.

Ideas for solutions to big health problems have often come from serendipitous observations of the least likely persons. The history of medicine is filled with exciting discoveries by nonmedically trained persons.

The purpose of the survey that appears in the removable centerfold of this magazine is to encourage you to send us your most intuitive insights about what *you* think causes cancer—your suspicions or far-out hunches about what you believe caused your own cancer or the cancer of your relatives or friends.The results will be encoded by volunteers in cancer organizations and reported in the *Post*. Those of you at high risk will have this called to your attention.

When we began preparing this questionnaire, we started the poll with my secretary and good friend, Mary Lou Waldren.

"What do you do to out-fox the 'big C'?"

She grinned. "I buy a different underarm deodorant each time I need a new one," she explained. "I figure that if there are carcinogens in one brand, I won't have used that brand long enough to develop cancer." She said she no longer has lumpy breasts since giving up coffee, tea, chocolate and caffeinated diet drinks. Lumpy breasts are far more likely to develop cancer than are breasts without lumps, and for Mary Lou, getting rid of the worrisome lumps is worth foregoing caffeine.

A biochemistry teacher once told us that he never lets his wife reuse deep frying fat in her kitchen. "Dispose of it after the first use" was his advice. He went on to explain what happens on reheating of the fat. I no longer remember the chemistry of his advice, since we

gave up frying foods long ago when fats were incriminated for cardiovascular problems as well as cancer.

What do you give up?

We know one politician who stays out of those smoke-filled rooms and says he'd rather be healthy than president.

A doctor we know says he doesn't like to breathe the carcinogenic petrochemical breakdown products on the crowded highway when driving to and from work.

"Sure we have to get to work on time, and that means congestion, but we don't necessarily have to rush home under the same jammed-up toxic conditions. An extra half hour at the job in the evening can help to significantly cut exposure to degraded petrochemicals on the highway." He reads a medical journal before heading home.

Our friend, the late Hermann J. Muller, Nobel prize recipient for his discovery of the effects of radiation during the Hiroshima era, surprised the medical staff, while he was a patient not long before his death, when he insisted on extra lead to cover his genitalia before he would permit x-rays to be taken of his chest.

A friend who is a cancer specialist told me he never saw a case of Hodgkin's disease in a patient who hadn't had his tonsils or adenoids removed earlier in life.

What do you guess just might have caused cancer to start in someone in your family?

For example: My own only relative to die from cancer was an uncle who worked in a meat-processing facility. The citizens of the small town where he worked take great pride in their Dutch bologna. They make and sell a lot of it. Uncle Robbie handled the preservatives, which the employees called "binders," that went into the meat. My aunt said he was very fond of both bologna and wieners. Often, when a ring of bologna would break off, he would eat the scraps instead of throwing them away. Once a week, or more often, he would bring home a package of wieners—so often, in fact, that, to this day, Aunt Dora dislikes them. And she told me something else about Uncle Robbie's eating habits: He liked to eat the fat portions on meat. Also, he worked with the nitrites that are added to processed, smoked or cured meats. When these substances break down in digestion, they form dangerous nitrosamines, which are known to be carcinogenic in animals.

Uncle Robbie left six healthy siblings who are now in their 70s and 80s, all robustly vigorous for their years. No one in his family had ever succumbed to cancer. The

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LESSEN YOUR CANCER RISK

Reader Survey

Questions for Cancer Patients

1. Are you presently employed? ____ 1 Retired? ____ 2 Unemployed? ____ 3 Other ____ 4 10 Card 1

2. Do you work away from your home? Yes ____ 1 No ____ 2 11

3. Describe the area in which you live.
Rural ____ 1 Town (5,000 or less) ____ 2 City (5,000 to 250,000) ____ 3 City (over 250,000) ____ 4 12

4. Describe the area in which you work.
Rural ____ 1 Town (5,000 or less) ____ 2 City (5,000 to 250,000) ____ 3 City (over 250,000) ____ 4 13

5. In what state have you spent most of your life? _____ 14-18 If overseas, in what country? _____ 19-25

6. Have you ever had cancer? Yes ____ 1 No ____ 2 (If no, skip to question 13) 26

7. If yes, what type of cancer was it? _____ 27-30

8. How old were you when it was found? __ __ 31-32 9. How long ago was it diagnosed? _____ 33

10. Prior to your cancer diagnosis, had any of the following occurred? Divorce __ 1 Death of a spouse __ 2 Death of a child __ 3 Other major bereavement __ 4 Loss of job __ 5 Other major loss __ 6 34

11. Were there other major problems in your life prior to your cancer diagnosis? Yes ____ 1 No ____ 2 35-39
If yes, explain: _____
_____

12. What do you think caused your cancer or might have contributed to the cause of your cancer?
Please explain: (use extra paper if necessary) _____ 40-44
_____

13. Has any member of your immediate family ever had cancer? Yes ____ 1 No ____ 2 45

14. If yes, what relationship? _____ 46-47 15. What type of cancer was it? _____ 48-51

16. At what age was it discovered? __ __ 52-53 17. How long ago was it discovered? _____ 54

18. If members of your family or friends have cancer, do you or they have ideas about what might have caused it? (use extra paper if necessary) _____ 55-59
_____

19. How often do you have a complete physical exam? More than once a year ____ 1 Once a year ____ 2 60
Once every 1 to 3 years ____ 3 Less than every 5 years ____ 4 Never ____ 5

20. Have you had a sigmoidoscopic exam* of your colon in the last year ____ 1 Last 5 years ____ 2 Never ____ 3 61

*(A small flashlight viewing device is passed through the rectum so the doctor can view the lining of the colon for possible cancer.)

21. Have you or your doctor ever checked your stool specimen for possible hidden blood? in the last year ____ 1 62
Last 5 years ____ 2 Never ____ 3

22. Have you had a digital rectal exam? In the last year ____ 1 Last 5 years ____ 2 Never ____ 3 63

23. Do you ever have cramps and diarrhea alternating with constipation? Yes ____ 1 No ____ 2 64

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24. Do you have a birthmark? Yes ____ 1 No ____ 65 2 If yes, do you observe it for changes? Yes ____ 1 No ____ 2 66

Questions for Women

25. How often do you have a pap smear? Yearly ____ 1 Every 2 years ____ 2 Other ____ 3 67

26. Has your pap smear ever been abnormal? Yes ____ 1 No ____ 2 68

27. Do you routinely do a breast self-examination? Yes ____ 1 No ____ 2 69

28. Do you take oral contraceptives? Yes ____ 1 No ____ 70 2 29. How long taken? _____ 71-72

Questions for Men

30. Do you do routine self-examination of your testicles for lumps? Yes ____ 1 No ____ 2 73

31. Has your doctor ever informed you that you have an enlarged prostate? Yes ____ 1 No ____ 2 74

32. Do you urinate more frequently than usual? Yes __ 1 No __ 75 2 33. Pain on urination? Yes__ 1 No __ 2 76

34. Have you ever had blood in your urine? Yes __ 1 No __ 77 2 35. Difficulty starting a stream? Yes__ 1 No__ 2 78

36. We would like to know whether you eat any of the following foods and the number of large or small portions of each serving (enter appropriate numbers in spaces).

Vegetables & Grains

Processed Meats

Number of:	Daily Servings Small	Daily Servings Large	(If less than daily) Weekly Servings Small	(If less than daily) Weekly Servings Large	(If less than weekly) Monthly Servings Small	(If less than weekly) Monthly Servings Large	Card 2
	1	2	3	4	5	6	
Carrots							10
Asparagus							11
Broccoli							12
Spinach							13
Cabbage							14
Brussel Sprouts							15
Cauliflower							16
Turnips							17
All Bran							18
Sausage							19
Bacon							20
Ham							21
Hot Dogs							22
Pastrami							23
Bologna							24
Corned Beef							25
Dried Beef							26
Assorted Cold Cuts							27

37. Are you a vegetarian? Yes ____ 1 No ____ 28 2 38. Do you eat a high-fiber diet? Yes ____ 1 No ____ 2 29

39. Do you use artificial sweeteners? Yes ____ No ____ 30 If yes, what kind? _____ 31-34

40. We would like to know about what and how much you drink (enter appropriate number in spaces).

Drinks	Cups per Day (8 oz.) with caffeine	Cups per Day (8 oz.) without caffeine	(If less than daily) Cups per Week (8 oz.) with caffeine	(If less than daily) Cups per Week (8 oz.) without caffeine	
Coffee	1	2	3	4	35
Tea					36
Soft drinks					37
Diet soft drinks					38

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41. Age ____ (39-40) Sex M ____ (41) F ____ (2) Height ____ (42) ft. ____ (43) ____ (44) in. Weight ____ (45) ____ (46) ____ (47) lbs.
Race: Black ____ (1) White ____ (2) Mexican-American ____ (3) Oriental ____ (4) Other (specify) ____ (5) 48

42. Regarding alcohol, do you consider yourself a non ____ (1) light ____ (2) moderate ____ (3) heavy drinker ____ (4) 49

43. Have you ever smoked? Yes ____ (1) No ____ (2) 44. Do you smoke now? Yes ____ (50) (1) No ____ (2) 51

Questions for Smokers

45. Number of cigarettes smoked per day. ____ (52-53) 46. Number of years you have smoked. ____ 54-55

47. If you smoke and drink alcoholic beverages, are your vocal cords visualized by a physician
Once a year ____ (1) 5 years ____ (2) Never ____ (3) 56

48. Do you cough? Yes ____ (1) No ____ (57) (2) 49. If yes, daily ____ (1) weekly ____ (2) 58

50. Are you exposed to cigarette smoke from others in your home? Yes ____ (1) No ____ (2) 59

51. Number of cigarettes/day smoked by others in your immediate work area? ____ 60-62

52. How many hours a day are you exposed to cigarette smoke from others? ____ 63-64

Questions for Non-smokers

53. Does your spouse smoke? Yes ____ (1) No ____ (2) 65

54. Does anyone other than your spouse smoke in your household? Yes ____ (1) No ____ (2) 66

55. Approximately how many cigarettes per day are smoked in your presence at home? ____ 67-69

56. Number of cigarettes/day smoked by others in your immediate work area? ____ 70-72

57. How many hours a day are you exposed to cigarette smoke? ____ 73-74

58. If you smoked and quit, how many years did you smoke? ____ 75-76
How many cigarettes/day? ____ (76-78) How long ago did you quit? ____ (10-11) Card 3

59. Have you ever worked with: Nitrates and other meat preservatives? Yes ____ (1) No ____ (2) 12
Formaldehyde? Yes ____ (1) No ____ (13) (2) Asbestos? Yes ____ (1) No ____ (2) 14

60. Have you ever worked with any chemicals thought to cause cancer? Yes ____ (1) No ____ (2) 15

61. Do you work regularly where there are any kinds of fumes in the air? Yes ____ (1) No ____ (2) 16

62. Do you travel on airlines more than 5,000 mi/year regularly? Yes ____ (1) No ____ (2) 17

63. Did your mother smoke ½ to 2 packs of cigarettes per day while she was pregnant prior to your birth? Yes ____ (1) No ____ (2) 18

64. Did your mother drink coffee while she was pregnant prior to your birth? Yes ____ (1) No ____ (2) 19
If yes, 2 cups/day ____ (1) more than 5 cups per day ____ (2) more than 10 cups per day ____ (3) 20

65. Do you use pesticides regularly? Yes ____ (1) No ____ (21) (2) If so, which ones? ____ (22-26)

66. Have you had your tonsils, adenoids or spleen removed? Yes ____ (1) No ____ (2) 27

67. Do you live within one block of a freeway or busy highway? Yes ____ (1) No ____ (2) 28

68. Do you work in: Direct sunlight? Yes ____ (1) No ____ (29) (2) Under fluorescent light? Yes ____ (1) No ____ (2) 30

69. Does your work involve manual labor? Yes ____ (1) No ____ (31) (2) 70. Do you exercise daily? Yes ____ (1) No ____ (2) 32

71. How many hours a week do you exercise or do manual labor? ____ (33-37)

72. Do you use hair dye? Yes ____ (1) No ____ (2) 38

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73. Do you supplement your diet with any of the following?

	Amount	Frequency: Daily (1)	Weekly (2)	Monthly (3)	Years Taken
Vitamin A	_____ (39-44) I.U.			45	_____ 46-47
Vitamin C	_____ (57-62) mg.			63	_____ 64-65
Vitamin E	_____ (10-15) mg.			16	_____ 17-18
Selenium	_____ (48-53) mg.			54	_____ 55-56
Lysine	_____ (66-71) mg.			72	_____ 73-74
Zinc	_____ (19-24) mg.			25	_____ 26-27 Card 4

74. What do you do in an effort to prevent cancer? Please explain: (please use extra sheets of paper if necessary) 28-35

_____

_____

75. Are you a member of The Saturday Evening Post Society? Yes ___ (1) No ___ (2) If yes, please remove your mailing address label from your magazine with a steam iron and attach it to this questionnaire as your return address before mailing. 36

fold here first

Name _____

Address _____

City/State _____

Zip Code _____

(Attach subscriber address label here if available.)

Place Stamp Here

"Help Prevent Cancer" Survey
The Saturday Evening Post
Benjamin Franklin Literary & Medical Society
1100 Waterway Boulevard
Indianapolis, IN 46202

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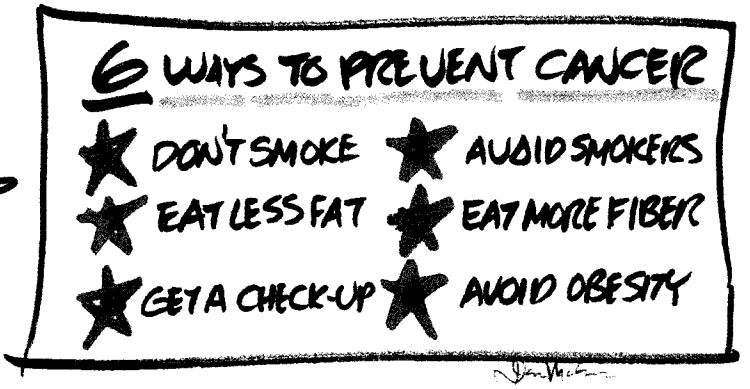

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fact that he worked with meat preservatives for eight years prior to his cancer diagnosis makes me want to check out the possibilities of a high incidence of cancer in others who work with and eat a lot of fatty wieners, bologna, sausages, lunch meats and other processed meats containing nitrites.

Dee Wilson, who cuts my hair, tested our survey and wrote: "My grandpa worked in a smokehouse for twenty years, curing meats and ate them all of his life. He got colon cancer which necessitated a colostomy. Devastated, he ended his life with a gun the first morning home from the hospital. My mother, not related to Grandpa, also grew up on a farm where she ate a lot of ham, sausage, bacon and frankfurters. At age 50, a pain in her abdomen forced her to see a doctor. The surgeon found a malignancy the size of a grapefruit which he told her had been growing for about seven years."

Two cases do not a survey make, but your responses might help.

Seven years ago, following a hunch, I wrote a book for Doubleday in which I suggested that readers use only fresh meat whenever possible if they wished to gamble that this would lessen their cancer risks.

It had been discovered that by increasing the vitamin C added to processed, smoked or cured meats, the breakdown of nitrites added to the meat was retarded from advancing into the dangerous nitrosamines. The vitamin C is added in the form of sodium ascorbate or potassium ascorbate by the packer.

Since meat packers add vitamin C in quantity to prevent the dangerous breakdown and since vitamin C is not altogether stable for storage, even in the best of conditions, I suggested that additional vitamin C be included in recipes which use processed meats. These include ham, bacon, pastrami, bologna, corned beef, dried beef, pickle loaf, sausages, hot dogs and other luncheon meats. Nearly 70 percent of all pork products are cured.

We don't eat processed meats in our home. But if your family insists on cured and smoked meat dishes, we suggest that a teaspoon of sodium ascorbate added to a ham casserole, chipped beef on toast or beans and franks just might prevent the preservative from breaking down into carcinogens during the time it traverses the intestines and colon.

The fact that many more colon cancers occur in the distal (end) portion of the colon might be true because more of the additive nitrites have formed nitrosamines by the time they reach the end of their journey through the gastrointestinal tract.

I wish the book, published in 1975, could have reached more people, since today the National Research Council (NRC) of the National Academy of Sciences recommends that Americans cut their consumption of fats, fatty and smoke-cured meats and increase their intake of whole-grain products to help reduce their risk of cancer. This same National Academy of Sciences had reported only two years ago that not enough was known about the link between diet and cancer to make sweeping dietary recommendations.

This caused many of us to hold back on our beliefs. Now the committee has found the strongest evidence for a connection between fat intake and cancer. Their newly issued report is based on the most exhaustive reviews to date of studies linking diet to cancer. Both animal and human studies have shown higher rates of cancers of the breast, colon and prostate in populations that eat a diet high in both saturated and unsaturated fats. Studies have also shown that eating less fat is associated with a lower incidence of these cancers.

Dr. Clifford Grobstein, a University of California biologist and chairman of the NRC's committee of 14 that prepared the report, compared the level of knowledge in diet and cancer today to that of smoking's link to cancer 20 years ago. The report said, "It has become absolutely clear that cigarettes are the cause of approximately one-quarter of all the fatal cancers in the United States. *If the population had been persuaded to stop smoking when the association with lung cancer was first reported, those cancer deaths would not now be occurring.* Twenty years ago the 'stop-smoking' message required some rather cautious wording. Today, the facts are clear, and the choice of words is not so important.... In the judgment of the committee, it is now time to offer some interim guidelines on diet and cancer."

No creditable scientist or physician wants to make recommendations or suggestions unless the facts can be proven. Now, however, the committee can explain that their recommendations to eat less smoked and salt-cured meat products derives from a substantial amount of research in parts of China, Japan and Iceland linking these products to high incidences of cancers of the esophagus and stomach. These foods may be contaminated by chemicals in the smoke or by the nitrites which have broken down into nitrosamines. Again, the committee points out that nitrosamines have been linked to cancer in laboratory animals. Specifically, the committee advised eating less ham, bacon, frankfurters and processed meats.

A diet rich in certain vegetables may help prevent cancer. Early studies show that people who eat a diet rich in vegetables containing a form of vitamin A called beta-carotene have a lower incidence of cancer than people who do not eat as many of these vegetables. The vegetables include carrots, broccoli, spinach and asparagus.

Brussels sprouts, cabbage, turnips, cauliflower and broccoli contain substances called indoles that, in rodent studies, appear to lessen the number of cancers of the breast and stomach. More than 90 percent of the animals on an indole-poor diet got cancer, whereas only 21 percent to 27 percent on the indole-rich diet developed the disease. Other researchers have discovered that patients who have cancer of the colon eat fewer vegetables that are rich in these substances than does the general population.

There is substantial epidemiological data to support the contention that high fiber reduces colon-cancer risk. Studies of Africans

Continued on page 110

If you are over 40, and haven't had a stool check for hidden blood, order a Hemoccult test by mailing a $3 check made payable to The Little Red Door (Marion County Cancer Society) and a self-addressed stamped envelope to The Saturday Evening Post Society, 1100 Waterway Boulevard, Indianapolis, IN 46202.

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HERPES UPDATE

The safe and inexpensive amino acid L-lysine coupled with a low-arginine diet may be the most effective treatment yet discovered for herpes infections, according to the Post's survey of doctors and patients.

Letters by the hundreds have been pouring in to the *Post* editorial offices in response to our July/August '82 *Post* article, "Does L-Lysine Stop Herpes?" Not only does misery enjoy company, it seems, but those who are miserable—the millions of Americans who now suffer from some form of herpes-virus infection—want to share with others their experience with the first treatment that has brought them real relief from an agonizing affliction.

L-lysine, for those who missed it the first time around, is one of the eight essential amino acids that the body must obtain from an outside source. Its important property for herpes sufferers is that it inhibits the growth of the herpes virus, the culprit responsible for herpes zoster (shingles), a painful problem among older Americans; herpes simplex I, which causes fever sores; and herpes simplex II, the sexually transmitted genital form that, now an epidemic, has spread to more than five million Americans.

L-lysine inhibits the growth of the herpes virus, while a nonessential amino acid, arginine, allows the virus to multiply. Knowledge of these facts has led to a treatment for herpes using a low-arginine diet coupled with lysine supplements available from drugstores, health-food stores and supermarkets.

"Many physicians believe that lysine doesn't work," says Dr. Richard Griffith, a researcher for Eli Lilly & Co. and an authority on lysine and herpes. "But when you ask them, they have usually never tried it." Some doctors and patients may be misled by the way in which lysine seems to work. Dr. Arthur Norins, chairman of the dermatology department at the Indiana University School of Medicine, says that, through the years, he has observed that when herpes patients start taking lysine, they usually have one more attack; then they don't have any more. But should they stop taking the lysine, the attacks will begin again. Dr. Norins added that L-lysine is most important for the *prevention* of herpes attacks.

Perhaps our readers wondered why the *Post* did not mention Zovirax, the trade name for acyclovir, the new drug for herpes that has been promoted recently on television. We did research Zovirax and came to the conclusion that, at $20 an ounce, it is quite expensive for the use to which it can be put. The FDA recommends that Zovirax ointment be prescribed only for patients with first-time infections. It has no benefit for anything except relieving the pain of the first outbreak.

Burroughs Wellcome Company, which developed Zovirax and is marketing the ointment, said that the medication is not being promoted for use in recurring episodes, where it has no effect. People who have already had one attack of herpes are wasting their time and money using Zovirax to treat subsequent attacks, and its usefulness even for the first attack may be questionable. Initial studies show that it may help reduce the length of the first outbreak.

In response to our article, we heard from a number of doctors—and even from a dentist—who indicated they had used L-lysine and diet treatment with some success.

We interviewed Dr. Jack Benner of Sacramento, California, who has been giving lysine for herpes for five or six years. Just before our call, he told us, he had seen a herpes patient, a lawyer with a penile infection.

"Guess what I started him on?" said Dr. Benner, "Lysine. I have samples of Zovirax on my desk, but I didn't give it to him. I will have

Ron Neal

Lysine, available at groceries and supermarkets as well as the corner drugstore, is known as a *therapeutic orphan* because, at $3 a bottle retail, no pharmaceutical house can afford to take it on as a research project to prove its effectiveness.

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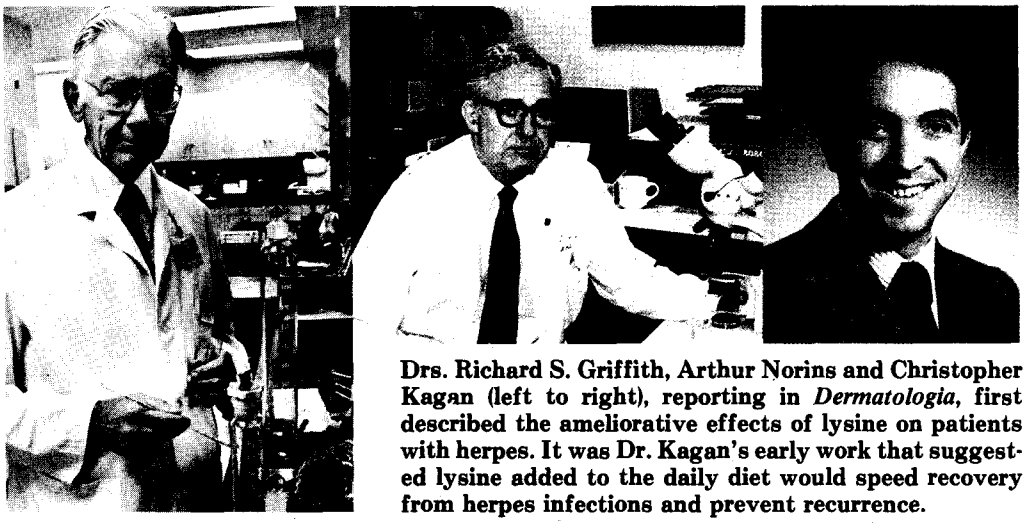
to see more evidence before I begin prescribing it. I have given away some samples, but in those cases I have not been impressed with the results," he said.

Dr. Benner has found that lysine not only prevents recurrence of herpes, but also shortens the acute episode. He puts his patients on high dosages right at first, five or six grams of lysine, depending on the patient's body weight. Then he puts them on a rigid low-arginine diet and a maintenance dose of lysine to prevent recurrence and sees them every six months for follow-up.



Drs. Richard S. Griffith, Arthur Norins and Christopher Kagan (left to right), reporting in *Dermatologia*, first described the ameliorative effects of lysine on patients with herpes. It was Dr. Kagan's early work that suggested lysine added to the daily diet would speed recovery from herpes infections and prevent recurrence.

Although it has been assumed by most medical authorities that the genital form of herpes can only be transmitted through sexual encounters, some of our readers have challenged this belief vociferously. A 77-year-old Arkansas resident, just recovering from a severe genital herpes attack, convinced us that she has had no sexual contacts for about 10 years.

UCLA researchers, who had also received such reports, recently set out to show that they must be false, that the herpes virus cannot live long enough outside the human body to be picked up from some inanimate object. What they found was that the herpes virus can survive on medical instruments for up to 18 hours and on toilet seats for up to four hours. They did not prove, however, that herpes simplex II can actually be transmitted without human contact, though caution when using public facilities cannot cause any harm. Herpes virus is obviously tougher than previously thought.

Many questionnaires are now being encoded and results of the research will appear in a future issue. Some letters follow:

Dear Editor,

I have been advising my patients to use lysine for herpes for about a year. The results have been very good. A number of patients experienced immediate and dramatic improvement.

Douglas R. Berg, D.D.S.
San Jose, California

I have just read with interest the article entitled, "Does L-Lysine Stop Herpes?" While I realize your questionnaire was intended for human use, I thought you might find the following information interesting.

I raise and exhibit Collie dogs and have, through the years, been involved in various research projects connected with them. In 1980, one of our bitches whelped a litter in which all the puppies died by 16 days of age. The autopsy indicated herpes. This bitch was blind with progressive retinal atrophy (PRA), which is equivalent to the human disease retinitis pigmentosa. Having heard mention of the use of lysine, I consulted my veterinarian, who agreed it would be worth a try.

This bitch has now whelped and successfully raised two litters with the use of L-lysine. During each pregnancy, she was given 500 mg. of L-lysine daily from the fifth week of gestation through whelping.

Continued success with your research.

Mrs. Frederick Barlow,
Wingate Collies
Indianapolis, Indiana

I saw your story in the July/August '82 *SatEvePost*, so I thought I'd try your diet. The first week, it has helped so much. Dr. Kelley (dermatologist) put me on Enisyl—500 mg. every day. The blisters have disappeared.

Mrs. Bonnie M. Hocker
La Porte City, Iowa

I couldn't live without L-lysine! I don't stay away from chocolates and nuts, and I am under a lot of stress, but my life has been great since I discovered L-lysine.

As soon as I start getting that itchy feeling (and sometimes I'll even get the little blisters), I start taking L-lysine three times a day, 1,000 to 1,200 mg. per dose. Within one to two days, all signs are gone. I keep taking L-lysine for a few more days, but I don't take it every day.

I wish doctors were more aware of L-lysine. I went to several doctors, thinking one of them would come up with some miracle for me. At that time, I had breakouts every month, right before my period.

I am grateful for the *Post*'s interest in L-lysine and hope more "victims" of herpes will discover how wonderful it is from your work.

Joyce A. Leiby
Medford, Oregon

Ever since childhood (I am now 61), I have been afflicted with herpes simplex on my lips—both in winter and summer—and sometimes the blisters would cover a fourth of the lip surface. At that time, there was no awareness that the cause was a virus—in summer we attributed them to heat, dry air and dust, in the winter, to having a cold. Many times I felt ill at the same time, but this, too, we attributed to something other than fever sores. I tried every remedy anyone suggested—Camphophenique, which helped not at all, and various other products—to try and speed the healing and reduce the discomfort, but nothing seemed to help.

I cannot praise L-lysine highly enough! I take 500 mg. in the morning and 500 mg. in the evening—along with numerous other nutritional supplements—and only on rare occasions do I experience even a minor blister. When it does occur, it is short-lived and causes no problems.

I hope your research can result in more herpes sufferers being made aware of the value of this amino acid.

Ms. Adalin B. Borman
Springfield, Illinois

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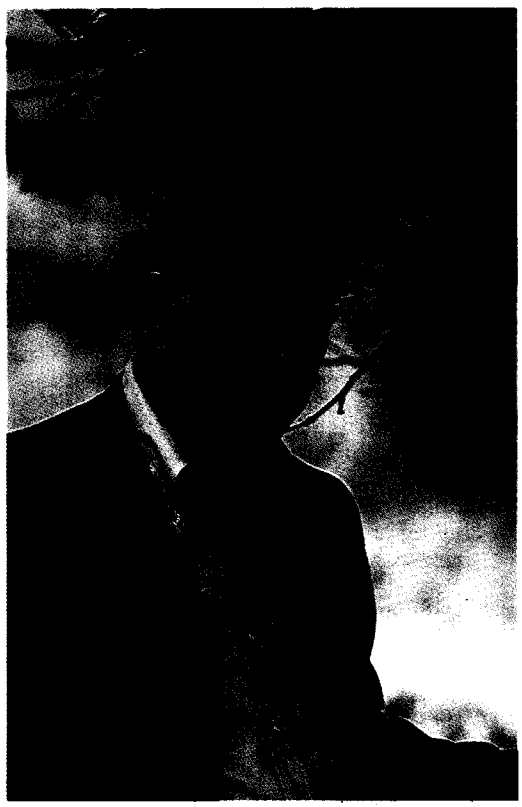
JACK KLUGMAN: NEVER BETTER

Crediting the Pritikin diet, exercise and temperance, the star of "Quincy," at age 60, is going like 60 and feeling better than he did at 18.

by Llana Lloyd

Having so dramatically established himself as the sloppy member of "The Odd Couple," 60-year-old actor Jack Klugman might be thought to have an office resembling the aftermath of a tornado. He doesn't. Looking more like a mini-apartment, with a compact kitchen, a young, brunette secretary, Leah, and a German shepherd dog named Angel, his cool, green quarters lack but one item to complete them for my purpose—Jack Klugman himself. He is out on the Universal City movie-studio lot, checking the "loops" of another segment of his successful weekly TV series, "Quincy."

Minutes later, in he comes. In loose-fitting attire, crowned by a casual sun hat, he immediately revives fond memories of the lovable, if somewhat careless, Oscar Madison we took into our living rooms during "The Odd Couple" domination of the dial. Suddenly, the privilege of interviewing this top-rated star of stage, screen and television becomes more than a challenge; it's an honor to be given a time slot in his busy schedule.



"I want to take whatever success I've had in television," says Klugman, "and translate it into doing good theater. That's my love."

For all the sensitivity he has displayed in his personal life, as well as in his many characterizations, Jack Klugman also plays for keeps the role of business executive—one who honors his commitments. It all comes together as he answers the phone, opens a bottle of white wine and settles down to tell us what is on his mind and in his heart. A mental and physical autopsy, if you please.

"If I can find the courage," he begins, "I want to do one more season of 'Quincy.' Then I hope to have the courage to quit. Of course, I don't even know if they want me back. But I've got to go on; I can't stay in one thing the rest of my life.

"Frankly," he admits, sipping his wine, "I'm not very happy with my work as an actor in TV. There's no real rehearsal, no real time to get into character development. I give the best I can under the circumstances, but I'm not happy with it."

I ask if he misses the rapport that builds between the actor and a live audience.

"Oh, yes. The stage is where I started; that is what I wanted to do," he says wistfully, walking to the window. "I came into the business for that, to do the theater. I got into television when I was very young, there was no union, and I got $10 a show. So I was sort of a pioneer in the industry. And television is marvelous—don't get me wrong. But now I want to translate whatever success I've had in this medium into good theater. That's my love. I don't want to produce, I don't want to direct. I just want to fall in love with acting all over again."

I reminded him that he had once said that in his childhood he was introverted and shy. He nodded. "I think I still am. In social situations I'm inept. Lately, I've had more confidence, but I am really withdrawn. I appear to be gregarious, though I'm not. I'm better off when I'm alone. I feel comfortable then."

Taking note of his fit appearance, I brought up the subject of the Pritikin Research Foundation's annual seminar for doctors and the Pritikin faithful. I knew that, as guest speaker, he had waxed evangelistic about the benefits of the diet and guide to better health.

"Finding the Pritikin way of life happened accidentally when I was trying to help my brother," Klugman confessed. "He had been at the Longevity Center for one year and did very well. But upon leaving, he didn't stay with the diet and kind of fell apart. Knowing it had helped him a lot, I suggested he go back, and this time I would go with him. Although I derived

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the most benefit, the first few days I really hated it. After that, I began to realize how good I felt. I became clearer of head, began understanding the difference in food value and became regular in all ways."

Klugman sighs as he recalls the walks he loved so much. "The program was great, and I'm still evangelistic about it. I mean, I just turned 60 years old, and I feel better than I did at 18. I owe much of it to the Pritikin diet, because it's one diet I can stay on. Diet, I know, connotes a temporary condition. This diet, however, is a way of life. I have no salt at all, no sugar, no fats of any kind. I have also joined the Nautilus Club, across the street from Universal, where I work out three times a week."

As an all-carbohydrate consumer, Klugman explains his nutritional plan. "Occasionally I have spaghetti that's not whole wheat. And I have sauce most of the time. But I make it myself, so it has no oil, no salt, no sugar. Now and then," he admits with a chuckle, "I get off the diet, go on an eating binge, and then I'm back. I eat potatoes without butter, corn without salt. I stay away from meat and have fish only occasionally. On the whole, I stay 90 percent on the diet. Timewise, I'm more flexible. I used to have a rigid schedule. Grapefruit and oranges at 10 o'clock, as I did at the Pritikin Longevity Center. Now, I eat oranges whenever I feel like it. I don't have corn or potatoes at two in the afternoon. If I feel like a sweet potato, I'll have it at 10:00 in the morning or 5:00 p.m., that kind of thing."

What sacrifices has this fine actor made in his quest for better health? "I gave up booze," he says, savoring another sip of wine. "I do have a few glasses of this stuff every day. I didn't realize I was drinking so much—a bottle of vodka a day. Even at that, I was able to hold it; didn't even realize I was getting a little drunk. I was never falling-down drunk. I don't know if I was an alcoholic or not. I do know that it wasn't doing me any good. I feel a million percent better since I gave up the vodka. God, what a killer!"

His aqua-blue eyes look straight into mine. "Once you become aware of your own mortality, you want to enjoy every moment. And I have enjoyed every aspect of my life. That doesn't mean I still don't yell or get upset, but I'm a lot more resilient than I was. I snap back faster because the very core of me is very happy to be alive, really contented. I am well satisfied with my life and all that goes with it, my children, my work. My work as an actor may not be as good as I want it to be, but I know why. I also know that I'm going to change it, so that I will have a forward thrust in my life."

I asked if his next step would be in the direction of the theater. He thought a moment. "I don't necessarily want to do a play in New York or L.A. or Chicago, where I might get all the recognition. I'm beyond that now. Instead of recognition, I want to do it for me. As J.D. Salinger says, 'Do it for the fat lady, do it for yourself.' I want to do these plays for myself. I want to go to Minneapolis and Atlanta . . .and Texas—they love theater there."

I still don't know how he got on the subject of horses. It likely came up during a mention of his sensitivity. "Recently, a beautiful horse of mine got hurt at Santa Anita," he says, his eyes misting for a moment. "I walked out utterly destroyed. But three hours later I was back, because that core of me said, 'At 60, you're very lucky that there's something you care about so much that you can cry about it.' "

A delivery man knocks on the door. Klugman yells out, "Who is it!" as though hating to be interrupted. His Quincy mannerisms obviously are not an act; it's Jack Klugman's spontaneity at work. The incident handled, he continues. "This may sound chauvinistic, but if you're with me, I listen to what you have to say, but it has got to be my way—unless you can convince me otherwise. You have a right to sulk and try all of the other wiles, but not with me. I don't want to know about your headache. I don't have time. I listen if it's important, but I don't want to know about your search for identity. I want to know somebody who already has their identity. If you don't have it, keep it to yourself; pretend you have it.

"I'm beyond that searching and learning process," confides Klugman matter-of-factly. "I've been in analysis, and I've done a lot of soul-searching with my ex-wife, Brett Somers. We had good fights, we had bad fights, but the analyzing and the searching had value when we were young; now that I'm older, who cares?"

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"No time for character development" doesn't stop Jack Klugman and his "Quincy" regulars, Gary Walberg (left) and Robert Ito, with guest actress Lynette Mettex, from coming up each week with a polished performance.

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THE GOLF GOOF

The whole idea was out-of-bounds, but no dinner dance at the country club could stop "Sloppy" Joe from a fast round of golf to validate his nickname.

by Maynard Good Stoddard

Illustrated by Jared Lee

At his best, Joe was the sloppiest golfer at our club. But nobody dreamed his dishabille would reach the point it reached the evening of our gala dinner dance closing this year's season.

When I say sloppy, I mean you and I may come in from 18 holes in mid-August looking somewhat bedraggled, but Joe would begin to draggle on hole number two—three at the latest—face streaked, shirt darkening around the armpits, socks sagging, loud plaid shorts already riding low on his ample hips. By the end of nine, wood covers would be dangling, open bag pocket overflowing, he'd often be limping, shoes caked with mud from hitting out of the marsh, front perhaps smeared with grease due to jumping the creek with his pull cart in his arms. Although he wears microscopes for glasses, I once saw Joe in the rough pick up a snake to kill a stick. That will tell you all you need to know.

Now Joe, as you may have already concluded, will play golf at the drop of a hat. If a hat doesn't drop, he'll take anything. Like a gala dinner dance, believe it or not.

"Got your sticks?" asked Joe, on our way to the men's room during the hiatus between dinner and dance.

"In the trunk. Why?"

"Let's get in a couple of holes before the dance."

My arguments—that it was getting dark, that we were dressed to the teeth, that our wives would kill us—might as well have been delivered to the portrait of Bobby Jones hanging in the pro shop. It wouldn't be too dark to see for another hour, we'd be careful about

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getting messed up, and the women were too busy yapping to miss us.

"We'll go out on 10 and get off at 12," said Joe for the clincher. The 12th green wasn't far from the clubhouse.

I'll give him credit. Joe remained immaculate—all the way through his first drive, which went about 40 yards and 40 degrees off line. In his excitement at getting underway, he had forgotten to remove his jacket. This he now did, draping it neatly over the shoulders of his pitching wedge and 9 iron. And when his next shot disappeared irretrievably into the woods, before dropping another ball he tied his necktie around the ball retriever and rolled up his sleeves. My feeling of apprehension deepened.

We finished number 10, however, with Joe none the worse for wear, except for a rising lump on his forehead from a misjudged tree limb. It wasn't until 11 that the Vigaro hit the air conditioner.

Joe's drive went into the pond, just to the left of the bridge, where the water is maybe three feet deep. An unblemished Golden Ram, he insisted on taking a quick stab at fishing it out. How he could get the retriever into the water without noticing his necktie, I don't know. But all he retrieved was this sodden length of floral-printed Dacron. And while bending over to loosen the knot, those microscopes he wears for glasses fell in.

"Where'd they go!" he yelled, squinting in my direction.

"They went in, Joe," I consoled him.

"My god!" he yelled. "I can't tell your wife from mine without them!" And before I could comment, he had shed his shoes and socks and was rolling up his trouser legs.

But darned if he didn't find his glasses. Stepped right on them, in fact. Cut his foot. Snapped off the left temple. And after wringing out his trouser legs, they would have draped over an open accordion in perfect synchronization.

"Well, that's that," I said, dropping my 5 iron back into the bag. "Let's go."

"One more hole," begged Joe, taking a strap from the pull cart and tightening it around his head to secure the remaining temple of his glasses. He dropped another ball.

The first strains of music were floating from the clubhouse by the time we were both on the green at 12. Putting first, I had run it up to within five feet for a "gimme" when the sprinkler came on. We both dashed out of range. But Joe is not the type to let a little old sprinkler interfere with his game. By timing it precisely, he pointed out, he could duck in, putt and duck out before the next spray came around. Ordinarily, I'd have advised him against it; but in his condition, I didn't see how it could make much difference.

Overanxious, Joe broke too soon. So he got a pretty good dose going

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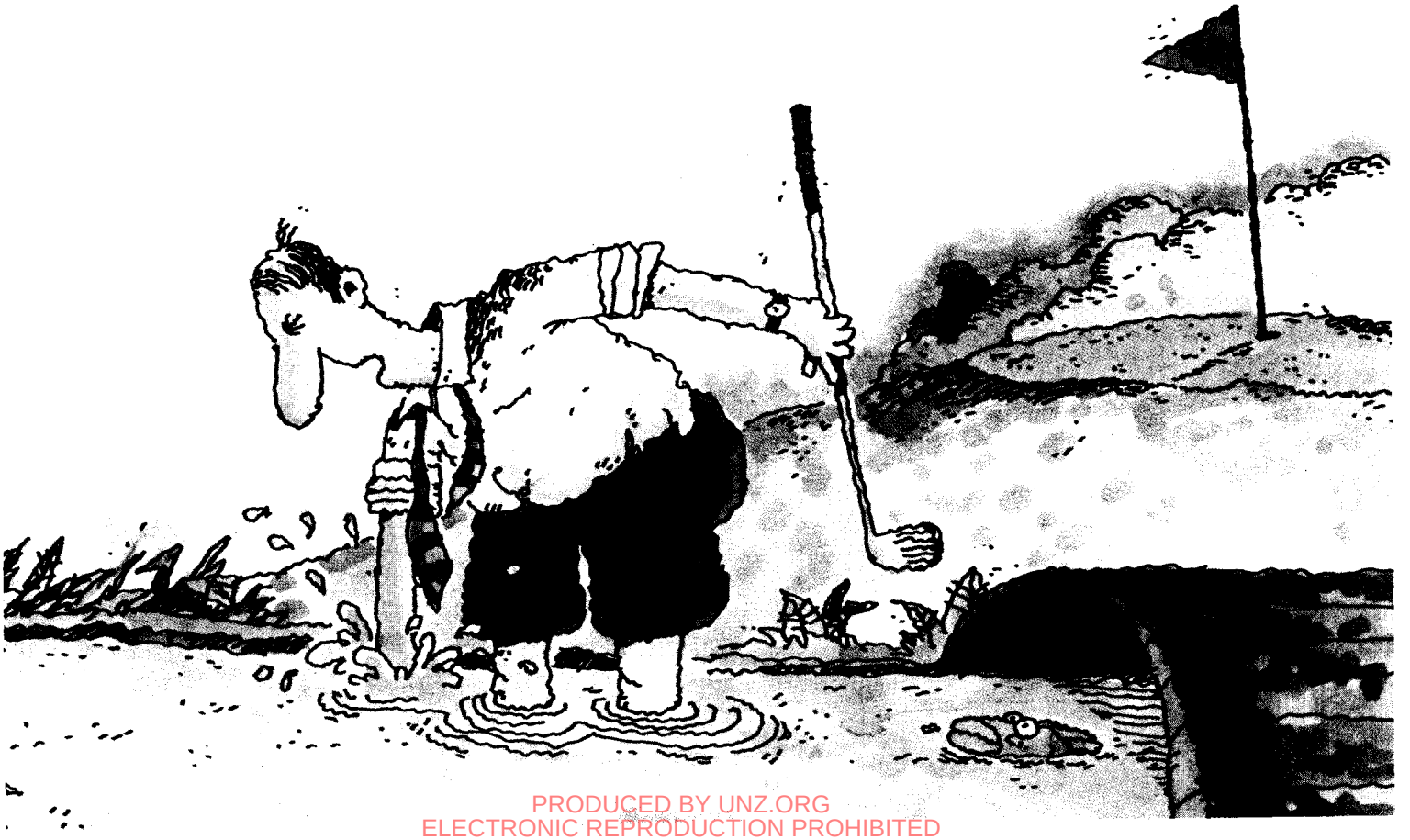

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THE PEACE CORPS: MAKING FRIENDS FOR AMERICA

The broad spirit of volunteerism of which President Reagan speaks still "flows, as it has through our nation's history, like a deep and mighty river."

by Landrum R. Bolling

The proud wearer of a Peace Corps button braces for the barrage of questions it spontaneously inspires: "Peace Corps? Is it still alive? Is it still around?"

"How can this be?" asks Loret Miller Ruppe, Peace Corps director. "How can Americans not know? Why aren't they given the opportunity to stand up and be proud of a government program that has tapped the spirit of America—that broad spirit of volunteerism of which President Reagan so often speaks, calling it 'A spirit that flows like a deep and mighty river through the history of our nation'? The spirit flows, but how? Where? Who has it?" And who had it?

For starters, of course, there are President Reagan and Director Ruppe. Then, John F. Kennedy. "Miss Lillian" Carter. Bill Moyers. The King of Tonga. Senator Paul Tsongas. Father Hesburgh. Sargent Shriver. Unlikely allies, but all linked through one strong common interest: the Peace Corps.

Shriver was the founding director of the Corps—which began in 1961—and served under his liberal Democrat brother-in-law, President Kennedy, who originally proposed the organization in his campaign promises. Loret Miller Ruppe, President Reagan's Peace Corps head, is—like her chief—a conservative Republican. Yet both directors testify to the enthusiastic backing of their chief executives, 20 years and political poles apart. Both directors won their White House standing through vigorous and successful election campaigning, Ruppe as cochairman of the Reagan-Bush team in Michigan.

Today, Ruppe has the formidable task of translating White House support into ongoing budgetary and policy decisions in a time of fiscal constraint and widespread American hostility to the Third World in general and, especially, to foreign aid. Nevertheless, she is confident that the Peace Corps is on the threshold of a new era of growth and public recognition, fully in harmony with President Reagan's philosophy of expanding the private-sector role in serving the public good. But it isn't easy, especially since the Peace Corps has had such a low profile in recent years that many people, even in government-centered Washington, assume that it was one of those "nice ideas" that was abandoned long ago. Fortunately, she has a diverse group of high-profile allies, many of whom know the Peace Corps from intimate experience.

In the Solomon Islands, Lawrence Piper (center), a Peace Corps volunteer from Flint, Michigan, and his coworker prepare to give a Malaita village girl a blood test for malaria.

Paul Tsongas was just out of college when he volunteered to teach in a small-town school in Ethiopia in 1962. Two years later, he came home bent on pursuing a life of public service, his world view largely shaped by his experience as a PC volunteer. Presently, four other members of Congress are alumni of the Peace Corps: Senator Christopher J. Dodd (D-CT), who once served in the Dominican Republic; members of the House, James A. Courter (R—NJ), who served in Venezuela; Thomas E. Petri (R—WI), who spent his two years in Somalia; and Tony P. Hall (D—OH), who served in Thailand.

The Peace Corps was at its peak in funding and overseas representation and Lyndon Johnson was in the White House when, in 1966, Lillian Carter, past 60, signed up. She went off from her home in Plains, Georgia, to use her nursing skills to aid a village in India. More than a decade later, it seemed only proper that President Jimmy Carter should include his PC-volunteer mother in an official delegation

Peace Corps volunteer Douglas Bryce, former power-company foreman and plant operator, helps these Malaysians learn the skills required for them to qualify as electricians.

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that was sent to India.

The King of Tonga, ruler of a tiny island kingdom in the South Pacific, is representative of scores of other heads of state who, over the past two decades, have warmly welcomed and generously praised the volunteers the U.S. Peace Corps has sent out in successive waves to help with the grassroots problems of developing countries. Many of them want far more PCVs than the U.S. is able to send.

"Father Ted" Hesburgh, the internationalist, social-activist president of the University of Notre Dame, is hardly a typical Roman Catholic priest or college president, yet he symbolizes a considerable number of educators, religious leaders and other public-spirited citizens who have taken time off from regular duties to help with planning, training and field-review activities of the Peace Corps, particularly, as in his case, in Latin America.

Agriculture volunteers in Costa Rica show host farmers how to increase food production and make a profit.

Bill Moyers, before he became President Johnson's press secretary, served as a deputy director of the Peace Corps. That experience helped to strengthen his Southern Baptist idealism and broaden his understanding of the world. It helped shape his approach to his later career as one of the nation's leading media commentators on world affairs.

Over the past two decades, the Peace Corps has enlisted and sent out to 90 countries more than 85,000 volunteers. Many of them have come back to continue their education and are now professors, doctors, lawyers or social workers. A number have gone into international trade and banking and other business endeavors. About 500 are now on the staff of A.I.D. (Agency for International Development), the principal U.S. organization for foreign assistance to the Third World. Another 1,000 returned PCVs are employed in the State Department. The Reagan Administration's director for A.I.D. is Peter McPherson, himself a Peace Corps alumnus who served in Peru.

Many other Peace Corps people have come back from overseas assignments to join in the work of various religious and nonsectarian human-service groups at home and abroad. Africare, the first major black-run organization, through

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Peace Corps Director Ruppe insists she has the best job in the Reagan Administration: "I get to work for world peace, and everyone thanks me for the work of the volunteers."

The Peace Corps assigned Clay G. Young to Guayaquil, Ecuador, to teach design for graphic arts and photo mechanics. Here, he works with children at a vocational school.

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Speaking Out

BILLY GRAHAM: THE GOSPEL TRUTH IN MOSCOW

It wasn't a clash of ideologies that sparked problems for Billy Graham on his Moscow trip, but a shocking short circuit in the Western press.

by Edward E. Plowman

If evangelist Billy Graham had it to do over again, would he go to the Soviet Union?

The answer: a resounding "Yes!"

Before setting out on his journey, Graham acknowledged the risks involved. From the White House down, there were fears the Soviets would twist his visit to suit their propaganda purposes. But, he countered, "I will have my own 'propaganda'—the Gospel—and it's more powerful."

As it turned out, Graham's greatest risk lay not with the Soviets but with the Western press, both inside and outside of Moscow. Strangely, American reporters surpassed any Soviet attempts to twist his words and, in so doing, inflicted severe damage on his credibility among millions in the West. The majority of the reporters distorted what he said, and many even attributed to him statements he never made. Moreover, they left totally unreported some highly important aspects of his 5½-day visit.

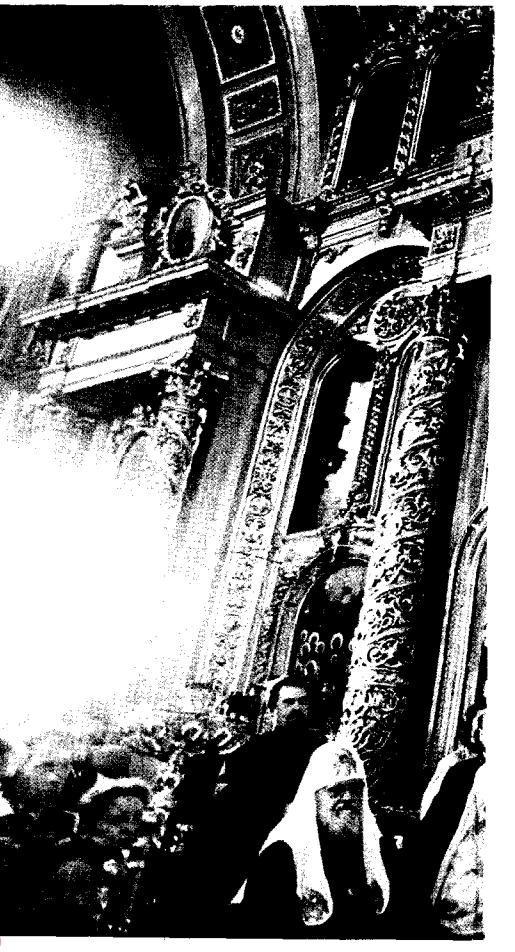
There was no conspiracy in the press to "get" Graham. In personal encounters with him, the reporters were friendly. The mistreatment of him in print came partly from their unfamiliarity with the church scene and with the jargon religious leaders use. Partly, it was the competitive pressures that face them every day: tight deadlines and shortages of help, the hope of something exclusive, the temptation to sensationalize. And partly, it was their own bitter anti-Soviet bias, the product of the unimaginable obstacles and hostility they face in their everyday work.

These strong anti-Soviet feelings surfaced frequently in news conferences with Graham. Many questions fired at him were, in reality, challenges to him to say something anti-Soviet while on Soviet soil. And when he didn't do it, the reporters kept reminding him about it in print.

Officially, Graham went to Moscow as a guest of Patriarch Pimen, primate of the Russian Orthodox Church (representing a constituency of between 30 and 50 million). Pimen had invited him to deliver a major address at an international religious leadership conference on the perils of nuclear war. It was understood, moreover, that the Baptists, who had been working for years to arrange a preaching visit by Graham, would have a strong share in his itinerary.

One of the roles the Soviet government has assigned churches in the U.S.S.R. is the propagation of Soviet views of peace. It is part of the price they must pay to keep their doors open. It is also the reason why some of Graham's friends felt he should not go. His mere presence would have propaganda value for the Soviets, they reasoned. (This forecast proved untrue, at least in the West. The same press accounts that smeared Graham gave a black eye to the Soviets. Not in recent years had the Soviet religious situation received so much press attention in the West.)

On hand to greet Graham at the Moscow international airport on that overcast Friday afternoon in early May were church officials and swarms of newspaper, wire-service and television reporters. Over the next five days, he would have more news conferences and press interviews (with both Western and



Russ Busby

Graham paid visits at random to three of Moscow's Orthodox churches during his May visit to the Soviet Union and was impressed by the large number of worshipers in attendance.

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Soviet reporters) than in any other single week in his entire life. He told the reporters and church leaders why he had come: to preach the Gospel, to inject Biblical perspectives into the nuclear-arms debate and to learn more about the lives of Christians in Soviet society.

Several TV reporters handed him envelopes on camera minutes after he stepped off the plane. "What are these?" asked the evangelist. "Letters from the Siberian Pentecostals," replied a newsman, referring to the two families who pushed past guards and took refuge four years ago in the American embassy after they failed to gain emigration visas. The seven, reduced to six this year after one returned home following a hunger strike, complained that they were being persecuted for their faith and had decided to move where there was freedom.

The newsman, who had solicited the letters from the Siberians a day earlier, began reciting their contents. They included a number of demands of Graham and of the Soviet authorities. Fresh on Soviet soil and not yet knowing the lay of the land, the flustered Graham put the letters in his pocket and said he would have no comment. As viewed on the television screen, the scene was less than flattering to Graham. It was a classic case of TV newspeople trying to create their own news, ambushing their quarry and violating journalistic ethics in the process.

Into Graham's short stay were packed numerous meetings with church and government groups, private sessions with political leaders, tours of Red Square and the Kremlin, a 100-mile round-trip journey to Russian Orthodoxy's theological center at historic Zagorsk, receptions, a concert of sacred music, a pastoral-type visit with the Siberian Pentecostals, the speech at the nuclear-arms peace conference and much more, with press interviews filling the cracks from morning until night.

On Saturday night, Graham visited at random three Orthodox churches, where crowded prayer services were in progress. Impressed, he later told reporters about them, noting with a chuckle that one would not find such crowds praying in churches on Saturday nights in his hometown of Charlotte, North Carolina. The *Christian Science Monitor* reported that he "jokingly suggested churches in Moscow were doing better than in his hometown, Charlotte." Other newspapers quoted Graham as saying churches in Charlotte do not have such crowds on *Sundays*, prompting howls of protest back home.

Russ Busby

The Grahams' church in Charlotte, North Carolina, attended by the evangelist, his wife, daughter, daughter-in-law and son, was the basis of one of the many misquotes by the Western press.

Early Sunday, a glorious spring day, the evangelist preached at the Moscow Baptist Church, the only Baptist church in a city of eight million. (The Baptists in the U.S.S.R. are an amalgam that includes not only Baptists but also Pentecostals, Evangelical Christians, Mennonites and others. A

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Russ Busby

Only a few months prior to his Soviet trip, the evangelist happily attended his son William Franklin III's ordination. "The culmination of my life's work," Graham called it.

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STRANGERS IN TOWN

Other than keeping to themselves, what had these quiet newcomers done to make the whole town ache to get rid of them?

by Shirley Jackson

Illustrated by Phil Smith

I don't gossip. If there is anything in this world I loathe, it is gossip. A week or so ago in the store, Dora Powers started to tell me that nasty rumor about the Harris boy again, and I came right out and said to her if she repeated one more word of that story to me I wouldn't speak to her for the rest of my life, and I haven't. It's been a week and not one word have I said to Dora Powers, and that's what I think of gossip. Tom Harris has always been too easy on that boy anyway; the young fellow needs a good whipping and he'd stop all this ranting around, and I've said so to Tom Harris a hundred times and more.

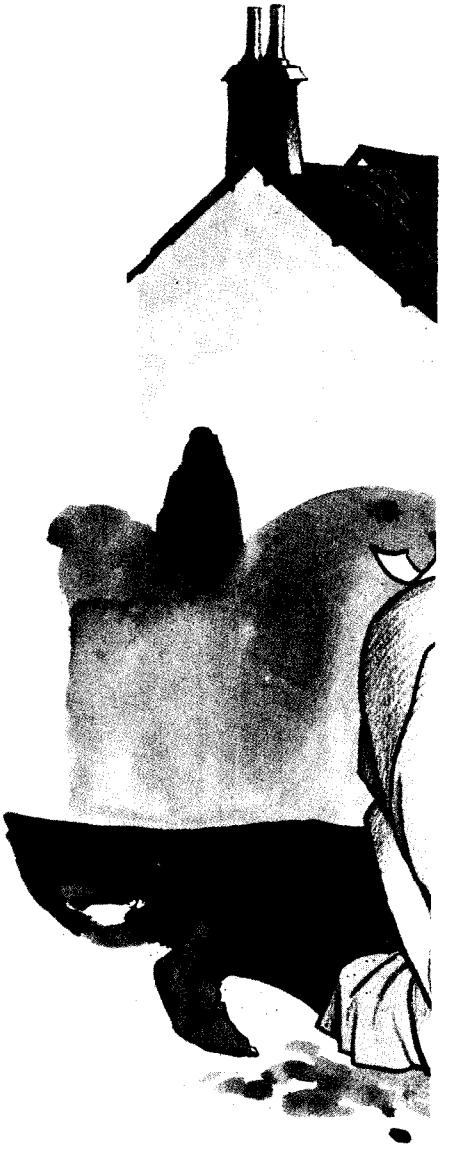
If I didn't get so mad when I think about that house next door, I'd almost have to laugh, seeing people in town standing in the store and on corners and dropping their voices to talk about fairies and leprechauns, when every living one of them knows there isn't any such thing and never has been, and them just racking their brains to find new tales to tell. I don't hold with gossip, as I say, even if it's about leprechauns and fairies, and it's my held opinion that Jane Dollar is getting feeble in the mind. The Dollars weren't ever noted for keeping their senses right up to the end anyway, and Jane's no older than her mother was when she sent a cake to the bake sale and forgot to put the eggs in it. Some said she did it on purpose to get even with the ladies for not asking her to take a booth, but most just said the old lady lost track of things, and I dare say she could have looked out and seen fairies in her garden if it ever came into her mind. When the Dollars get that age, they'll tell anything, and that's right where Jane Dollar is now, give or take six months.

My name is Addie Spinner, and I live down on Main Street, the last house but one. There's just one house after mine, and then Main Street kind of runs off into the woods—Spinner's Thicket, they call the woods, on account of my grandfather building the first house in the village. Before the crazy people moved in, the house past mine belonged to the Bartons, but they moved away because he got a job in the city, and high time, too, after them living off her sister and her husband for upward of a year.

Well, after the Bartons finally moved out—owing everyone in town, if you want my guess—it wasn't long before the crazy people moved in, and I knew they were crazy right off when I saw that furniture. I already knew they were young folks, and probably not married long because I saw them when they came to look at the house. Then when I saw the furniture go in I knew there was going to be trouble between me and her.

The moving van got to the house about eight in the morning. Of course, I always have my dishes done and my house swept up long before that, so I took my mending for the poor out on the side porch and really got caught up on a lot I'd been letting slide. It was a hot day, so I just fixed myself a salad for my lunch, and the side porch is a nice cool place to sit and eat on a hot day, so I never missed a thing going into that house.

First, there were chairs, all modern, with no proper legs and seats, and I always say that a woman who buys herself that fly-away kind of furniture has no proper feeling for her house—for one thing, it's too easy to clean around those little thin legs; you can't get a floor well-swept without a lot of hard work. Then, she had a lot of low tables, and you can't fool me with them—when you see those little low tables, you can always tell there's going to be a lot of drinking of liquor go on in that house; those little tables are made for people who give cocktail parties and need



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a lot of places to put glasses down. Hattie Martin, she has one of those low tables, and the way Martin drinks is a crime. Then when I saw the barrels going in next door, I was sure. No one just married has that many dishes without a lot of cocktail glasses, and you can't tell me any different.

When I went down to the store later, after they were all moved in, I met Jane Dollar, and I told her about the drinking that was going to go on next door, and she said she wasn't a bit surprised because the people had a maid. Not someone to come one day a week and do the heavy cleaning—a maid. Lived in the house and everything. I said I hadn't noticed any maid, and Jane said most things if I hadn't noticed them she wouldn't believe they existed in this world, but the Wests' maid was sure enough; she'd been in the store not ten minutes earlier buying a chicken. We didn't think she'd rightly have time enough to cook a chicken before suppertime, but then we decided that probably the chicken was for tomorrow, and tonight the Wests were planning on going over to the inn for dinner and the maid could fix herself an egg or something. Jane did say that one trouble with having a maid—Jane never had a maid in her life, and I wouldn't speak to her if she did—was that you never had anything left over. No matter what you planned, you

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had to get new meat every day.

I looked around for the maid on my way home. The quickest way to get to my house from the store is to take the path that cuts across the back garden of the house next door, and even though I don't use it generally—you don't meet neighbors to pass the time of day with, going along a back path—I thought I'd better be hurrying a little to fix my own supper, so I cut across the Wests' back garden. West, that was their name, and what the maid was called I didn't know, because Jane hadn't been able to find out; it was a good thing I did take the path, because there was the maid, right out there in the garden, down on her hands and knees, digging.

"Good evening," I said, just as polite as I could. "It's kind of damp to be down on the ground."

"I don't mind," she said. "I like things that grow."

I must say she was a pleasant-speaking woman, although too old, I'd think, for domestic work. The poor thing must have been in sad straits to hire out, and yet here she was just as jolly and round as an apple. I thought maybe she was an old aunt or something and they took this way of keeping her, so I said, still very polite, "I see you just moved in today?"

"Yes," she said, not really telling me much.

"The family's name is West?"

"Yes."

"You might be Mrs. West's mother?"

"No."

"An aunt, possibly?"

"No."

"Not related at all?"

"No."

"You're just the maid?" I thought afterward that she might not like it mentioned, but once it was out I couldn't take it back.

"Yes." She answered pleasant enough, I will say that for her.

"The work is hard, I expect?"

"No."

"Just the two of them to care for?"

"Yes."

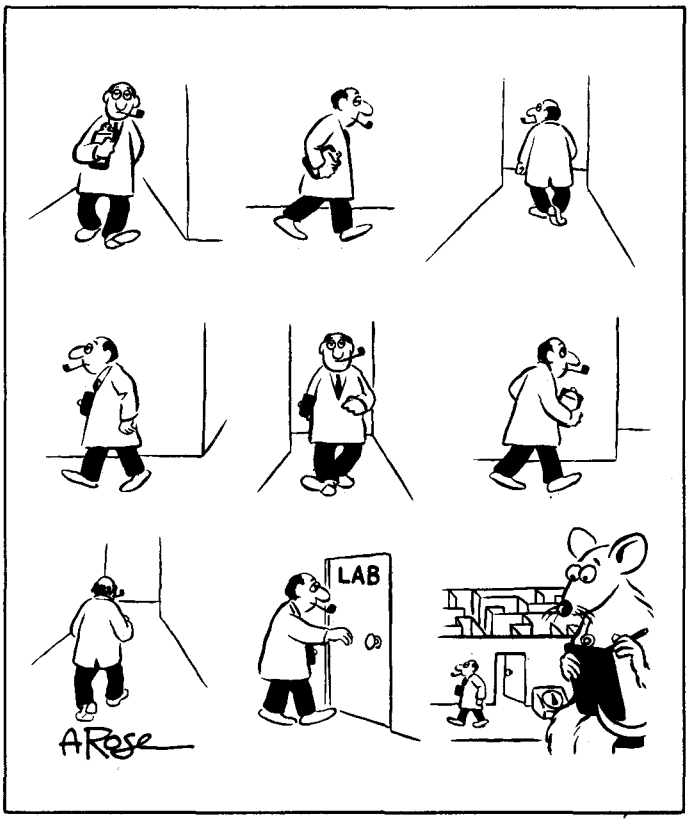
"I'd say you wouldn't like it much."

"It's not bad," she said. "I use magic a lot, of course."

"Magic?" I said. "Does that get your work done sooner?"

"Indeed it does," she said with not so much as a smile or a wink. "You wouldn't think, would you, that right now I'm down on my hands and knees making dinner for my family?"

"No," I said. "I wouldn't think that."



"See?" she said. "Here's our dinner." And she showed me an acorn, I swear she did, with a mushroom and a scrap of grass in it.

"It hardly looks like enough to go around," I said, kind of backing away.

She laughed at me, kneeling there on the ground with her acorn, and said, "If there's any left over, I'll bring you a dish; you'll find it wonderfully filling."

"But what about your chicken?" I said; I was well along the path away from her, and I did want to know why she got the chicken if she didn't think they were going to eat it.

"Oh, that," she said. "That's for my cat."

Well, who buys a whole chicken for a cat, that shouldn't have chicken bones anyway? Like I told Jane over the phone as soon as I got home, Mr. Honeywell down at the store ought to refuse to sell it to her or at least make her take something more fitting, like ground meat, even though neither of us believed for a minute that the cat was really going to get the chicken, or that she even had a cat. Come to think of it, crazy people will say anything that comes into their heads.

I know for a fact that no one next door ate chicken that night, though; my kitchen window overlooks their dining room if I stand on a chair, and what they ate for dinner was something steaming in a big brown bowl. I had to laugh, thinking about the acorn, because that was just what the bowl looked like—a big acorn. Probably that was what put the notion in her head. And, sure enough, later she brought over a dish of it and left it on my back steps, me not wanting to open the door late at night with a crazy lady outside, and like I told Jane, I certainly wasn't going to eat any outlandish concoction made by a crazy lady. But I kind of stirred it around with the end of a spoon, and it smelled all right. It had mushrooms in it and beans, but I couldn't tell what else, and Jane and I decided that probably we were right the first time and the chicken was for tomorrow.

I had to promise Jane I'd try to get a look inside to see how they set out that fancy furniture, so next morning I brought back their bowl and marched right up to the front door—mostly around town we go in and out back doors, but being as they were new and especially since I wasn't sure how you went about calling when people had a maid, I used the front—and gave a knock. I had gotten up early

Continued on page 85

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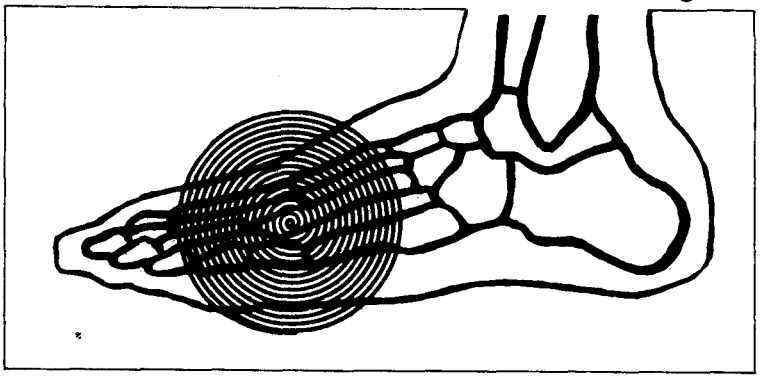
My Feet Were Killing Me...Until I Discovered the Miracle in Germany!



It was the European trip I had always dreamed about. I had the time and money to go where I wanted —see what I wanted. But I soon learned that money and time don't mean much when your feet hurt too much to walk. After a few days of sightseeing my feet were killing me.

Oh, I tried to keep going. In Paris I limped through Notre Dame and along the Champs-Elysées. And I went up in the Eiffel Tower although I can't honestly say I remember the view. My feet were so tired and sore my whole body ached. While everybody else was having a great time, I was in my hotel room. I didn't even feel like sitting in a sidewalk cafe.

The whole trip was like that until I got to Hamburg, Germany. There, by accident, I happened to hear about an *exciting breakthrough for anyone who suffers from sore, aching feet and legs.*

This wonderful invention was a custom formed foot support called Flexible Featherspring®. When I got a pair and slipped them into my shoes *my pain disappeared almost instantly*. The flexible shock absorbing support they gave my feet was like cradling them on a cushion of air. I could walk, stand, even run. The relief was truly a miracle.

And just one pair was all I needed.I learned that women also can wear them—even with sandals and open backed shoes. They're completely invisible.

Imagine how dumbfounded I was to discover that these miraculous devices were sold only in Europe. Right then I determined that I would share the miracle I discovered in Germany with my own countrymen.

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MADE FOR YOUR FEET ALONE

Here's why Featherspring work for them and *why they can work for you*. These supports are like nothing you've ever seen before. They are custom formed and made for *your feet alone!* Unlike conventional devices, they actually imitate the youthful elastic support that Nature originally intended your feet to have.

NO RISK OFFER

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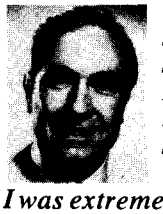

They are super—neither of us can believe the results. She has had terrible feet for years; already no pain. Incidentally, her sore knee is better . . . As a retired physician, this result is amazing."

Dr. C.O.C., Tucson, Arizona

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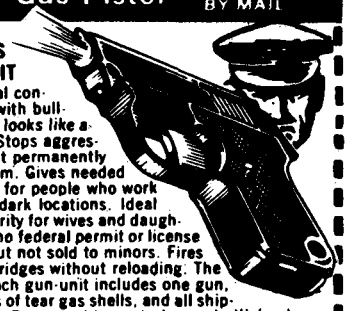

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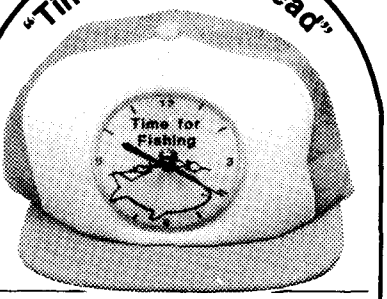

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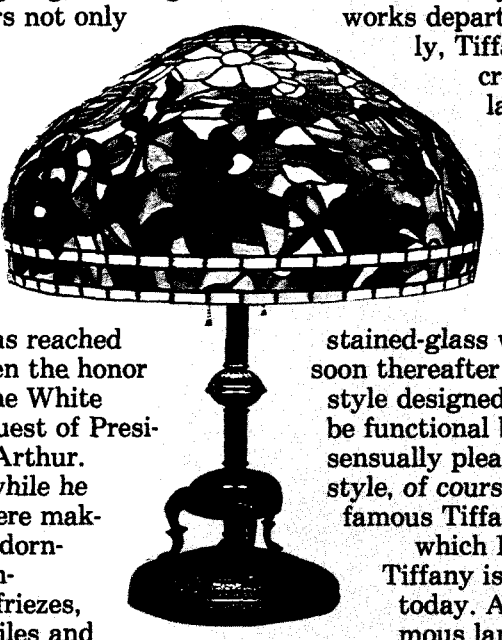
ANTIQUE SHOPPE

"Glass" and "lamp" are but the second part of a compound word in the lexicon of antique collectors, the first part being "Tiffany." Put them together and they spell artistic creations that ruled supreme in the late 19th and early 20th centuries and headed the movement known as Art Nouveau—creations that today command prices that would have caused Louis Comfort Tiffany to drop one of his spectacular stained-glass windows, or perhaps one of his even more famous lamps.

Born in New York City in 1848, Louis Tiffany, eldest son of Charles L. Tiffany, founder of the world-famous Tiffany & Company jewelry firm, prepared for his legacy of classic collectibles first by indulging in his great love for nature, painting landscapes and scenes inspired by his travels in Europe and Africa. This led, somehow, into interior designing, creating luxurious interiors not only for theaters and churches but the houses of notables such as Mark Twain, Hamilton Fish and the Vanderbilts. The pinnacle of this phase of his colorful career was reached when he was given the honor of refurbishing the White House at the request of President Chester A. Arthur.



All this time, while he and his artists were making the most of adornments such as embroideries, rugs, friezes, draperies, glass tiles and glass mosaics in their interiors, Louis was experimenting with glass and its artistic possibilities. Not satisfied with the glass then available, he set out to produce both iridescent and colored glass. Studying everything from Roman vases, which had somehow acquired a pleasing luster from lying for centuries underground, to the lowly fruit jar, he finally discovered the correct formula for producing iridescent glass. And the dazzling world of Tiffany lamps lay just ahead.

The virtue of iridescent glass —which is semitranslucent—is its ability to absorb light and become "excited" by it. And this excitement first was transferred by Louis Tiffany and his Tiffany Glass Company to stained-glass windows of every description. In the process, he established his own glass furnaces in Corona, Queens. By 1898, the Tiffany Glass & Decorating Company had 5,000 different colors and varieties of glass stored in the Corona plant. No expense was too great if it improved the quality of color or design.

Lamps and lighting fixtures, however, had to wait for the creation of Tiffany's metalworks department. Actually, Tiffany began creating the lamps as a way to make use of the numerous glass scraps left over from his stained-glass windows. And soon thereafter came a lamp style designed not only to be functional but also to be sensually pleasing. The style, of course, was the famous Tiffany lamp for which Louis Comfort Tiffany is best known today. Among his famous lamp motifs, which send serious collectors running for their checkbooks today, were the Wisteria, Peony, Turtle Back, Geometric and Spider Web.

Even these, however, did not satisfy Tiffany's obsession for bringing beautiful objects into the average home. The staggering array of items produced under the Tiffany trademark, therefore, included tobacco boxes, cigar lighters, inkstands, letter openers, penholders, candy dishes, decanters, cups, pitchers, tankards, desk sets, ash trays, enameled boxes, jewelry and tableware. Profit on these items allowed him to produce his beloved lamp shades at a price that permitted them to grace the homes of common folk.

The exclusive glass, as well as the copper rather than lead that is used to join the pieces of colored glass together, supports Tiffany's equally exclusive prices today.

Odd as today's collectors find it, Louis himself saw his win-

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dows rather than his lamps as his claim to lasting fame. And after he died, in 1933, many of his creations were destroyed or relegated to closets and attics for several decades. Now, however, a whole new generation is ransacking those closets and attics, beating the bushes, haunting flea markets and combing antique shops, hoping to come upon one of those highly prized—if highly priced—lamps created by this flamboyant innovator.

For those collectors who find the Tiffany price tag of $40,000 or more a bit immodest, all is not lost: Realistic reproductions are available. So close to the originals are the replicas produced by one artist that prestigious studios such as Christie's and Sotheby Park Bernet have mistakenly featured them in their catalogs as the real thing. There is, however, one vast difference between the originals and their counterparts, produced by Paul Crist in his small Sante Fe, California, workshop. That difference is price. Rather than starting at $40,000, the Crist models range from $4,000 to $19,000.

Visitors to Crist's can tour his library, which contains glass worth $800,000—the largest collection of such glass in the world—his cutting room and his metalworks. Most of the glass just sitting on the shelves is so colorful that the average person would be content to hang it in his window directly from the shelf. However, it is from this large stock that his colorists choose their glass for their work. Out of one whole sheet of glass, only a single inch may be used. The average waste factor from one sheet of glass is about 90 percent. The artist's choice will depend solely on his needs for the glass collage that will become a lamp shade under his skilled craftsmanship.

Original Tiffany lamps were manufactured rather than custom-made and vary in quality, thus Crist's lamps are aesthetically as good as the best of Tiffany's.

Contributions Accepted

Do you have any valuable old *Saturday Evening Posts* in your attic? If so, you may donate them and use the donation as a tax deduction. The receipts will be mailed according to the condition of the copies and the need of the SatEve-Post Museum.

Values of *Posts* range higher for J.C. Leyendecker and Norman Rockwell covers, especially the early covers. N.C. Wyeth covers, Grant Wood covers and those by John Clymer, Steve Dohanos and John Falter are also valuable to the *Post* museum collection. Donations are evaluated from $5 to $300 per copy, depending on the copy's condition.

The museum archives are open weekdays, 8:30 a.m.-5:30 p.m. by appointment. Send donations to:
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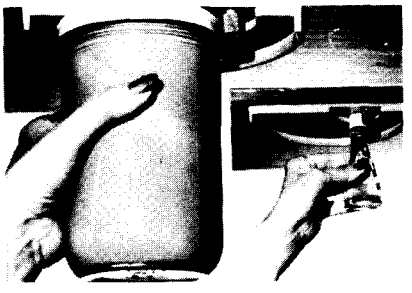

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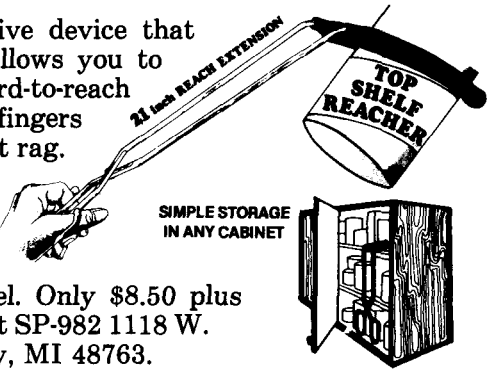

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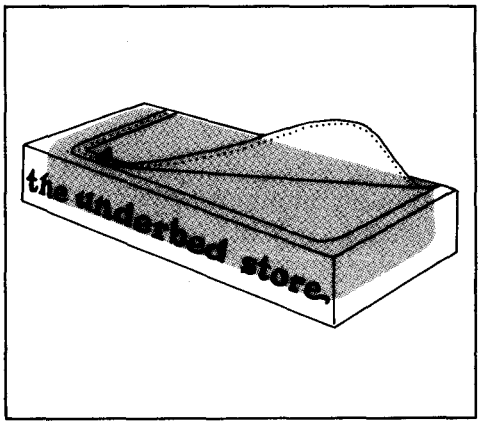

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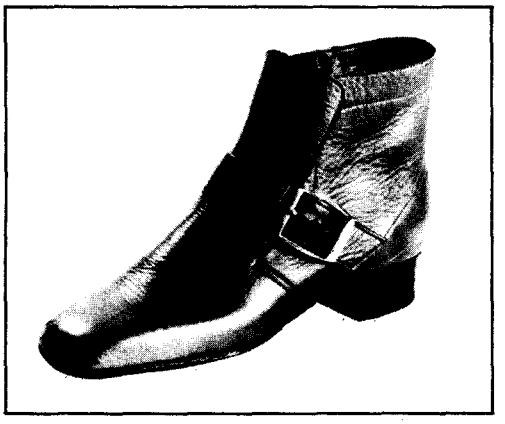

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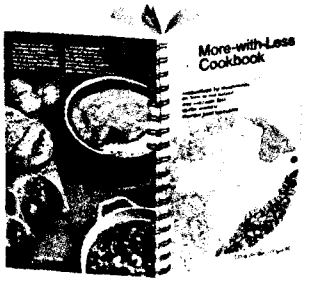

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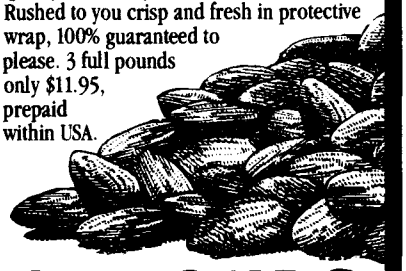

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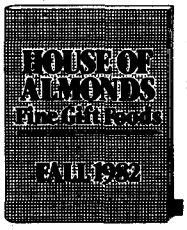

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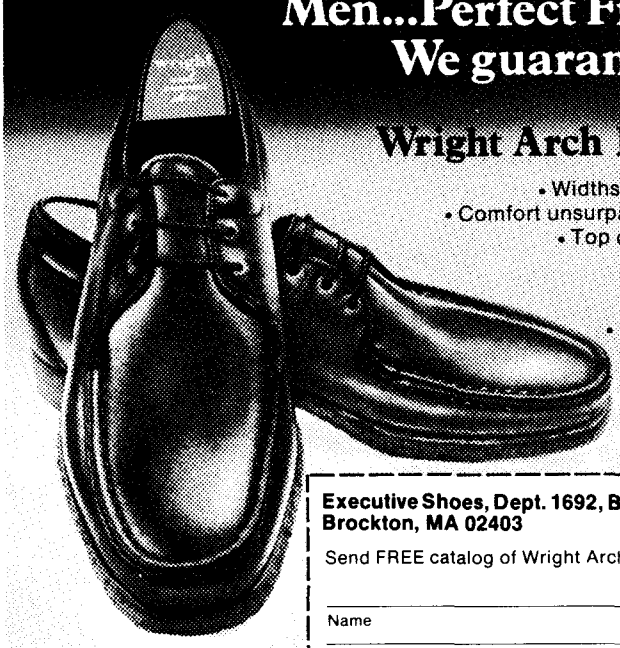

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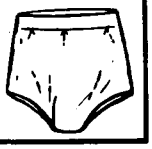

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Peace Corps

continued from page 67

which private Americans may assist the peoples of Africa, was founded and is still led by C. Payne Lucas, one-time PC director for Niger and later for all of Africa. His deputy is Dr. Joseph Kennedy, former PC director for Sierra Leone and later the regional director for East Asia and the Pacific. A number of other service agencies have recruited staff members from the ranks of the Peace Corps.

Wherever former Peace Corps volunteers live and work, they are symbols of caring concern, inclined to be active in community service and, inevitably, bridges between their hometown neighbors and visitors and immigrants from abroad. Some outside observers—and many of the volunteers themselves—believe that one of the main achievements of the Peace Corps has been the expanded and enriched education, experience and global understanding it has provided for those who have had PC assignments abroad.

However true that may be, the chief purpose of the Peace Corps today, as in the past, is to help other people in the poorer, less developed countries help themselves.

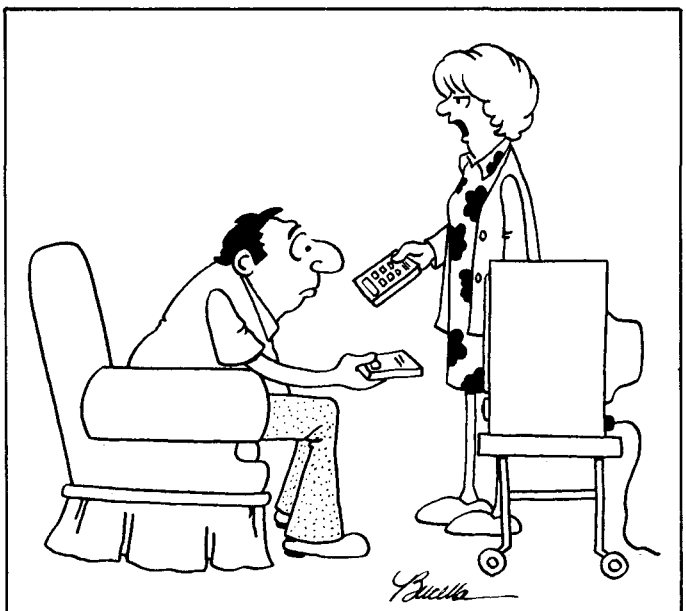
Teaching English to high school students has been one of the most common Peace Corps assignments. It may not be the most glamorous way to help poor people, perhaps, but it is essential in this age in which English has become the most widely used language for communication around the globe—especially for those who are going to become leaders.

Today, as in years past, the Peace Corps receives repeated requests for volunteers who can teach science, mathematics, agriculture and industrial arts. There seem never to be enough young Americans available to fill these demands. This has encouraged the recruiting of men and women who are in mid-career or are retired. Often these older volunteers prove to be unusually successful, particularly those with skills in auto mechanics, electrical maintenance and building construction.

At the end of October 1981, the Peace Corps' oldest, longest-serving volunteer retired at age 79, after 14 years of service in Gabon, Upper Volta and Sierra Leone. A skilled mechanic, who spent 40 years with a telephone company in Maine, Odilon ("Odie") Long started a new, exciting and immensely rewarding career after he had formally retired at age 65. The Corps could use a lot more Odie Longs.

Among other Peace Corps projects that are assisting grassroots economic development are windmills and mud-brick stoves. The shortage of energy is increasingly felt around the globe. For many poor rural people in Asia, Africa and Latin America, it is not a matter of escalating oil prices; they aren't buyers of petroleum products anyway. What bothers millions of people locked into traditional patterns of cooking and heating is the growing shortage of firewood. The Peace Corps has been trying to help with reforestation projects.

To further expand the varied activities of the Peace Corps, Director Ruppe has embarked on a program to attract more volunteers as well as more financial support from nongovernment sources.



"I thought you might be looking for this. The garage door has been going up and down for the past ten minutes."

Part of the task of broadening public awareness is simply making it known that the Peace Corps is still alive and working. Back in the Nixon Administration days, somebody had the idea that the Peace Corps should be joined to domestic volunteer-service agencies such as Vista and other organizations. So a new umbrella organization, Action, was formed. People still argue over whether or not that was a sound step. In any case, during the Carter Administration, Congress moved to separate the Peace Corps from Action, making it again an independent agency. The reshuffle was completed at the end of President Reagan's first year in office, and the Peace Corps, once more, stands on its own. This change should help to make it more visible again.

When the conservative government of Ronald Reagan arrived in Washington, there was a widespread belief that foreign aid would be drastically slashed, if not abolished. It didn't quite happen that way. Despite initial proposals by the Office of Management and Budget for cutting the A.I.D. budget in half and reducing the Peace Corps funding by about one-fourth, bipartisan support for maintaining a substantial assistance program won out. The Peace Corps allocation was held to $105 million. This represents, in actual value of the dollar, only about half the $114 million available to the Corps in 1966, when it had some 15,000 volunteers on duty in more than 70 countries. Today, there are roughly 5,000 PCVs in 60 countries.

At the grassroots of American life, schoolchildren and ordinary citizens are becoming more deeply involved. The PTA in Rosendale, New York, raised money to help the community of Casa Blanca, Colombia, build a school. The Spanish Honor Society at T. C. Williams High School in Alexandria, Virginia, has been contributing to the support of a shelter for homeless boys on the outskirts of the city of Cali, Colombia. Such projects, part of the Peace Corps partnership program launched in 1964, have led to more learning on both sides about the "partner" community and have initiated numerous "pen pal" exchanges of letters and photographs. Other partnerships with other countries have been concerned with the construction and operation of clinics, nutrition centers, gardens and other community projects.

Loret Ruppe sees the entire Peace Corps operation as a prudent national investment of long-term benefit to the countries being helped, to the interests of the United States and to the peace of the world. She is thoroughly opposed, as is the president to whom she reports, to a hand-out approach to solving people's problems at home or abroad. But the Peace Corps, she points out, is one of those down-to-earth endeavors in which the emphasis is on helping people to help themselves—and it has a track record to prove that such an approach really works.

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Strangers

continued from page 72

to make a batch of doughnuts, so I'd have something to put in the bowl when I took it back, so I knew that the people next door were up and about because I saw him leaving for work at 7:30. He must have worked in the city, to have to get off so early. Jane thinks he's in an office, because she saw him going toward the depot and he wasn't running; people who work in offices don't have to get in on the dot, Jane said, although how she would know I couldn't tell you.

It was little Mrs. West who opened the door, and I must say she looked agreeable enough. I thought, with the maid to bring her breakfast and all, she might still be lying in bed, the way they do, but she was all dressed in a pink house dress and was wide awake. She didn't ask me in right away, so I kind of moved a little toward the door, and then she stepped back and said wouldn't I come in, and I must say, funny as that furniture is, she had it fixed up nice, with green curtains on the windows. I couldn't tell from my house what the pattern was on those curtains, but once I was inside I could see it was a pattern of green leaves kind of woven in, and the rug, which of course I had seen when they brought it in, was green, too. Some of those big boxes that went in must have held books, because there were a lot of books all put away in bookcases, and before I had a chance to think I said, "My, you must have worked all night to get everything arranged so quick. I didn't see your lights on, though."

"Mallie did it," she said.

"Mallie being the maid?"

She kind of smiled, and then she said, "She's more like a godmother than a maid, really."

I do hate to seem curious, so I just said, "Mallie must keep herself pretty busy. Yesterday she was out digging your garden."

"Yes." It was hard to learn anything out of these people, with their short answers.

"I brought you some doughnuts," I said.

"Thank you." She put the bowl down on one of those little tables and then she said, "We'll offer them to the cat."

Well, I can tell you I didn't much care for that. "You must have quite a hungry cat," I said to her.

"Yes," she said. "I don't know what we'd do without him. He's Mallie's cat, of course."

"I expect he's company for Mallie," I said.

"Well, he helps her, you know," she said, and then I began to think maybe she was crazy, too.

"And how does the cat help Mallie?"

"With her magic."

"I see," I said, and I started to say good-by fast, figuring to get home to the telephone, because people around the village certainly ought to be hearing about what was going on. But before I could get to the door the maid came out of the kitchen and said good morning to me, real polite, and then the maid said to Mrs. West that she was putting together the curtains for the front bedroom and would Mrs. West like to decide on the pattern? And while I just stood there with my jaw hanging, she held out a handful of cobwebs and she had a blue jay's feather and a curl of blue ribbon, and she asked me how I liked her curtains.

Well, that did for me, and I got out of there and ran all the way to Jane's house, and, of course, she never believed me. She walked me home just so she could get a look at the outside of the house, and I will be everlastingly shaken if they hadn't gone and put up the curtains in the front bedroom, soft white net with a design of blue that Jane said looked like a blue jay's feather.

It wasn't two days after that I began finding things. Little things, and even some inside my own house. Once there was a basket of grapes on my back steps, and I swear those grapes were never grown around our village. For one thing, they shone like they were covered with silver dust, and smelled like foreign perfume. I threw them in the garbage, but I kept a little embroidered handkerchief I found on the table in my front hall.

Once I found a colored thimble on the fence post, and once my cat Samantha, that I've had for 11 years and more, came in wearing a little green collar and spat at me when I took it off.

Things like that never happened before the crazy people moved into the house next door, and I was telling Mrs. Acton so, down on the corner one morning, when young Mrs. O'Neil came by and told us that when she was in the store with her baby she met Mallie the maid. The baby was crying because he was having a time with his teething, and Mallie gave him a little green candy to bite on. We thought Mrs. O'Neil was crazy herself to let her baby have candy that came from that family and said so.

Mrs. O'Neil did tell us the next day that she didn't think the people could be all crazy, because the baby's tooth came through that night without anymore trouble.

Do you know, all this time that maid came into the store every day, and every day she bought one chicken. Nothing else.

We finally decided that he must bring food home from the city, although why Mr. Honeywell's store wasn't good enough for them I couldn't tell you. After the baby's tooth was better, Tom O'Neil took them over a batch of fresh-picked sweet corn, and they must have liked that, because they sent the baby a furry blue blanket that was so soft it never needed another, in the winter or summer.

And after being so sickly, that baby began to grow and got so healthy you wouldn't know it was the same one, even though the O'Neils never should have accepted presents from strangers.

Then I found out they were dancing next door. Night after night after night, dancing. Sometimes I'd lie there awake until 10, 11 o'clock, listening to that heathen music and wishing I could get up the nerve to go over and give them a piece of my mind. It wasn't so much the noise keeping me from sleeping—I will say the music was soft and kind of a lullaby—but peo-

Continued on page 94

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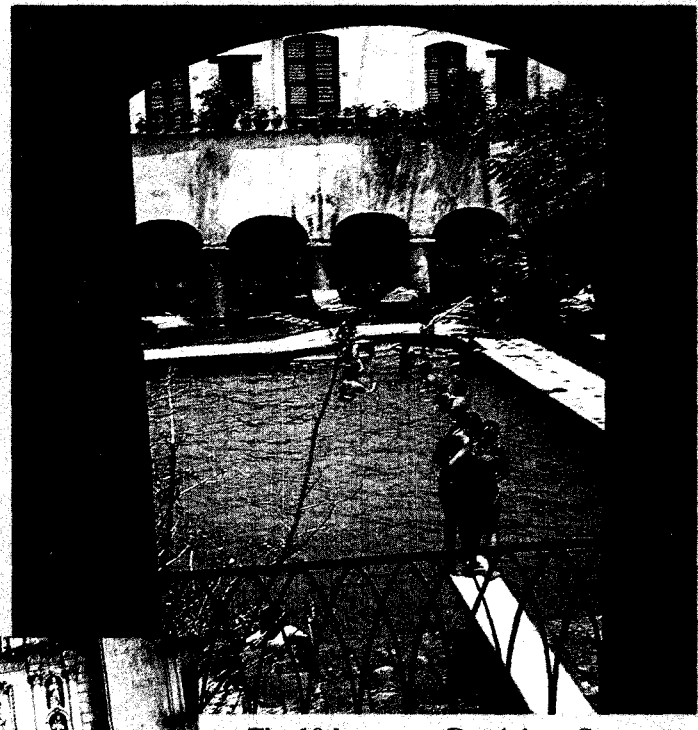
out to conquer. The Aztecs had only recently done the same to the Mixtecs and the Zapotecs. With the natives subdued, the great colonial building era began, the architectural masterpieces of which survive in the shadow of the brooding archeological ruins at nearby Mitla and Monte Albán.

Oaxaca has an air of island insularity, and it is truly a place apart—5,000 feet above sea level and 230 miles from Mexico City, well beyond the reach of day trippers. But the insular charm may be misleading; Oaxaca has spawned such revolutionaries as Benito Juárez and Porfirio Díaz.

Yet religion has made the most lasting contribution to the face of Oaxaca. There seems to be an ancient church on every corner. The Church of Santo Domingo, with its twin blue-, yellow- and green-tiled domes, is one of Mexico's finest art treasures. Just inside its massive wooden doors, the walls and curved ceiling are adorned with polychromed, high-relief faces, strategically placed on a swirling gold tree, depicting the family tree of Felix Guzman, early contributor to the church's coffers. The main altar and the altar of a side chapel, Capilla del Rosario, are dazzling in intricately carved gold. Adjoining the church is the original convent, which houses the Regional Museum of Oaxaca and the Mixtec treasures found in famed Tomb Seven at Monte Albán in 1932. Artfully crafted gold and turquoise necklaces, golden earrings, jade ceremonial rings, gold repoussé masks and alabaster urns attest to the Mixtecs' highly civilized culture and eye for beauty.

If Santo Domingo is Oaxaca's most spectacular church, the Basilica de la Soledad is its most beloved. A young student told us this story: "Long ago, before there were any roads, two men with a burro saw a stray burro carrying a strong, wooden box. '*Fuera! Fuera!*' they shouted. But the burro, instead of going away, followed the men into town, to the place where the basilica now stands, and refused to budge. Re-



The 16th-century Dominican Convent, a masterpiece of Spanish architecture, has been transformed into a grand hotel.

The haunting strains of Spanish guitars are not imaginary; strolling musicians lend a note of authenticity.

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luctantly, he allowed the men to open his box, where they found a beautiful statue of the Virgin, dressed in black and wearing pearls. The priest ordered a church built on the site." Today, the Virgin de la Soledad, as she came to be called, still stands on a side altar in the basilica.

A short distance from the basilica, but a thousand years away in time, is the Museum of Pre-Hispanic Art, which houses sculptures from the preclassical to the Aztec periods. Here stern-visaged warriors and vengeful gods stand grudgingly on display. The collection was donated to the city by Oaxaca native Rufino Tamayo, one of Mexico's leading 20th-century artists.

Perhaps the most intriguing building in Oaxaca from an architectural standpoint is the Hotel El Presidente Ex-Convento de Station Catalina, formerly a 16th-century Dominican convent that has been painstakingly restored. Wing after wing is connected by cool porticoes overlooking lush tropical gardens, each arch, each portal graced by centuries-old frescoes. The building has been designated a national treasure.

In sharp contrast to the serenity of the ex-convent, the Saturday Indian market is an explosion of color and commerce. A few years ago, when the city fathers announced that the old market would be replaced by a new one, cries of protest came from all quarters. The new market has mellowed at a rapid rate and now overflows its boundaries, while the old market still thrives. For sheer size and vigor, it's the best in the country. Women carrying baskets of fresh corn kernels line up at the tortilla machine. Small pyramids of calcium chunks, a tortilla ingredient, lie among cages of parrots, huge baskets of fresh shrimp and fish and mounds of fresh fruits and vegetables, all artistically arranged by a people who have made market day a fine art. Here, too, are the crafts of the region: finely woven blankets and serapes from Teotitlan, black pottery from San Bartolo Coyotepec and ubiquitous tin items—masks, animals and sconces—from all over Mexico.

The road to Mitla, the ancient Zapotec City, leads past Tlacolula, which has its own busy Sunday market along the walls of a lovely old church. Farther on, at Santa Maria del Tule, a giant water cypress, thought to be a thousand years old, grows in the churchyard. A few years ago, it showed signs of dying, but thanks to the installation of an underground watering system, the country's most famous tree has taken on new life.

"It needs some changes here and there, Mr. Melville."

Mitla was first settled by the Zapotecs around 800 B.C. Their temples were built as a city for the dead and were decorated with the finest stone mosaics in Mexico, if not the world. Hand-hewn stones were tightly inset in walls, in simple geometric patterns, similar to those in Greece. Mitla was overtaken by the Mixtecs around A.D. 700. The descendants of both tribes had a thriving community when Cortés arrived and do to this day.

Monte Albán is a regal city, dominating a hilltop, that overlooks the Oaxaca Valley. It, too, was built by the Zapotecs, possibly as an elite center for merchants and artisans. Begun around 1,500 B.C., at its height it was a community of some 50,000 people covering an area of 25 square miles. The oldest building is called the Temple of the Dancers, but recent scholarship suggests that the figures carved in stone, once thought to be dancers, are actually ill or deformed people and that the building was used as a hospital or school of medicine. The Zapotecs, it is known, experimented with cranial surgery.

The Great Plaza is laid out on a leveled quadrangle, with four temples marking its corners. Grand staircases lead to buildings long gone, and an astrological observatory occupies the center ground, next to the main pyramid. Human sacrifice was practiced by the Zapotecs and may well have led to their decline. Priests demanded the hearts of the finest young men, and in their ball games, the captain of the losing team was required to cut out the heart of his rival. The Mixtecs took over Monte Albán around 1,000 years ago, and the city became a necropolis. The Mixtecs, however, are credited with making the exquisite jewelry found in Tomb Seven, a treasure unmatched in the Western hemisphere.

A sojourn to Oaxaca and its ancient suburbs should perhaps begin and end in the city proper in the tree-shaded plaza with its splashing fountains, where Indian women from nearby villages sell watermelon wedges and pastries from trays balanced atop their heads. Several nights a week, *mariachi* and *marimba* bands give rousing concerts in the cupolated gazebo. Flanking the plaza, 16th-century colonnaded arches, their squat columns strongly reminiscent of those in northwest Spain, shelter shops, restaurants and sidewalk cafes. Here, foreign visitors may reflect on what they have seen, while the people of Oaxaca, the Oaxaquenos, who have survived beyond the rise and fall of several great civilizations, quietly continue their millennial pursuit of people watching.

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FOOD

HIGH FIBER WITH FLAVOR

The body needs fiber, and a good way to get it is naturally, by adding high-fiber ingredients to salads, main dishes and desserts.

by Allen Simon

Not everything was good about the good old days, but one thing *was*, for certain—delicious home-baked bread. Eating it was a delight. But it was not the passing of this pleasure (which few can remember anyway) that is most lamentable; it is the loss of something more basic from our daily diets that went out at about the same time—whole-grain fiber and bran, lost to technical advances in food refinement.

For more than a decade now, certain doctors and scientists have been decrying the fiberless state of contemporary foodstuffs. Fiber, as most people now know, is the indigestible part of food—the bulk which holds its form through digestion and acts as a natural cleanser of the intestinal system. Without it, studies have shown, the incidence of such medical problems as constipation, spastic colon and diverticular disease increases. Lack of fiber may also be related to hemorrhoids and appendicitis as well as to cancer of the colon.

Today, fiber is making a comeback. Cereal makers have introduced fiber and bran products that many find tastier than the old standbys of cornflakes and puffed wheat. Whole-wheat bread has appeared on the shelves next to pale white.

How much fiber is necessary? Excellent results in relieving common colon disorders have been achieved with the addition of 1/2 an ounce of bran (roughly one heaping teaspoon) and appropriate fruits and vegetables such as carrots, apples, oranges and Brussels sprouts to every meal. This half ounce of pure bran translates to about 2/3 cup of whole-grain wheat meal, a source of fiber that may actually be more effective than pure bran.

Although vegetables and fruits also contain fiber, you could eat tossed salads all day long and not ingest the amount of fiber that can be found in just one bowl of bran cereal. There are many more effective ways to add fiber to your diet. When making stuffings for chicken, cabbage rolls or peppers, use whole-grain bread. Whole-meal flour is a tasty substitute for refined when breading meats and fish. Brown rice is a must, as well as pasta made from whole-meal spaghetti and macaroni. These are healthier and more flavorful than those from refined ingredients.

Nuts and seeds and some berries such as raspberries, blackberries and logan berries provide dietary fiber. Add them to salads whenever possible. Next to pure bran, carrots, apples, Brussels sprouts, oatmeal and eggplant, cabbage and maize have the highest "swellability" ratio (in that order) and thus absorb the most moisture and are most effective in digestion.

The following recipes illustrate some dishes you can devise to make high-fiber dining a habit in your home:

Hershel's Bean and Barley Soup

(4 to 6 servings)

2 cups lentils
1 cup split peas
1 cup navy beans
1 cup barley
1 cup brown rice
1 gallon vegetable stock, beef stock or water
1 large clove garlic
1 large onion, sliced thin
1½ teaspoons black pepper
2 teaspoons chili powder
Tamari (optional)
1 lemon, sliced thin

Wash the lentils, peas, beans, barley and rice very carefully. Place them in a large soup pot and add the vegetable stock, beef stock or water. Add the garlic and onion. Bring to a boil and cover. Reduce heat and simmer for 2 hours or until the beans are tender. If the beans absorb too much of the liquid, add water. When the beans are tender, add the pepper, chili powder and tamari if desired. Cook about 15 minutes longer. Serve in a soup tureen and garnish with thin lemon slices.

Wheat Cereal Muffins

(2 dozen)

3 cups quick-cooking wheat cereal
1 cup boiling water
½ cup vegetable oil
1½ cups brown sugar or 1 cup honey
2 eggs, beaten
2 cups buttermilk
2½ cups whole-wheat flour
2½ teaspoons baking soda

Preheat the oven to 400 degrees F. Pour the boiling water over the wheat cereal and stir. Let stand until well soaked. In another bowl, combine the vegetable oil, brown sugar or honey, eggs and buttermilk. Beat until well blended; then stir the mixture into the wheat cereal. Sift together the flour and soda. Add to the batter and stir just until all the dry ingredients are moistened. Spoon the batter into oiled muffin cups, filling each just 2/3 full. Bake 15 to 20 minutes or until a wooden pick inserted near the center of a muffin comes out clean.

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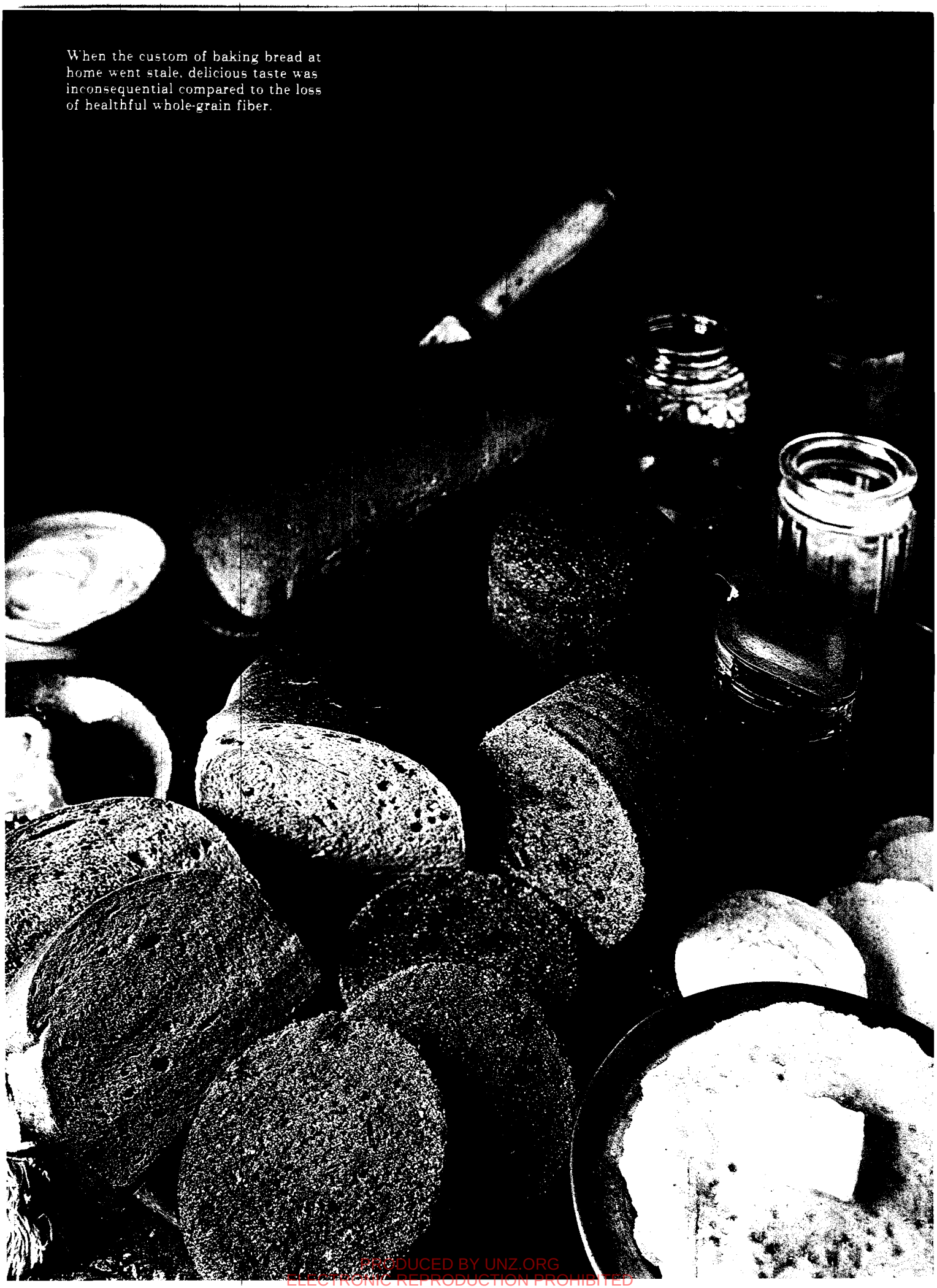
When the custom of baking bread at home went stale, delicious taste was inconsequential compared to the loss of healthful whole-grain fiber.



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Layered Casserole with Wheat Germ
(4 to 6 servings)

¾ pound zucchini (3 medium)
1 cup grated sharp Cheddar cheese
¾ cup wheat germ
1 egg
2 tablespoons whole-wheat flour
½ pound lean ground beef
½ cup finely chopped celery
1 small onion, finely chopped
1 medium clove garlic, minced
¼ teaspoon pepper
18-ounce can tomato sauce

Shred or chop the zucchini and drain it in a sieve, pressing with the back of a spoon to remove as much moisture as possible. Mix the drained zucchini with ½ cup of the cheese, ¼ cup of the wheat germ and the egg. Press the mixture into the bottom of a 1½-quart baking dish. Sprinkle with the flour. Crumble the ground beef into a skillet. Add celery, onion, garlic and pepper. Cook until the beef is browned. Pour off and discard any excess fat. Preheat the oven to 400 degrees F. Stir the remaining ½ cup of wheat germ and half of the tomato sauce into the meat mixture. Spoon it into the baking dish over the zucchini layer. Pour the remaining tomato sauce over the top and sprinkle with the remaining ½ cup of cheese. Bake 30 minutes.

Jan's Super Granola
(about 10 cups)

1 cup honey
1 cup vegetable oil (cold-pressed oil recommended)
4 cups uncooked oatmeal
2 cups flaked rye
1 cup poppy seeds
1 cup pumpkin seeds
1 cup sunflower seeds
2 cups sesame seeds
1 cup unsweetened flaked coconut
1 cup powdered whey or nonfat dry milk powder
1 cup wheat germ

Preheat the oven to 275 degrees F. In a small bowl combine the honey and oil. Stir until blended. In a very large bowl combine the oatmeal, flaked rye, poppy seeds, pumpkin seeds, sunflower seeds, sesame seeds, coconut and powdered whey or milk. Stir until mixed evenly. Pour the honey-oil mixture over the dry ingredients and stir until blended. If the mixture is too dry, add a little more oil and honey. Spread the mixture on cookie tins and bake 40 to 45 minutes, or until an even golden-brown color, stirring once every 5 minutes of the baking time. Cool and store in covered glass jars in the refrigerator.

Green Salad with Cottage Cheese Dressing

4 cups greens (escarole, garden lettuce, spinach, watercress, etc.)

Dressing:
½ cup low-fat cottage cheese
4 tablespoons plain yogurt
2 tablespoons wheat bran cereal
2 teaspoons cider vinegar
½ teaspoon artificial sweetener
2 tablespoons minced chives
2 tablespoons chopped celery
Pepper

Wash the salad greens. Tear them into bite-sized pieces. Dry thoroughly and chill. Spin the cottage cheese with the yogurt, bran, sweetener and vinegar in a blender. Pour into a bowl and stir in the chives and celery. Season to taste with pepper. Serve in salad bowls and top with dressing.

Fruits, nuts and whole grains have supplied man's fiber needs since earliest times. Don't abandon these delicious ingredients for artificial fillers and processed fast-food snacks.

Golf

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in. And when his putt headed straight for the cup—a rarity for Joe—he, of course, had to wait. The sprinkler caught him full blast.

That still was not the reason Joe's wife left the dance by the back door or why Joe hasn't spoken to me since. If he hadn't challenged me to drive off the 13th tee toward the clubhouse to see which of us would pick up the evening's tab, I think we would be friends today. But what happened was, he swung so hard that his toupee flew off. In the gloom, and with that strap covering the top part of his glasses, he had mistaken a divot for his hairpiece.

My wife and I had often debated whether Joe's hair was his own. On one thing we agreed: If store-bought, it had been bought at a good price, because at times you'd think one way and at other times the other way. But it wasn't until we were back in the locker room trying to get Joe refurbished that I knew for sure which way it was.

But how do you tell a fellow, who has obviously spent a small fortune to fool his friends, that he has replaced his scalp shroud with a divot? It was one of those moot things—damned if you do and damned if you don't. I didn't.

I was hoping, what with Joe in rumpled shirt sleeves, crumpled tie, accordionated trouser legs, jumpy forehead, a limp and glasses held on with a strap from his pull cart, that the divot wouldn't be all that noticeable. But the grass had come from a watered part of the course, and that green shading really caught the light.

Joe's wife required but one look to send her scurrying out the back door. And though it took some doing, I finally bribed my wife to dance one dance with Joe before we took him home. He hasn't thanked me, but it's pretty hard to thank a guy you aren't speaking to.

Joe's hairpiece remained thumbtacked to the bulletin board for a couple of weeks, then went into the lost-and-found box. Someone said that Joe has resigned from the club. But I certainly hope not. We all liked Joe. He always made the rest of us look so good.

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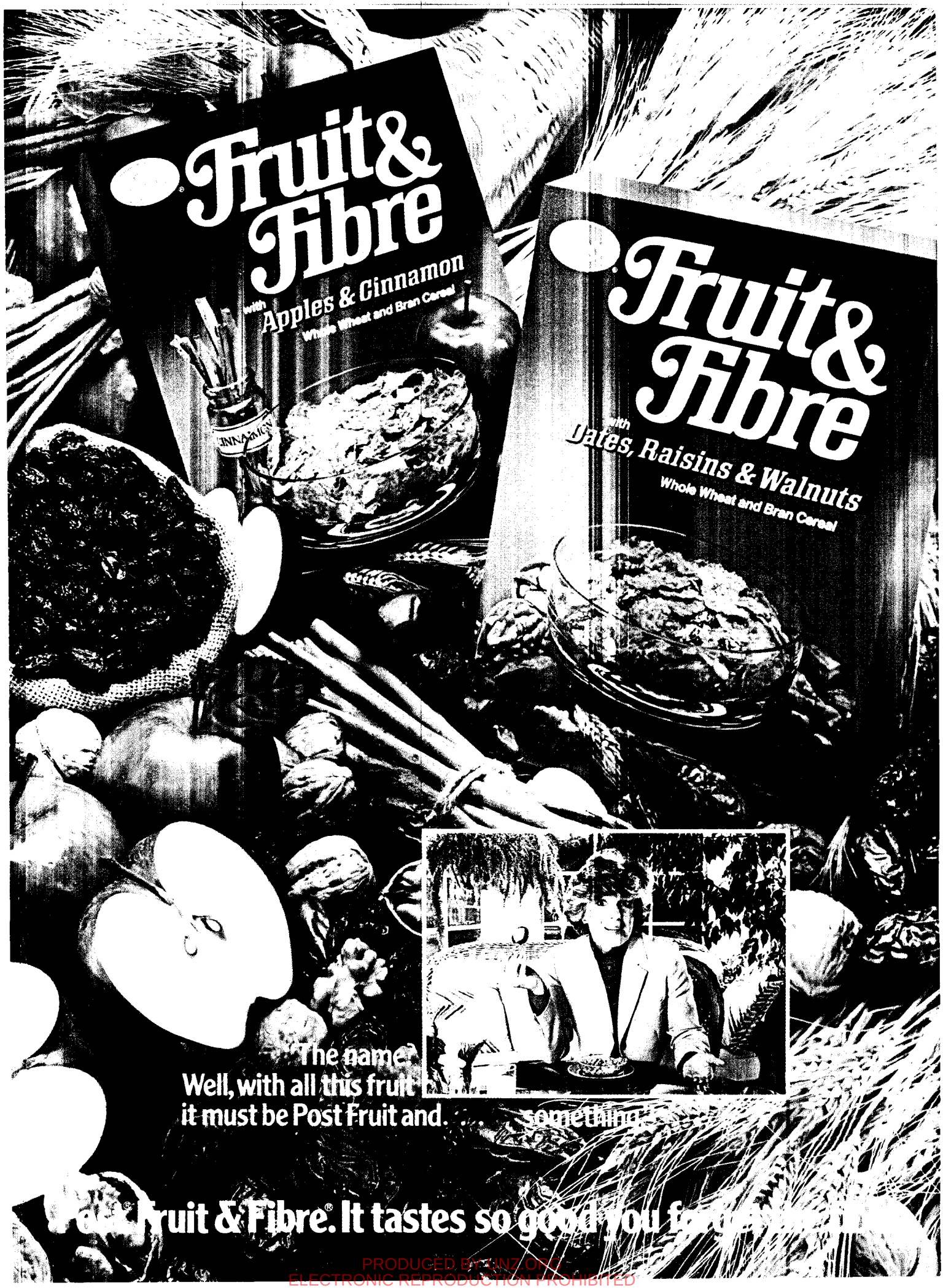
Fruit & Fibre
with Apples & Cinnamon
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Fruit & Fibre. It tastes so

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Strangers

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ple haven't got any right to live like that. Folks should go to bed at a sensible hour and get up at a sensible hour.

I do wish I could have nerved myself to go right up to that front door and knock some night.

Well, I couldn't nerve myself, and that's the gracious truth. Down at the store I told Mary Corn I couldn't do it. "They're foreigners, that's why," I said. "They don't rightly seem to understand what a person says."

"If they're foreigners," Dora Powers put in, being at the store to pick up some sugar to frost a cake, "it stands to reason there's something wrong to bring them here."

"You can't treat them the same as you'd treat regular people," I said. "I went inside the house, remember, although not as you might say to pay a call."

So then I had to tell them all over again about the furniture and the drinking—and it stands to reason that anyone who dances all night is going to be drinking, too—and my good doughnuts from my grandmother's recipe going to the cat. And Dora, she thought they were up to no good in the village. Mary said she didn't know anyone who was going to call, not being sure they were proper, and then we had to stop talking because in came Mallie the maid for her chicken.

You would have thought I was the chairman of a committee or something, the way Dora and Mary kept nudging me and winking that I should go over and speak to her, but I wasn't going to make a fool of myself twice, I can tell you. Finally Dora saw there was no use pushing me, so she marched over and stood there until the maid turned around and said, "Good morning."

Dora came right out and said, "There's a lot of people around this village, miss, would like to know a few things."

"I imagine so," the maid said.

"We'd like to know what you're doing in our village," Dora said.

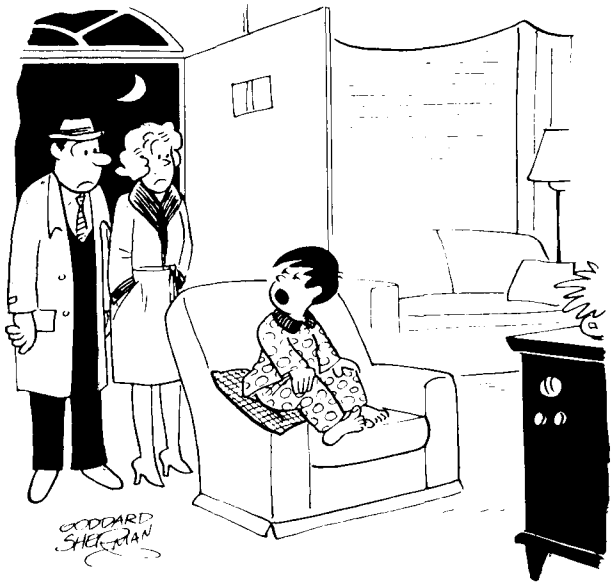
"We thought it would be a nice place to live," the maid said. You could see that Dora was caught up short on that, because who picks a place to live because it's nice? People live in our village because they were born here; they don't just come.

I guess Dora knew we were all waiting for her, because she took a big breath and asked, "And how long do you plan on staying?"

"Oh," the maid said, "I don't think we'll stay very long, after all."

"Even if they don't stay," Mary said later, "they can do a lot of harm while they're here, setting a bad example for our young folk."

Jane came in right then, and she had heard that all the children in town had taken to dropping by the house next door to bring dandelions and berries from the woods—and from their own fathers' gardens, too, I'll be bound—



"The sitter escaped!"

and the children were telling around that the cat next door could talk. They said he told them stories.

Well, that just about did for me, you can imagine. Children have too much freedom nowadays anyway, without getting nonsense like that into their heads. We asked Annie Lee when she came into the store, and she thought somebody ought to call the police on them, so it could all be stopped before somebody got hurt. She said, suppose one of those kids got a step too far inside that house—how did we know he'd ever get out again?

And don't you think it was the very next day that they stole the littlest Acton boy? Not quite three years old, and Mrs. Acton so busy with her Garden Club she let him run along into the woods with his sister, and first thing anyone knew they got him. Jane phoned and told me. She heard from Dora, who had been right in the store when the Acton girl came running in to find her mother and tell her the baby had wandered away in the woods, and Mallie the maid had been digging around not ten feet from where they saw him last. Jane said Mrs. Acton and Dora and Mary Corn and half a dozen others were heading right over to the house next door, and I better get outside fast before I missed something, and if she got there late to let her know everything that happened. I barely got out my own front door when down the street they came, maybe 10 or 12 mothers, marching along so mad they never had time to be scared.

"Come on, Addie," Dora said to me. "They've finally done it this time."

I knew Jane would never forgive me if I hung back, so out I went and up the front walk to the house next door. Mrs. Acton was ready to go right up and knock, because she was so mad, but before she had a chance the door opened and there was Mrs. West and the little boy, smiling all over as if nothing had happened.

"Mallie found him in the woods," Mrs. West said, and Mrs. Acton grabbed the boy away from her; you could tell they had been frightening him by the way he started to cry as soon as he got to his own mother. All he would say was "kitty," and that put a chill down our backs, you can imagine.

Mrs. Acton was so mad she could hardly talk, but she did manage to say, "You keep away from my children, you hear me?" And Mrs. West looked surprised.

"Mallie found him in the woods," she said. "We were going to bring him home."

"We can guess how you were going to bring him home," Dora shouted, and then Annie Lee piped up, from well in the back, "Why don't you get out of our town?"

"I guess we will," Mrs. West said. "It's not the way we thought it was going to be."

That was nice, wasn't it? Nothing riles me like people knocking this town, where my grandfather built the first house.

"Foreign ways!" I said. "You're heathen wicked people, with your dancing and your maid, and the sooner you leave this town, the better it's going to

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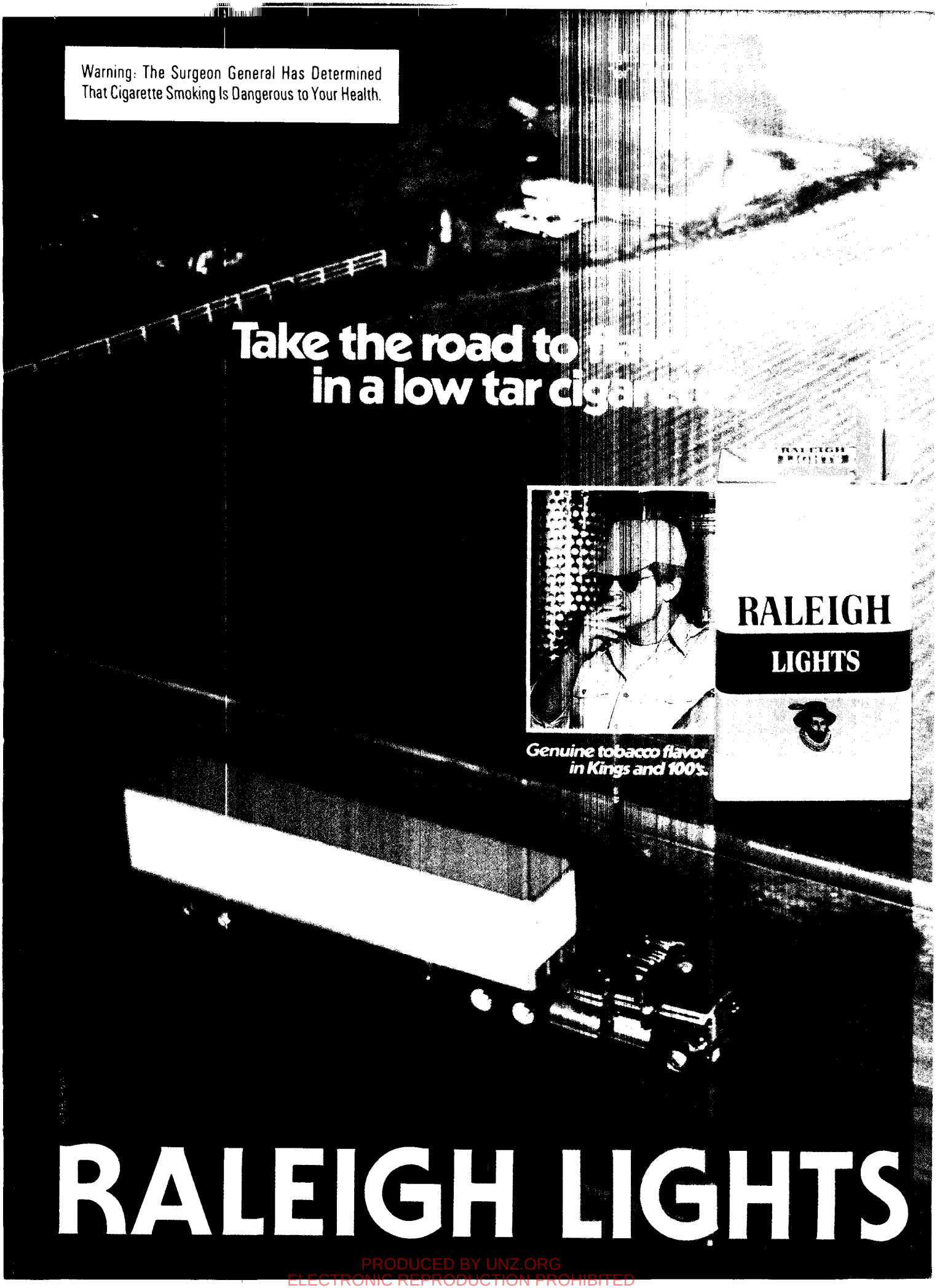
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Strangers

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be for you. Because I might as well tell you"—and I shook my finger right at her—"that certain people in this town aren't going to put up with your fancy ways much longer, and you would be well advised—very well advised, I say—to pack up your furniture and your curtains and your maid and cat and get out of our town before we put you out."

Anyway, right then we found out they had given the little boy something, trying to buy his affection, because Mrs. Acton pried it out of his hand, and he was crying all the time. When she held it out, it was hard to believe, but of course with them there's nothing too low. It was a little gold-colored apple, all shiny and bright, and Mrs. Acton threw it right at the porch floor, as hard as she could, and the little toy shattered into dust.

"We don't want anything from you," Mrs. Acton said, and as I told Jane afterward, it was terrible to see the look on Mrs. West's face. For a minute she just stood there looking at us. Then she turned and went back inside and shut the door.

Someone wanted to throw rocks through the windows, but, as I told them, destroying private property is a crime and we might better leave violence to the menfolks, so Mrs. Acton took her little boy home, and I went in and called Jane.

I hadn't any more than gotten Jane on the phone when I saw through the hall window that a moving van was right there next door, and the men were starting to carry out that fancy furniture. Jane wasn't surprised when I told her over the phone. "Nobody can get moving that fast," she said. "They were probably planning to slip out with that little boy."

"Or maybe the maid did it with magic," I said, and Jane laughed.

"Listen," she said, "go and see what else is going on—I'll hang on the phone."

There wasn't anything to see, even from my front porch, except the moving van and the furniture coming out; not a sign of Mrs. West or the maid.

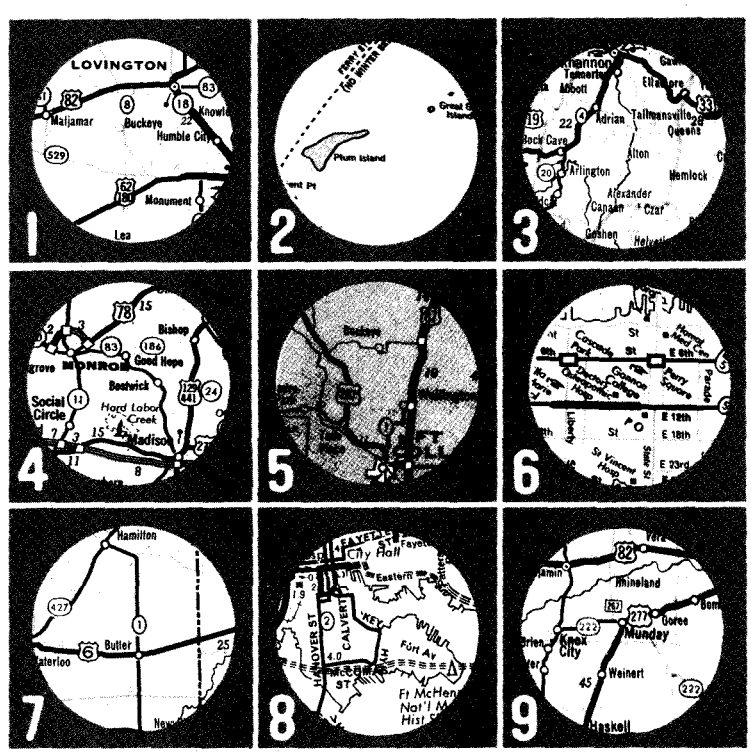
"He hasn't come home from the city yet," Jane said. "I can see the street from here. They'll have news for him tonight."

That was how they left. I take a lot of the credit for myself, even though Jane tries to make me mad by saying Mrs. Acton did her share. By that night they were gone, bag and baggage, and Jane and I went over the house next door with a flashlight to see what damage they left behind. There wasn't a thing left in that house—not a chicken bone, not an acorn—except for one blue jay's wing upstairs, and that wasn't worth taking home.

One more thing. My cat Samantha had kittens. That may not surprise you, but it sure as judgment surprised me and Samantha, her being over 11 years old and well past her kitten days, the old fool. But you would have laughed to see her dancing around like a young lady cat, just as light-footed and as pleased as if she thought she was doing something no cat ever did before; and those kittens troubled me somehow.

Folks don't dare come right out and say anything to me about my kittens, of course, but they do keep on with that silly talk about fairies and leprechauns. And there's no denying that the kittens are bright yellow, with orange eyes, and much bigger than normal kittens have a right to be. Sometimes I see them all watching me when I go around the kitchen, and it gives me a cold finger down my back. Half the children in town are begging for those kittens—"fairy kittens" they're calling them—but there isn't a grown-up in town would take one.

Jane says there's something downright uncanny about those kittens, but then Jane would even gossip about cats, and I may never speak to her again in all my life. She won't tell me what folks are saying about my kittens, and gossip is one thing I simply cannot endure. ✠



Rand McNally

Where Do You Think You Are?

East or West, North or South, each of the distinctive areas above appears on the map of a single city, state or province. In terms of routes, state parks, mountains and memorials, there is, as the saying goes, "no place like it." Can you identify these locations? If you or a friend find the game too easy (but you won't) add the requirement that you place the area north, south, east, west or central in the designated locale.

(Answers on page 108)

Klugman

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The short-tempered, multimooded Klugman is on the board of directors for C.I.C.C., an organization for abused children. This involvement came about as an osmosis through "Quincy." As Klugman relates it, "On every show we do, our research is authentic, documented; and if there ever is a mistake, it's an unknowing one. In doing the research on this particular show concerning abused children, I became absorbed in the problem."

Jack Klugman has experienced a myriad of life's challenges and treasures, professing not to be a man of perfection but a man who truly draws a conclusion through evidence and education. "I hate to pass myself off as a model parent," he says. "I was not. I loved my children, but I didn't hit them. I wasn't as strong a disciplinarian as I would have liked to have been. But if I had a child now, I think I'd raise him very well. I have, at least, learned that." ✠

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Ford

continued from page 53

Stuart Frey.

Besides, the most urgent questions about Ford involve not what the model looks like, but what the financial structure of the company looks like in these difficult days. The Ford Motor Company lost a total of $2.6 billion in 1980 and 1981. It began meeting the problem before the depressing numbers were in: It cut its annual costs by $2.5 billion between 1979 and 1981, and it was seeking to cut another billion dollars in 1982.

All of this is important to Edsel Ford, to Ford Motor Company and, indeed, to the whole auto industry. For it points the way to economy—and survival. In 1980, Ford had to sell 3.7 million cars and trucks to break even on its U.S. operations. This year, it could break even with sales of three million units, or about 19 percent fewer than in 1980. The process of shaping hard deadlines based on hard information is an important part of that improvement, which is why this test run is so important.

"Heading for home now," said Bob Harrison on the CB. The motorcade was looser now. The crowding of the evening rush hour on the outskirts of Detroit was breaking it into segments, and the drivers felt less need to keep in contact with the car up front and the car behind. "We'll meet for a debriefing in the Experimental Garage in Dearborn," said Harrison.

We eased off the interstate near Detroit and soon were cruising down the broad avenues of Dearborn, Michigan, with Edsel delivering a travelogue. "That's the 'Rouge'"—once the pulsing center of the vast Ford manufacturing empire. "And there's the Dearborn Inn. . .the first airport hotel in the country"—there used to be an airport across the road from it where the sturdy old Ford trimotors were flown out after manufacture.

At 5:25 p.m., we swung into the Experimental Garage, past pieces of cars that had been "tested to destruction," past a variety of new models, past a vehicle that looked very much like the once super-secret Concept 90. The trip was ended, but the work was not. The first task was to fill out the basic trip report—a yellow chart about the size of notebook paper that asked for a rating of all six cars in 51 different categories. Then there was the debriefing, which would start literally in moments. And after that, there'd be the long, scrupulous examination of the cars and of everything that happened to them on the test run.

The easiest and most compelling statistic that many people looked at was gas consumption. It was measured for all six test cars for the entire trip—for the run from Dearborn to Pittsburgh as well as the cross-country trip back to Dearborn. That was a total of 700 miles over two days of driving, with at least a dozen different people at the wheel of each car on roads of almost every possible kind. Thus, whatever emerged as the gas consumption was not carefully sculpted from special tests designed to raise the figure. It was something real, rather than something hand-tooled to attract potential buyers.

All of the 1983 prototypes did better than the 1982 production cars used in the test run. One did 5.7 miles per gallon better than the best 1982 car.

The smallest and the biggest of the 1983 prototype engines turned in the best gas-consumption figures. The smallest was, of course, the 4-cylinder LTD; it came in at a figure of 25.3 miles per gallon. The biggest was the top-of-the-line Marquis; it came in at a figure of 24.8 miles per gallon.

The information gathered on this trip has already been formulated into the decision-making process at Ford. The designs of these cars have been hardened and turned over to the production people. The 1983 LTDs are expected to be unveiled to the public early in October. The engineers are looking forward to the start of production as much as the buying public. "We'll take 10 of the first 100 or 150 cars at random off the production line to see if they're meeting all our expectations," said Frey. This is not really a test of design or the engineering; that is all over. This is a test of the quality of the new cars in production—whether they are literally what the designers and engineers expected them to be and, if not, how the quality of the car can be raised. "Then we'll take 50 cars off the next production run of several hundred cars or so and test them again, to make sure they're doing what we expect them to do." The process goes on and on as Ford, like other U.S. carmakers, seeks to make certain that the 1983 models they will put on the showroom floors meet all expectations—their own *and* the buyers'.

The substance in all this is the interrelated aspects of change—change in design, change in economics of the company, change in the leadership of the industry, each resting on the other and all coming together as a whole. Edsel Ford is deeply involved in that substance, personally and symbolically. He is the symbol of the changes taking place all through Ford Motor Company, of the new generation of men and machines that is maturing in the industry. He'll know by year's end something about the success of the new generation of LTDs. We'll all know by decade's end something about the evolving success—or failure—of the new generation of automobile leadership. This reflects the difference in measuring men and machines: The tests of the LTD and other models are brief, while the tests of Edsel Ford will go on through history.

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IN YOUR OWN CITY, there are people wondering where tonight's supper will come from. They are out of work...maybe sick...their children are dressed in hand-me-down rags...

They are crying alone in a world of people who don't care. Federal budget cutbacks have limited many assistance programs and in many cases actually threaten the meager existence of thousands of mothers, dads, and pitiful children.

No doubt you are concerned about these needs. You care...but just don't know how to get involved.

Recently, the PTL Television Network, known for the popular Christian talk show with Jim Bakker, unveiled the **People That Love Center** concept. Almost overnight, hundreds of pastors responded to the need, pledging to establish **People That Love Centers** at their churches to help their communities.

A Helping Hand

Each center provides counseling plus necessary food and clothing for the needy in the area.

Without the bother and embarrassment of red tape, these centers seek to provide a helping hand to those seeking assistance.

Foremost at these church centers is a caring atmosphere where those who come find someone who cares enough to listen to their problems and help them find practical answers to their needs. While the church invites each family to attend its services if they are not members elsewhere, it certainly is not required.

Food For The Hungry

Each center is stocked with basic food staples. **People That Love Center** volunteers assist those in need in choosing food items to provide healthy, nutritious meals.

Many of these havens also provide prepared

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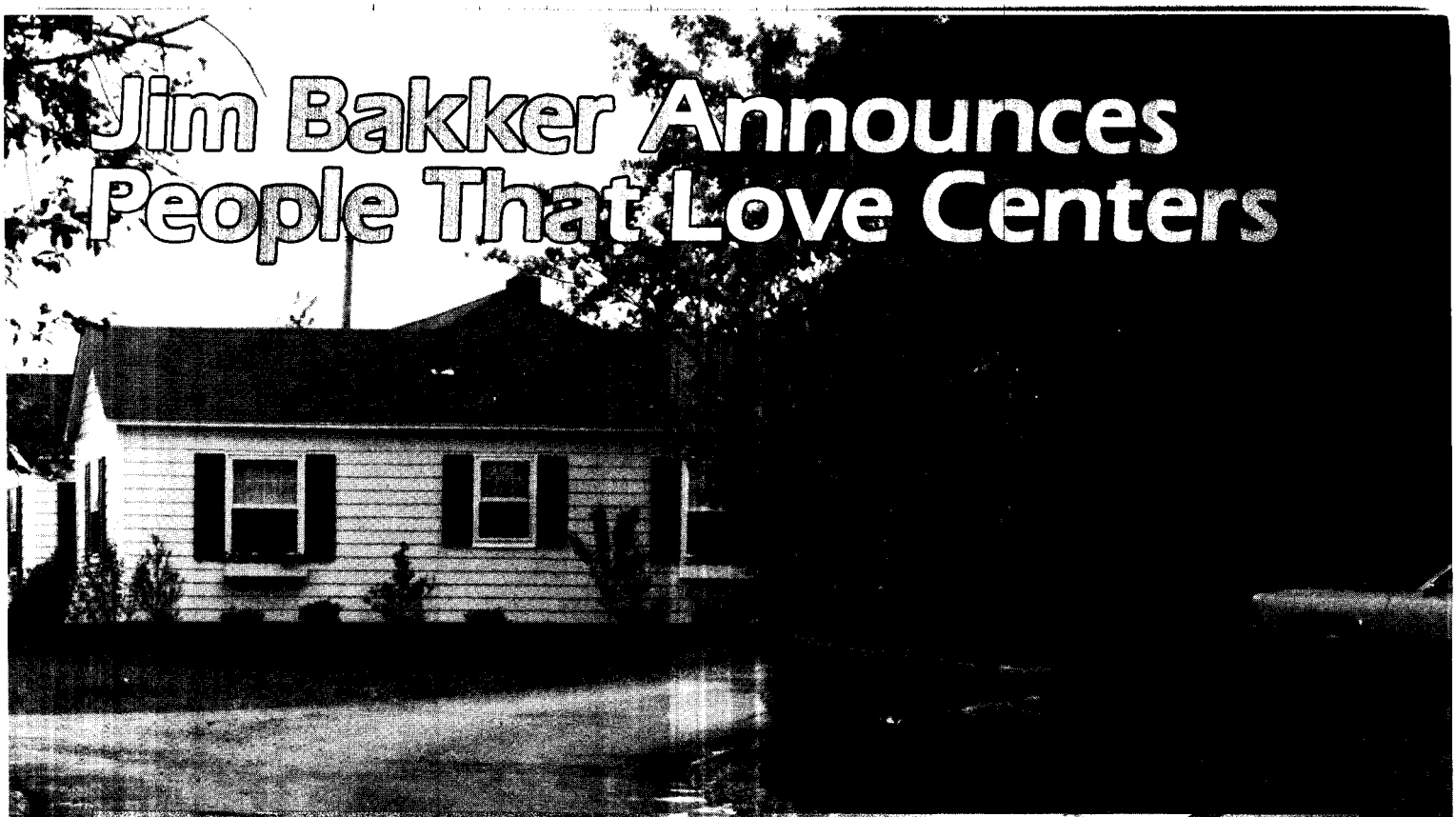
Jim Bakker Announces People That Love Centers



At PTL's own **People That Love Center** in Fort Mill, S.C., Jim and Tammy Bakker have refurbished an older home (upper right) that houses the volunteers and counselors (far left) who lend a helping hand to the community. Rooms are filled with all types of food staples (second from left) and clothes for all ages (photos on right).

meals for the homeless and wandering men and women.

Other Needs

Unlike other establishments for the needy, everything at the **People That Love Centers** is free of charge.

Clothes, coats, shoes, and other items are available for men, women and children of all ages. Whole families are invited to come into the center together to select the things they need.

You Can Help

Every item in these centers is donated by people like you.

By simply clearing out your family closets of clothes and shoes you no longer need, you can give a family a helping hand.

Food items are also needed, especially non-perishable staple items.

Store owners can become involved as well by donating out-of-season or out-of-date merchandise. Each donation is, of course, tax deductible.

Get Involved

The **People That Love Centers** across America open at press time are listed on the following pages. Each center is listed by the church sponsoring it, so check your yellow pages for the address and phone number.

Other centers are being added daily. To get your church involved, or to find out if there is a new center opening in your town, contact:

People That Love Centers
c/o PTL • Charlotte, NC 28279
Get involved. You'll be blessed for it!

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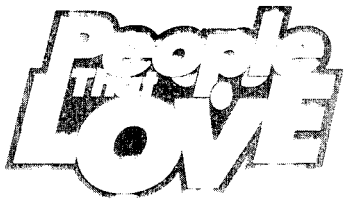
The following is an alphabetical listing of active local People That Love Centers across the country.



Alabama

Calvary Temple A/G*
Anniston, AL

Lakeside Assembly of God
Centre, AL

First Assembly of God
Gadsden, AL

The Tabernacle
Gadsden, AL

Believers Fellowship
Huntsville, AL

Parkway Assembly of God
Mobile, AL

First Assembly of God
Sumiton, AL

Alaska

Christian Family Chapel
Anchorage, AK

First Assembly of God
Anchorage, AK

Assembly of God
Wasilla, AK

Arkansas

First Assembly of God
Mountain View, AR

Bible Living Ministries
Rogers, AR

Faith Assembly of God
Springdale, AR

Arizona

Winona Community A/G
Flagstaff, AZ

California

Alhambra Foursquare
Alhambra, CA

Rev. Donald E. Bibler
Anaheim, CA

First Assembly of God
Anderson, CA

Atwater A/G
Atwater, CA

First A/G
Baldwin Park, CA

First A/G
Cerritos, CA

First A/G
Chico, CA

Castle Park A/G
Chula Vista, CA

Calvary Bible
Compton, CA

Rev. James Williams
Corning, CA

First Assembly of God
Cotati, CA

Crescent City A/G
Crescent City, CA

El Camino Del Rey Church
Del Rey, CA

YCMI Center
Dixon, CA

Church of the
Lighted Cross
El Cajon, CA

El Cerrito Christian Center
El Cerrito, CA

Pass-It-On Ministries
Garden Grove, CA

Rev. Melba E. Lopez
Hemet, CA

Bethel Temple
Hayward, CA

Believer's Faith Center
Indio, CA

Lakeport Bible Church
Lakeport, CA

Keystone A/G
Lakeside, CA

Antorcha Antioquia
Laguna Hills, CA

Assembly of God
Lemoore, CA

Lincoln Christian
Life Center
Lincoln, CA

Victory Christian Center
Lodi, CA

N Long Beach Foursquare
Long Beach, CA

Faith Center
Los Angeles, CA

Fountain of
Life Ministries
Los Angeles, CA

Testimonial Church of God
Los Angeles, CA

Christian Life Center
Los Osos, CA

Marina A/G Mont. Penn
Marina, CA

Marin Foursquare Church
Mill Valley, CA

Calvary Assembly
Milpitas, CA

Antorcha Antioquia
Mission Viego, CA

Faith Community Church
Mission Viejo, CA

Maranatha Christian Flwp.
Modesto, CA

Love Center Church
Oakland, CA

First Assembly of God
Oceanside, CA

Walnut Faith Center
Pomona, CA

Harvest Temple North
Poway, CA

Praise Tabernacle
Poway, CA

New Life Center
Rancho Cordova, CA

Bethel Assembly of God
Redding, CA

Christian Life Ctr.
Riverside, CA

Arlington Foursquare Church
Riverside, CA

Rosemond A/G
Rosemond, CA

St. Stephen's
Church of God
San Bernardino, CA

God's Haven
Christian Ctr.
San Diego, CA

San Jacinto A/G
San Jacinto, CA

Calvary Temple
San Leandro, CA

Calvary A/G
Santa Rosa, CA

Rev. Kenneth A. Teel
Saugus, CA

New Life Temple
Selma, CA

Family Church of God
Simi Valley, CA

Victory Center Ministry
Stockton, CA

Son Life Christian Ctr.
Sun City, CA

Church On The Way
Valencia, CA

Church of the Hill
Vallejo, CA

Community Foursquare
Whittier, CA

Colorado

Community Care Cntr, Inc.
Colorado Springs, CO

First Assembly of God
Delta, CO

Eaton Foursquare Church
Eaton, CO

Connecticut

First Assembly of God
of Bridgeport
Bridgeport, CT

Full Gospel Interde-
nominational Church, Inc.
Manchester, CT

Berean A/G
Milford, CT

Norwich A/G
Norwich, CT

West Haven Church of God
West Haven, CT

Willimantic A/G
Willimantic, CT

Living Waters
Fellowship Church
Windsor Locks, CT

District Of Columbia

Mount Zion Temple
Christian Community
Washington, DC

Ambassadors for Christ
Washington, DC

Delaware

Midway A/G
Lewes, DE

Florida

Willis B. Hunting
Arcadia, FL

Full Gospel
Missions Fellowship
Auburndale, FL

First Assembly of God
Gainesville, FL

Chapel of Faith
Jacksonville, FL

Lantana Church of God
Lantana, FL

First Assembly of God
Naples, FL

East United
Methodist Church
Naples, FL

Florida Christian Ministry
& Training Center
Odessa, FL

Faith Assembly of God
Orlando, FL

Charismatic Calvary
Christian Center
Palm Bay, FL

First Assembly of God
Palm City, FL

First Assembly of God
Perry, FL

Know the Way, Inc.
Plant City, FL

Calvary Assembly of God
Port Charlotte, FL

House of Prayer
Port Charlotte, FL

Riverview Church of God
Riverview, FL

The Bible Speaks
Saint Petersburg, FL

Tavares First A/G
Tavares, FL

Calvary Temple A/G
West Palm Beach, FL

Harvest Time Assembly
Wewahitchka, FL

Georgia

Hispanic Assembly of God
Atlanta, GA

Landmark Baptist
Augusta, GA

First Assembly of God
Augusta, GA

The Lighthouse
Cochran, GA

Church of God
of Prophecy
Columbus, GA

The Church of Jesus Christ
Dublin, GA

Praise Fellowship
Evans, GA

First Assembly of God
Hogansville, GA

Trinity Community Church
La Grange, GA

Full Gospel
Fellowship Church
Macon, GA

Glad Tidings Tabernacle
Macon, GA

Evangel Temple
Savannah, GA

Maranatha Christian
Servicemen Center
Savannah, GA

Church of God of Prophecy
Stockbridge, GA

Stone Mountain A/G
Stone Mountain, GA

Hawaii

New Life Church
Haleiwa, HI

Glad Tidings A/G
Hilo, HI

Calvary Episcopal
Kaneohe, HI

Rev. John S. Gill
Pahoa, Big Island, HI

Leeward Faith Temple
Pearl City, HI

Illinois

Believers A/G
Burbank, IL

Victory Center
Champaign, IL

Christ Temple
Chicago, IL

Israel Methodist
Community Church
Chicago, IL

Assembly of God
Dixon, IL

Foursquare
E. Moline, IL

Word Uncompromised
Ministries
East Saint Louis, IL

Church of God
Lincoln, IL

Jubilee Chapel
Loves Park, IL

Dayspring Christian
Fellowship
Robinson, IL

Calvary Lighthouse
Rochelle, IL

Riverside Cathedral
Rockford, IL

Rev. & Mrs. Kenneth Cook
Steger, IL

Chapel of the Woods
Wauconda, IL

Mrs. Virginia Kirkpatrick
Wood River, IL

Iowa

Foursquare
Cedar Rapids, IA

Star-Fish
Davenport, IA

Fayette Wesleyan Church
Fayette, IA

Foursquare Gospel Church
Waterloo, IA

Indiana

The Lord's Assembly
Columbia City, IN

The Bethel Temple
Evansville, IN

Fontanet United
Brethren
Fontanet, IN

Chapel Hill
Heltonville, IN

First Assembly of God
Kokomo, IN

LaPorte A/G
LaPorte, IN

Calvary Chapel of
Worship Center
Marion, IN

All Nations Church
Muncie, IN

First Baptist
Orleans, IN

Lighthouse A/G
Paoli, IN

First Missionary Church
Peru, IN

Evangel Temple
Princeton, IN

Rockville A/G
Rockville, IN

Church of God
South Bend, IN

Rev. Carl Piccuito
Terre Haute, IN

Kansas

Abilene A/G
Abilene, KS

Calvary Chapel
Andover, KS

Hope Chapel A/G
Bronson, KS

First Assembly of God
Great Bend, KS

Glad Tidings Assembly
Marysville, KS

Foursquare Gospel Church
Salina, KS

Full Gospel
Evangelistic Chapel
Wichita, KS

Gospel Lighthouse Church
Wichita, KS

Immanuel Outreach Ctr.
Wichita, KS

Kentucky

Glad Tidings A/G
Brandenburg, KY

First Assembly of God
Greenville, KY

Faith Tabernacle
Keavy, KY

Omega Ministries
Louisville, KY

Globe Christian Church
Olive Hill, KY

Full Gospel Assembly
Shepherdsville, KY

Louisiana

New Life Center
Baton Rouge, LA

Rev. Milton Clark
Baton Rouge, LA

First Assembly of God
Leesville, LA

The Faith
Mission Temple
New Orleans, LA

Abundant Life A/G
Shreveport, LA

El Shaddai Ministries
Slidell, LA

Maine

Church of God
Faith Assembly
Canton, ME

Calvary Temple A/G
East Millinocket, ME

United Methodist
Guilford, ME

Windham A/G
North Windham, ME

Faith Chapel
Norway, ME

Massachusetts

Saint Thomas Episcopal
Auburn, MA

Greater Lowell
Christian Center
Dracut, MA

Haven Baptist Church
Fairhaven, MA

Faith Assembly of God
Holyoke, MA

Central Congregational
Middleboro, MA

The Full Gospel Temple
Walpole, MA

Faith Chapel
Woburn, MA

Maryland

Annapolis A/G
Annapolis, MD

Eastern Assembly of God
Baltimore, MD

St. Matthews
United Methodist
Baltimore, MD

Trinity Church of God
Clear Spring, MD

Shookstown A/G
Frederick, MD

Michigan

Faith Gospel Tabernacle
Bad Axe, MI

Canton Calvary A/G
Canton, MI

Capac Christian
Fellowship
Capac, MI

Jesus Live, Love Ministry
Davisburg, MI

Free Pentecostal
Church of God
Dearborn Heights, MI

East Bethlehem Lutheran
Detroit, MI

Pentecostal Church
of Deliverance
Detroit, MI

Dowagiac A/G
Dowagiac, MI

The Church of the
Everlasting God
East Jordan, MI

Farmington Hills
Christian Church
Farmington Hills, MI

Vine Life Ministries
Flat Rock, MI

Hastings A/G
Hastings, MI

Holland Assembly of God
Holland, MI

New Life A/G
Kalkaska, MI

Livonia A/G
Livonia, MI

Feed and Seed
Harvest Outreach
Madison Heights, MI

Rev. Del Miller
Manistique, MI

Central A/G
Muskegon, MI

Maranatha A/G
Romeo, MI

Woodlawn Ch. of God
Royal Oak, MI

Calvary A/G
Saginaw, MI

Assembly of God
Saint Ignace, MI

Sturgis A/G
Sturgis, MI

People for Jesus, Inc.
Three Rivers, MI

Faith A/G
Traverse City, MI

Wyandotte A/G
Wyandotte, MI

Minnesota

Community A/G
Buffalo, MN

Assembly of God
Chisolm, MN

Elk River A/G
Elk River, MN

Steve Krube
Lino Lakes, MN

Riverside A/G
Minneapolis, MN

Assembly of God
New York Mills, MN

Spring Valley A/G
Spring Valley, MN

Calvary A/G
Stillwater, MN

Mississippi

Full Gospel A/G
Aberdeen, MS

North Mississippi
Worship Center
Aberdeen, MS

Manna Assembly of God
Calhoun City, MS

Rev. Gordon Roberts
Crystal Springs, MS

First Assembly of God
Winona, MS

Missouri

Christ Covenant Church
Absarokee, MT

Parkhill A/G
Billings, MT

Chillicothe Community
Chillicothe, MO

First Assembly of God
Eldon, MO

*A/G stands for the Assemblies of God

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New Life Chr. Cntr.
Hermitage, MO

Shekinah Glory Church
Hillsboro, MO

Rev. H.D. Harrison
Independence, MO

Shiloh Baptist Church
Kansas City, MO

Rev. Steve Ray
Kansas City, MO

Oasis of Hope A/G
Milan, MO

Foursquare Church
St. Charles, MO

The Word
Works Ministries
West Plains, MO

Montana

Christ Covenant Church
Absarokee, MT

Parkhill A/G
Billings, MT

Northside Chapel Foursquare
Missoula, MT

Superior A/G
Superior, MT

Nebraska

New Life Word
Outreach Center
Auburn, NE

Faith Christian Fellowship
Crete, NE

New Hampshire

Littleton A/G
Littleton, NH

Bethel A/G
Portsmouth, NH

Rochester Church of God
Rochester, NH

New Jersey

Grace Assembly of God
Atlantic City, NJ

Fountain of Life Center
Burlington, NJ

Holy Light Church
of Jesus Christ
Burlington, NJ

Cedar Run A/G
Cedar Run, NJ

Valley Chapel
Clifton, NJ

Rev. Donald F. Tucker
Jersey City, NJ

Rev. Duran M. Palmertree
Millville, NJ

Trinity Christian Center
Elizabeth, NJ

Union Baptist Church
Montclair, NJ

Wells Cathedral Church
of God in Christ
Newark, NJ

Greater Unity Temple
Holiness Church
Newark, NJ

Bethlehem Church of
God in Christ
Newark, NJ

Pentecostal Lighthouse
Paterson, NJ

Nassau Christian Center
Princeton, NJ

Church of God
West Orange, NJ

Rev. Joseph Pileggi
Woodbridge, NJ

New Mexico

Trinity A/G
Farmington, NM

New York

First Assembly of God
Albany, NY

Believers Fellowship Center
Ballston Spa, NY

St. Peter's
Bronx, NY

Coney Island Gospel Assembly
Brooklyn, NY

Coney Island Tabernacle
Brooklyn, NY

First Assembly of God
Brooklyn, NY

Pentecostal House of Prayer
Brooklyn, NY

Community Full
Gospel Church, Inc.
Cortland, NY

First Baptist Church
Cutchogue, NY

Bereaan Gospel Church
East Bloomfield, NY

First Assembly of God
Fulton, NY

Open Door Fellowship
Garnerville, NY

Church of God
Glens Falls, NY

Groton A/G
Groton, NY

Full Gospel Bible Church
Hicksville, NY

Ms. Violet Larow
Hornell, NY

Glad Tidings Assembly
New York, NY

Little Mt. Calvary
New York, NY

Church of God
Plattsburgh, NY

Assembly of God
Port Jefferson, NY

St. Paul's Church
of the Nazarene
Sanborn, NY

Full Gospel
Chapel of Stormville
Stormville, NY

Maranatha Fellowship
Victor, NY

Readburn Gospel Assembly
Walton, NY

Faith Chapel A/G
Whitehall, NY

North Carolina

First Assembly of God
Asheboro, NC

Full Gospel Tabernacle
Asheville, NC

East Belmont Church of God
Belmont, NC

Full Gospel A/G
Cary, NC

Central Church of God
Charlotte, NC

Christian Assembly
China Grove, NC

Drexel Christian Center
Drexel, NC

River of Life
Durham, NC

The Manna Church
Fayetteville, NC

Gibsonville A/G
Gibsonville, NC

Nondenominational Jesus
Church, Inc.
Greenboro, NC

First A/G
Hendersonville, NC

Boulevard Chapel
Kannapolis, NC

Faith Assembly of God
Kernersville, NC

Mr. & Mrs. Gary Farabee
Lexington, NC

Calvary Church
Midland, NC

Overcoming Faith A/G
Mt. Pleasant, NC

New Bern A/G
New Bern, NC

Jones Temple
Revival Center
Pinehurst, NC

Mount Olivet Baptist
Raleigh, NC

Pentecostal Holiness Church
Reidsville, NC

Living Word Church
Rockingham, NC

Hallelujah Deliverance
Rockingham, NC

Word of Faith Fellowship
Rutherfordton, NC

23rd Psalm Church
Stanleyville, NC

Church of God
Swannanoa, NC

Faith Christian Assembly
Wilkesboro, NC

Cape Fear Gospel
Rescue Mission
Wilmington, NC

Ohio

East Liberty A/G
Akron, OH

First Assembly of God
Alliance, OH

Fellowship of Christian Deaf
Canton, OH

Lighthouse Deliverance
Mission
Canton, OH

Gene Westly
Canton, OH

Tree of Life FBH Church
Cincinnati, OH

Mt. Sinai Baptist Church
Cincinnati, OH

Redeemer AME Zion
Columbus, OH

Fort McKinley Church of God
Dayton, OH

Calvary Assembly of God
Delaware, OH

First Assembly of God
Elyria, OH

Hamilton Holy Temple
Hamilton, OH

Christian Life Center
Kent, OH

First Assembly of God
Louisville, OH

First Assembly of God
Massillon, OH

The Dwelling Place
Middletown, OH

Living Faith A/G
Oxford, OH

Faith Memorial
Sandusky, OH

First Assembly of God
Toledo, OH

Rev. & Mrs. Elwood Stull
Tuscarawas, OH

International Pentecostal
Church of Christ
Tuscarawas, OH

Faith A/G
Van Wert, OH

Paul Duff
Van Wert, OH

Rev. Ron Davis
W. Carrollton, OH

First Christian
Assembly
Youngstown, OH

Oklahoma

Bethany Assembly Galilean
Bethany, OK

McAlester Christian Ctr.
McAlester, OK

Ochelata Community Church
Ochelata, OK

Downtown Pentecostal
Holiness
Shawnee, OK

Women Alive
Skiatook, OK

South Sheridan
Victory Christian
Tulsa, OK

Calvary Temple A/G
Tulsa, OK

Oregon

Bethel Church
Pendleton, OR

Word of Life
Faith Center
Portland, OR

Portland Miracle
Revival Center
Portland, OR

Grace Family Center
Roseburg, OR

Marjorie Hawk
Salem, OR

Calvary Temple A/G
Salem, OR

Pennsylvania

Ambridge Assembly of God
Ambridge, PA

Covenant Christian Church
Belle Vernon, PA

Pennridge Full
Gospel Tabernacle
Blooming Glen, PA

Abundant Life A/G
Bradford, PA

Harvest Tabernacle
Butler, PA

The Bible Speaks Ministry
Carlisle, PA

Full Gospel Assembly
Coatesville, PA

Rev. David Riches
Ephrata, PA

Church of the Living God
Franklin, PA

Heritage A/G
Gettysburg, PA

Greenville Christian
Assembly
Greenville, PA

Foursquare
Hanover, PA

Interdenominational
Christian Fellowship
Hermitage, PA

Central Assembly of God
Houston, PA

Union Assembly of God
James City, PA

Jersey Shore A/G
Jersey Shore, PA

Victory Chapel
Outreach Ministries
Jonestown, PA

Peace Flwp. of Faith
Lebanon, PA

First Pentecostal Church
Mercersburg, PA

New Life Temple
Muncy, PA

Christian Assembly
New Brighton, PA

Zion Hill
Norristown, PA

Citadel of Hope Church
of God in Christ
Philadelphia, PA

Greater Church/Phil.
Philadelphia, PA

Rev. Willoughby Heyward, Jr.
Philadelphia, PA

Miracle Fellowship
Church, Inc.
Philadelphia, PA

New Community
Baptist Church
Philadelphia, PA

Pitcairn Assembly
Pitcairn, PA

Community Church
Pottstown, PA

Pottsville Foursquare
Pottsville, PA

Trinity Full Gospel
Rochester, PA

Agape Assembly of God
Saint Marys, PA

Abundant Life
Saltsburg, PA

First Assembly of God
Sunbury, PA

Living Word A/G
Three Springs, PA

Park Avenue A/G
Trooper, PA

Christians Rejoice, Inc.
Warren, PA

Faith Tabernacle
Williamsport, PA

Eastside A/G
York, PA

Christian Life Center
York, PA

Rhode Island

Greenville Baptist Church
Greenville, RI

South Carolina

Glad Tidings A/G
Charleston Heights, SC

Heritage Village Church
Fort Mill, SC

Faith Fellowship Center
Greenville, SC

First Assembly of God
Greenville, SC

Glad Tidings A/G
Greer, SC

Bethel Fellowship
Orangeburg, SC

New Testament Church
Summerville, SC

New Life Believers
Summerville, SC

The Branches Chr. Flwp.
Walterboro, SC

South Dakota

Pentecostal Chr. Flwp.
Chamberlain, SD

Good Shepherd A/G
Mobridge, SD

Tennessee

First Assembly of God
Bolivar, TN

Faith Assembly of God
Crossville, TN

Center Point
Community Church
Cumberland Furnace, TN

Foursquare
Dayton, TN

First Assembly of God
Dresden, TN

Franklin Revival Center
Franklin, TN

Bethel Temple
Hixson, TN

Abundant Living
Christian Fellowship
Kingsport, TN

First Assembly of God
Martin, TN

St. Paul's Chr. Ctr.
Memphis, TN

Whitehaven Assembly of God
Memphis, TN

First Assembly of God
Monterey, TN

Texas

The Lord's House
Abilene, TX

First Assembly of God
Alpine, TX

Amazing Grace Fellowship
Austin, TX

Faith Outreach Center
Beeville, TX

First Assembly of God
Burkburnett, TX

Church of God Prophecy
Corpus Christi, TX

Calvary A/G
Galveston, TX

Rev. Victor C. Hazlett
Glasscock, TX

First Assembly of God
Greenville, TX

Souls Harbor
Humble, TX

Calvary Temple A/G
Irving, TX

Minesta Christian Flwp.
Jacksonville, TX

Bethel Temple
Killeen, TX

Grace Christian Center
Killeen, TX

Peace Tabernacle
Lubbock, TX

South Plains
Christian Fellowship
Lubbock, TX

First Assembly of God
Mesquite, TX

Midland Foursquare
Midland, TX

The People's Chapel
Perryton, TX

Community Store House
Port Arthur, TX

Faith Assembly of God
San Antonio, TX

Helping Hands
Lifeline Foundation
San Antonio, TX

First Assembly of God
Waxahachie, TX

Utah

Inter Faith
Christian Center
Farmington, UT

Mountain Valley
Church of God
Ogden, UT

Vermont

Agape Christian Fellowship
Brattleboro, VT

Roadside Chapel
Rutland, VT

Faith Chapel A/G
Saint Johnsbury, VT

Virginia

Believers Fellowship
Forest, VA

Yorkshire Full Gospel
Manassas, VA

True Word of God Mission
Newport News, VA

Washington

Upper Room Fellowship
Grandview, WA

Kirkland Assembly of God
Kirkland, WA

Neighborhood Church A/G
Sunnyside, WA

Deliverance Temple A/G
Yakima, WA

West Virginia

Buckhannon A/G
Buckhannon, WV

Glad Tidings Assembly
Hurricane, WV

Rupert Assembly of God
Rainelle, WV

Wisconsin

Antigo Assembly of God
Antigo, WI

Augusta Assembly
Augusta, WI

Marshfield A/G
Marshfield, WI

Mayville A/G
Mayville, WI

Catherine Ott
Menomonie, WI

Emery's Emporium
Reedsburg, WI

West Germany

King's Kastle
Frankfurt, WG

QTV CLUB®
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Heritage Village Church
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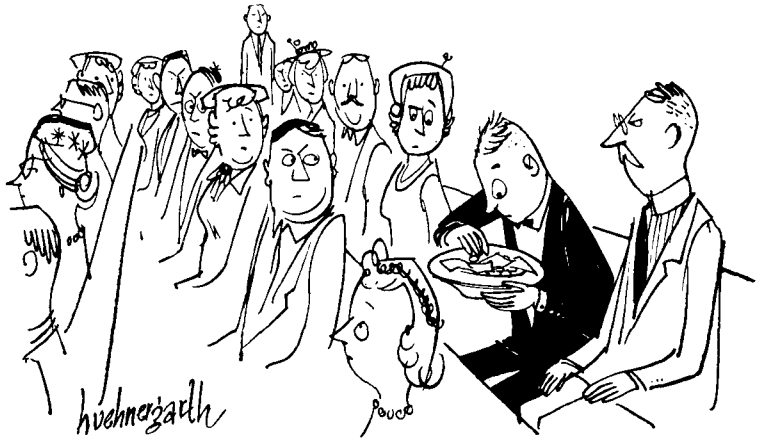
Room 2A

continued from page 49

however, uniform. There is no considerable section of the country in which histoplasmosis is wholly unknown, and outbreaks of epidemic sweep have been reported in 18 states—New York, Maryland, Virginia, North Carolina, Florida, Alabama, Tennessee, Arkansas, Missouri, Oklahoma, Kansas, Ohio, Indiana, Illinois, Iowa, Wisconsin, Minnesota and North Dakota—but it occurs with menacing frequency only in the central Mississippi Valley. In most of the states that lie in that area, its incidence ranges from 30 to 80 percent, and there are some in which it runs even higher. These are the five river states, the states that converge on the Mississippi near its meeting with the Missouri and the Ohio—Missouri, Illinois, Kentucky, Tennessee and Arkansas. The disease is endemic there.

Why histoplasmosis should occur so variously is a matter of some dispute. It is obvious only that geography must be the determining factor in its spread—that its range reflects a physical environment hospitable to *H. capsulatum*. Histoplasmosis, research has established, cannot be conveyed from one human being to another. Nor can it be communicated to man by any insect or higher animal. It is a disease that human beings contract directly from nature by inhaling *H. capsulatum* spores. The specific environmental factor that controls the organism's geographical range is less apparent. Its development may depend upon a certain type of soil (a red-yellow podsolic soil is peculiar to much of the high-incidence area), it may require a certain vegetable environment (some 50 common plants are more or less indigenous to the area), or it may be governed by a certain pitch of temperature and humidity. At the moment, the evidence most strongly supports the last of these hypotheses. Laboratory experience has conclusively shown that an exquisitely balanced microclimate—100 percent humidity and a temperature ranging no higher than 86 degrees and no lower than 68 degrees—is essential to the growth of *H. capsulatum*. So have observations in the field. *H. capsulatum* flourishes in the darkest, dampest, warmest, most snugly sheltered places. Its favorite habitats are belfries, silos and abandoned chicken houses (probably because a constant humid heat is generated there by decaying bird droppings), but it also finds a home in caves, storm cellars, punky stumps and densely wooded ravines and riverbanks. Such places abound throughout the U.S. Not everywhere in this country, however, is the microclimate they provide consistently warm and damp. In the central Mississippi Valley, where the mean temperature in summer is around 75 degrees and the average annual rainfall totals nearly 50 inches, violent extremes of rain and drought and heat and cold are notably infrequent, especially in the five states that constitute the endemic area.

(To be continued next issue)



The Perfect Squelch

Mr. Thooms, a prosperous young businessman, credited all his success to being careful. He was especially careful about his church life, going to services only at Christmas and Easter, and even then being extremely careful not to overcontribute.

At one Easter service, finding himself without change, he made several worried and hurried searches through his pockets. Then he surprised those near him by taking a dollar bill from his wallet. However, when the collection was taken, Thooms carefully held the plate while he took out what he considered proper change.

Just before he relinquished the plate, an elderly man next to him leaned over and, to the delight of everyone in the vicinity, whispered, "Take another 50 cents, son. The money is for the heathen."

—Dorothy Widmann

Graham

continued from page 69

split exists between the officially recognized group, which operates under a measure of government supervision, and those who want the government to keep its hands off the churches. Frequently harassed, the latter must often meet in homes or in secluded locations outdoors.)

For crowd-control reasons and to lessen the chances of disruptions by dissidents, jittery authorities, without public announcement, had shifted the Baptist service from its original 6 p.m. slot to 8 a.m., when there are relatively few buses on Moscow's streets and when the Baptists have no regularly scheduled service. Admission to this service and to the one immediately following it at the Orthodox Cathedral of the Epiphany, where Graham delivered a shorter message to more than 1,000 people, was restricted to those who held passes.

At the Baptist church, about one-third of the nearly 1,000 passes were earmarked for church members, including the choir, one-third for visitors and the press and one-third for security personnel and other outsiders selected by the authorities. Informed later by reporters of this arrangement, Graham—who had been well briefed in advance on such possible controls—said simply that he was thankful he could preach Christ to so many who needed Him most.

Graham was introduced to the congregation by Alexei Bychkov, general secretary of the Baptist organization and one of the pastors of the church. When Bychkov asked how many had read the evangelist's book *Peace with God*, hands shot up enthusiastically from about half of the audience. No reporter noted the significance of this remarkable response, witnessed by numerous security agents. (The books are brought in from other countries or reproduced in various

Cont. on page 110

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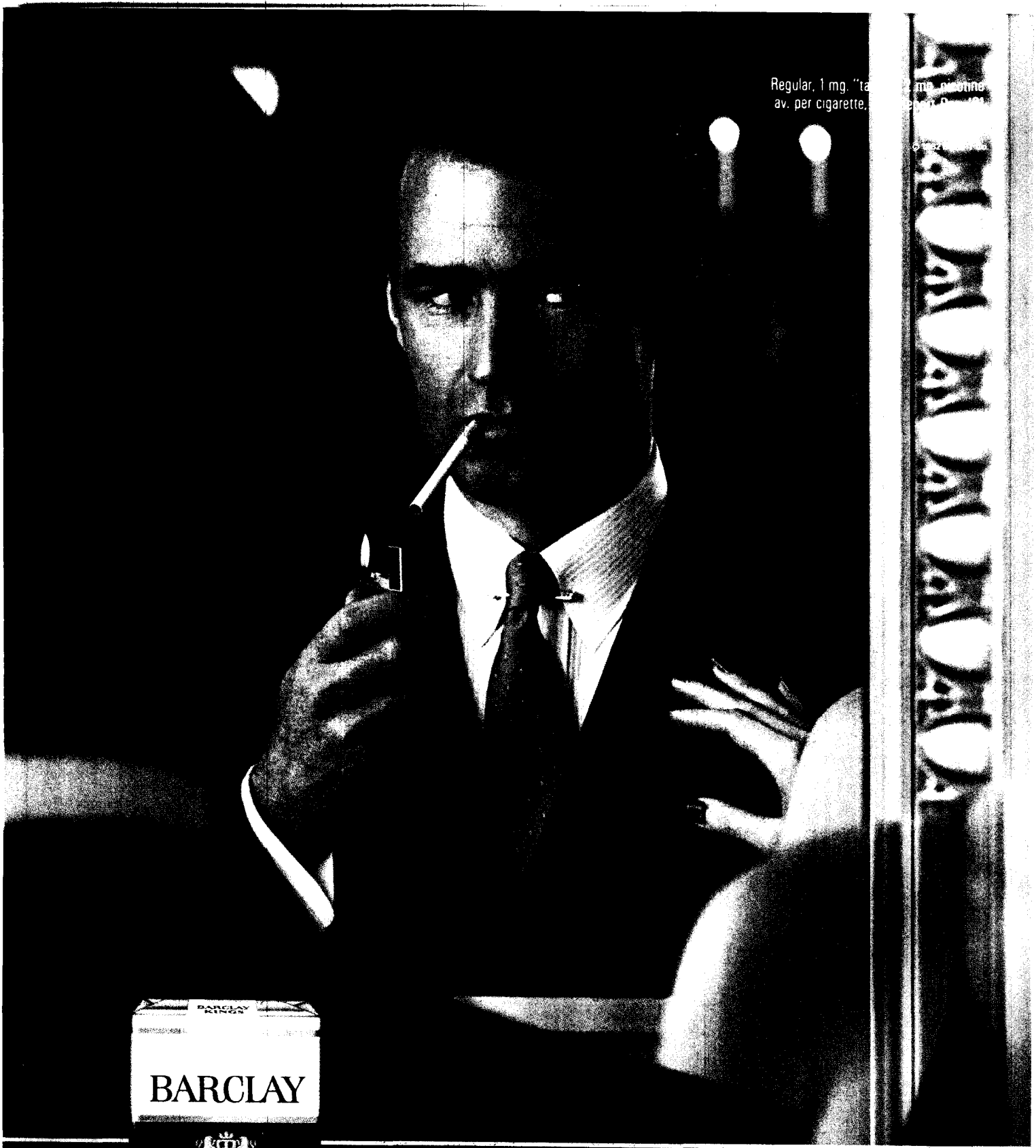

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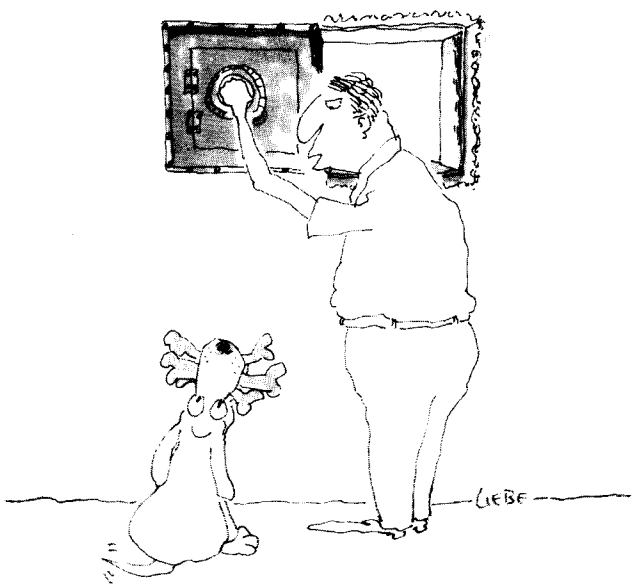
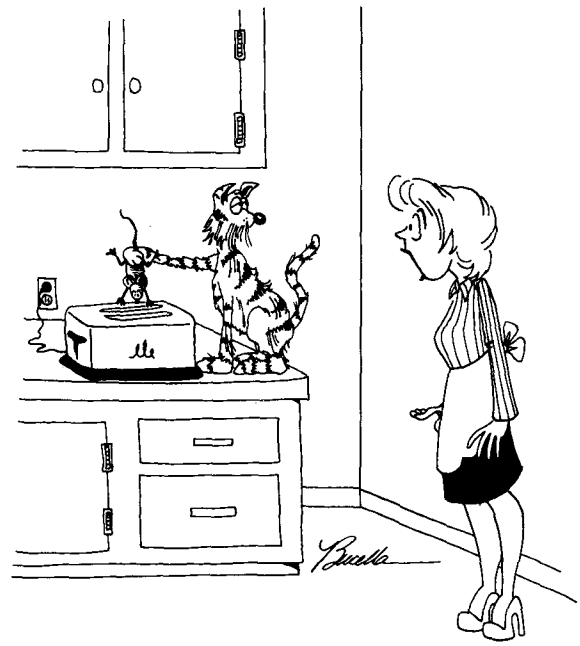


"Why can't you bury your bones like other dogs?"



"Oscar!"

"Who did you say recommended this place?"

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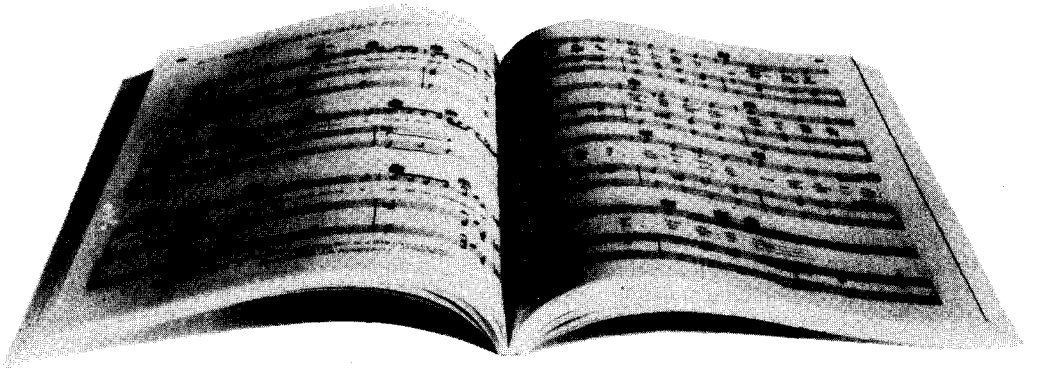

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MEDICAL MAILBOX

by Cory SerVaas M.D.

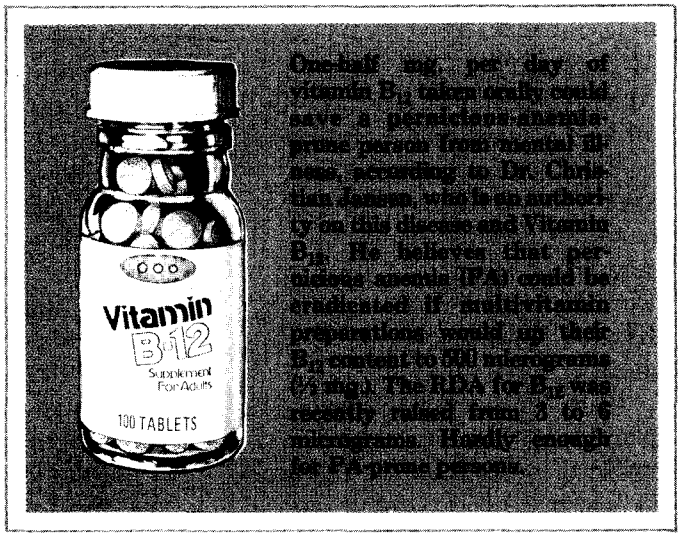
"Learning without thinking is useless. Thinking without learning is dangerous."
—Confucius

The Chemistry of Suicidal Wishes

Studies in recent years have linked low serotonin levels to depression, aggression and impulsiveness. Research groups at Wayne State University in Detroit and at the National Institute of Mental Health have reported on studies showing that persons who commit suicide or seriously attempt suicide appear to be influenced by specific brain-chemical abnormalities that may be genetic in nature. Both studies compare the activity levels of naturally occurring compounds associated with depression and aggression in the brains of very recent suicide victims with those of non-suicide victims who also died suddenly. The results revealed that, in suicide victims' brains, the number of binding sites for the chemical imipramine is one-third to one-half fewer than in "normal" brains. Imipramine binding is believed to be a reflection of the brain's utilization of serotonin, a naturally occurring neurotransmitter or chemical messenger.

Endogenous depressions are probably caused by an inherited chemical abnormality. The chemical abnormality of a diabetic's pancreas, which makes insulin necessary to prevent a diabetic coma, can be compared to the abnormal chemistry in the brain that causes depression severe enough to lead one to suicide. Another similar abnormality is the inherited aberration that causes some people to develop pernicious anemia accompanied by paranoia and complete mental deterioration if not diagnosed in time. In the case of pernicious anemia, the riddle has been solved. "Megadoses" of vitamin B_{12} are all that is required to reverse the mental problems and restore the victim to complete mental health. Pernicious-anemia patients require one-half a milligram of B_{12}. (The recommended daily allowance (RDA) of vitamin B_{12} is 6 *micro*grams; there are 1,000 *micro*grams in one mg.) This particular abnormality is more prevalent in Scandinavian and fair-skinned, blond people, but victims are found worldwide.

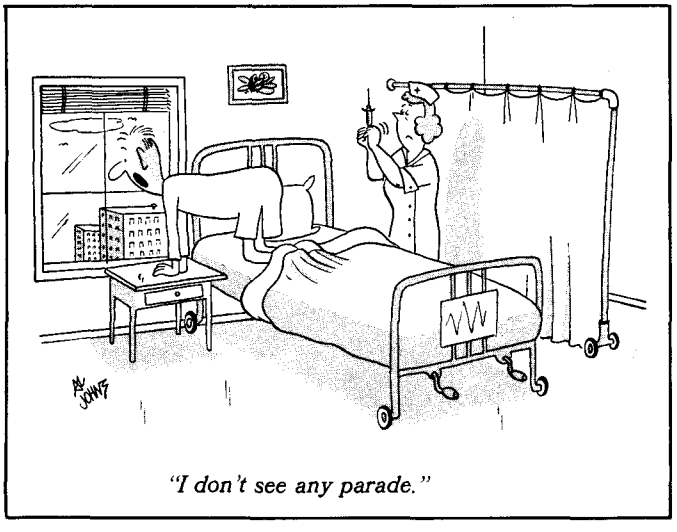
The riddle of another illness causing mental derangement has been solved. A rare form of chronic poisoning called Wilson's disease, characterized by excessive deposition of copper, can be treated by penicillamine, a chelator that mobilizes copper from the tissues and excretes it in the urine.



One-half mg. per day of vitamin B_{12} taken orally could save a pernicious anemia-prone parent from mental illness, according to Dr. Christian Jensen, who is an authority on this disease and Vitamin B_{12}. He believes that pernicious anemia (PA) could be eradicated if multivitamin preparations would up their B_{12} content to 500 micrograms (½ mg.). The RDA for B_{12} was recently raised from 3 to 6 micrograms. Hardly enough for PA-prone persons.

There are many sad case histories in medical textbooks of instances where hapless victims have been hospitalized in mental institutions because the diagnosticians failed to catch the very elusive clues for the rare Wilson's disease or the more obvious clues for pernicious anemia. Happy results are often reported when a doctor discovers a patient in a mental hospital with these very treatable problems and restores the victim permanently to a useful life outside an institution.

Pernicious anemia and Wilson's disease are extremely rare when compared to endogenous depression, which descends on people for no known reason. Several hundred thousand victims in the U.S. each year face the torture of endogenous depression. Like ulcers, this form of depression is more frequent in the spring and fall, although no one knows why. A man or woman can be in a most enviable position in life and yet be plagued with suicidal yearnings. The suicide victim has unwarranted feelings of remorse for unrealistically perceived feelings of inadequacy in the past. The feelings of worthlessness and guilt are so uncomfortable, the victim, during the acute phase of the illness, believes death would be the best way to remove the burden he



"I don't see any parade."

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imposes on loved ones. Families of suicide victims should understand the chemical nature of suicide-depressed patients so that, in unfortunate circumstances where suicide is accomplished, they will in no way place blame and guilt on themselves.

A new drug, recently approved by the FDA, promises to have fewer side effects than the tricyclic drugs that are commonly used to treat endogenous depressions. It is called Desyrel and is manufactured by Mead Johnson.

A booklet called "The Chemistry of Depression in Suicide" is available for families of depressed patients or suicide victims. Anyone wishing a copy should send $2 and a self-addressed, stamped envelope to The Saturday Evening Post Society, 1100 Waterway Blvd., Indianapolis, IN 46202.

Egg Banks for Huntington's Disease

The *Post* has often spoken out about the need for egg banks for women who are at risk for Huntington's disease (HD). (May/June '82, March '82, Nov. '78, Summer '72.) Women whose eggs contain genes at risk for HD and who would like to bear children may write to the Harbor UCLA Medical Center at 1000 W. Carson, Torrance, California 90509 to inquire about egg transfers.

The work at the University of California has just started and those interested can be placed on a waiting list at that medical center.

For many years, infertile couples have been able to go to sperm banks for artificial insemination by donor (AID) if the husband's sperm is not fertile. The Benjamin Franklin Literary & Medical Society is now helping couples obtain AID if the husband is at risk for Huntington's disease.

Hopefully, it will now be possible for a would-be mother at risk for HD to go to an egg bank for an egg transfer so that she may bear a child without passing on the disease.

In egg transfer, the ovulation cycles of the egg donor and the recipient are synchronized so their hormone levels are in harmony. An egg is washed from the donor's uterus, using a special catheter, and is deposited in a laboratory dish, where the egg is identified with the use of a microscope. The fertility specialist then transfers the fertilized egg into the lining of the recipient's uterus, where it implants and matures.

Any couples who are at risk for Huntington's disease are invited to write to the Benjamin Franklin Literary & Medical Society to learn more about their options for parenting healthy, not-at-risk-for-HD children.

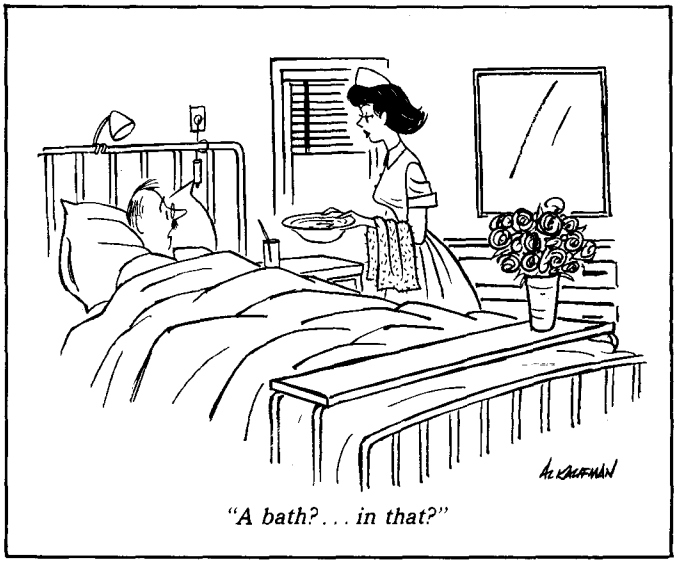
Dial for a Pacemaker Adjustment

Patients who have had heart pacemakers implanted can be halfway around the world and still have their routine check of the performance of their pacemaker. This has been made possible by advances in technology that allow the patient to simply pick up a telephone and call one of the major pacemaker centers throughout the country. Fortunately, language isn't a barrier; special transmitters issued to the patients at the time they receive their pacemaker implants "pick up" the patients' pulsebeats and code them into a series of blips and bleeps. The same in any language, these blips and bleeps are automatically fed through the telephone receiver into a special electrocardiograph machine at the pacemaker-testing end of the connection.

The electronic pacemakers now have a life expectancy of five to ten years. They are programmed to tell this monitor when its batteries are beginning to run down. The pacemaker then communicates the coded "symptoms" of battery failure in its electronic signal pattern. These are then picked up during the routine pacemaker telephone checks, and the patient can be informed when to have his battery changed. Also, with telephone testing, a patient's pacemaker can be checked to see if it is continuing to beat at the correct rate and intensity. With recent developments in technology, it is now possible for the new pacemaker to be "reprogrammed"—that is, set to a different rate, etc., by remote control, if necessary. Thus, it's no longer necessary to remove the device from inside the patient's chest to adapt it to changes in the patient's need.

Brain Transplants Aren't Rejected

Dr. Dorothy Krieger of Mt. Sinai School of Medicine of New York reports success in transplanting brain cells from fetal rats to the brains of mature animals with resulting relief of symptoms related to cell deficits in the recipient brains. The major stumbling block in transplantation operations is usually rejection, but, for as yet unknown reasons, the immunologically tolerant brain doesn't reject transplant tissue. The possibility exists that this form of treatment may be applicable to other cell-deficient brain diseases. If this research ultimately proves applicable to humans, these disorders might include Parkinson's disease, Alzheimer's disease (premature senility) and diabetes insipidus. Traumatic brain injury may also be ultimately treatable by cell transplant. The question of where human cells might come from may be answered by cross-species transplants. Material from the adrenal glands of cows has been successfully transplanted to the brains of rats. This suggests a possibility of obtaining donor cells for humans from cultures of fetal brain cells obtained from fellow primates, such as the rhesus monkey.



"A bath?... in that?"

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Ladies in Space

continued from page 45

Fisher concludes, "Our work has its exciting parts, but it's also tedious sometimes."

Astronauts rotate assignments about every year. They may be working in the Shuttle Avionics Integration Laboratory, or SAIL, where the most minute part of the shuttle is studied and is use simulated by computer. Or an astronaut might be assigned to work on the spacesuit for a year, or to research and perfect the "Potty System" on board the cratt.

Only when an astronaut is assigned to a shuttle flight does he or she begin what is called Mission Specific Training. Sally Ride, the only woman so far assigned to fly, is currently preparing for her flight in April. "We'll be trying to assimilate the entire flight in advance by computer," Ride explains. "This is intense training. We'll aim to be prepared for anything that might come up."

It is, of course, imperative that an astronaut be in top physical condition during a flight, and the astronauts were put through grueling tests before they were selected. "We literally ran until we couldn't run anymore," says Mary Cleave, who is 5'2" tall and weighs 90 pounds. "They hooked us up to a respirometer and a cardiogram, and we got on the treadmill and ran. It was a maximum stress test, and everything was pouring out onto these computer sheets. They tested our strength, and they generally made sure we were healthy. Then, once we were selected, it was up to us to stay at that level of fitness."

The astronauts undergo physical exams periodically in order to confirm that they remain fit, but how they achieve fitness is up to them. They have excellent gym facilities that are available to them at any time. Many of the women run, some play racquetball, and all maintain an ideal weight. But there is no regimented daily fitness routine.

"We just work it into our schedules," says Cleave.

Another thing the astronauts have to work into their schedules is fame. Although they are generally serious about their work and guarded about their private lives, the women astronauts are constantly in the public eye. People want to meet them, shake their hands, read about them. The astronauts rub shoulders with royalty, are scrutinized by the press and studied by the public. And while the glittery aspect of their careers must be endured—NASA does depend, after all, on public confidence and the tax dollar—the astronauts remain scrupulously unimpressed with their national status.

"Astronauts are astronauts because it's fun," says Mary Cleave. "We're not in this for money or fame. The bottom line is, we all want to fly in space."

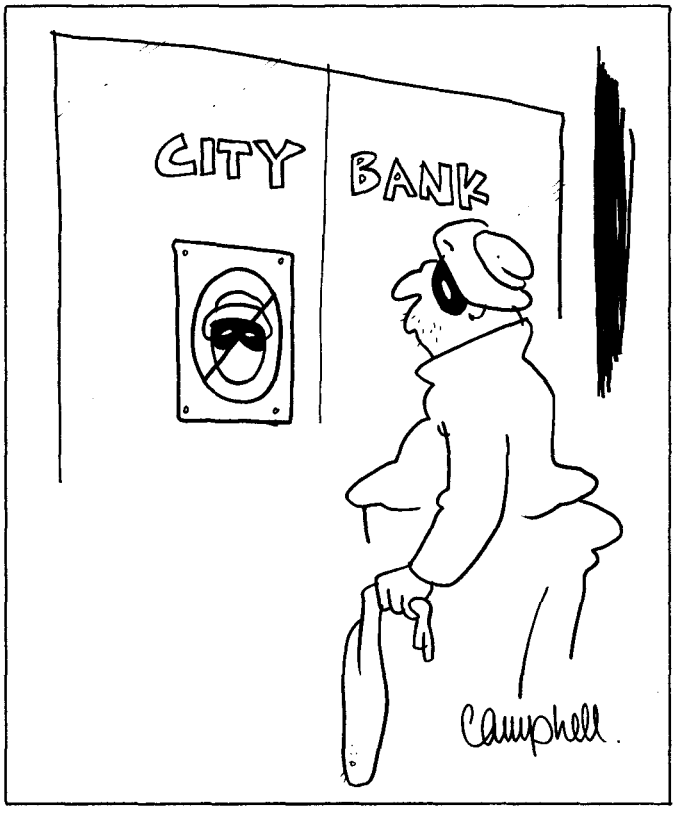
Are they ever afraid? "Fear?" says Cleave, laughing. "I can't *wait* to get into one of those birds. There's a fine line between fear and exhilaration, and I've always enjoyed activities where you get on that razor's edge."

For the millions of people who will watch next April when the first woman takes off, the razor's edge will have to be imagined. Through television coverage and reading, though, and with close observation, it might be possible for a girl of, say, 11, to mentally put herself behind the controls of the space shuttle. She may even imagine herself soaring through space in Sally Ride's place. It's possible, after all.

"I wanted to be an astronaut as a child, but I never thought it was possible," says Ride. "Now that I'm in this position, I do think it's important that girls see me as a role model.

"In fact, that's one of the things that's most gratifying about the public part of this job. When I go out and give talks at schools and an eight-year-old girl in the audience raises her hand to ask me what she needs to do to become an astronaut, I like that. It's neat!

"Why?" muses Ride. "Because now there really is a way. Now it's possible!" ★



Where Do You Think You Are?

(Answers from page 96)

1. Arizona
2. Connecticut
3. West Virginia
4. Georgia
5. Colorado
6. Erie, Pennsylvania
7. Indiana-Ohio border
8. Baltimore, Maryland
9. Texas

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Graham

continued from page 102

ways by Soviet believers themselves and widely circulated.)

At the conclusion of his sermon, which centered on the healing of the paralyzed man in John 5, the evangelist asked those who wished to recommit their lives to Christ or to receive Christ as Saviour to raise their hands. Scores responded, evoking scattered utterances of praise.

In reporting Sunday's events, the press concentrated on three things at the Baptist church: the crowd outside who could not get in, a single phrase in Graham's sermon and two protest banners unfurled briefly toward the end of the service.

Hundreds of worshipers without passes were kept behind barriers more than a block away, where they sang hymns and strained for a glimpse of the famous evangelist. Many had traveled hundreds of miles to hear him. Learning of their presence as he was led to his car after the service, Graham said he would like to go and greet them, but his Orthodox hosts—frantic

Continued on following page

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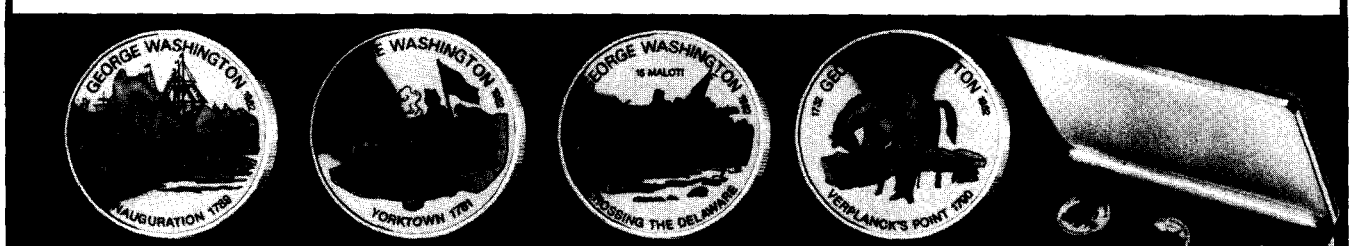

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because they were already late for the service at the cathedral—whisked him away. News accounts published in America, however, said: "He made no effort to get his escorts to take him to the waiting believers," and "He ignored several hundred believers who sang hymns outside, barred from entry."

In his sermon, Graham had listed differences that becoming a Christian can make. At one point, he said that Jesus can give one "the power to be a better worker, a loyal citizen" because a Christian obeys those over him—an allusion to a verse in Romans 13. A wire-service reporter elevated that lone phrase to the lead paragraph of his story, suggesting that Graham had made a major point of reminding his listeners to obey the government. Other reporters and commentators, not knowing the context, twisted the story and reported that Graham had preached on Romans 13 (rather than John 5), urging his Baptist listeners to submit to the authorities. The reaction among readers in the West was predictable: They were outraged that Graham had poured salt into the wounds of already repressed believers.

As Graham concluded his sermon, a young woman in the side balcony unfurled a two-foot by four-foot banner announcing: "We have more than 150 prisoners for the work of the Gospel." Another young person in the pews on the main floor briefly raised a banner containing a Biblical quote: "Deliver those who are gone away to death." Following the evangelist's departure, a man led the woman in the balcony to a nearby room.

Apparently, few people saw the banners, and Graham, preaching at a distance from them with his reading glasses on, did not see what they said. At a press conference later, reporters informed him that the female demonstrator had been arrested, and they asked him to comment about the matter. He refrained, insisting he would need more information before commenting, but they pushed harder. Exasperated, he reminded them that even in the U.S. demonstrators are sometimes arrested for disturbing religious meetings.

Subsequently, garbled stories based on an Associated Press account appeared: ". . .when he concluded his sermon, two people in the congregation held up signs protesting against religious persecution. The evangelist was asked what he thought of that incident. At first he refused to answer but finally responded: 'We detain people in the U.S. if we catch people doing things that are wrong.' "

Columnists reacted fiercely, blasting Graham for his "callousness" toward the demonstrators. After reading several dispatches based on Graham's remark to reporters, Ernest Furgurson, a former Moscow correspondent now in Washington, wrote: "He found no fault with the arrest of a woman who raised a banner during the service condemning Soviet religious persecution."

Understandably, quite a few American readers angrily concluded that Graham might just as well stay in Moscow instead of coming home to the United States.

It was learned later, however, that the youthful demonstrators had been reprimanded and released after being detained only a few minutes.

On the Tuesday of his visit, Graham addressed more than 500 religious leaders from around the world, including 30 from the U.S., who had gathered for the peace conference. Underscoring man's alienation from God as the root cause of war, he portrayed Christ as the key to peace—a point that Soviet newspapers, radio and television surprisingly included in their coverage.

The war that is now being waged against the Christian church in some lands apparently was on Graham's mind as well. He declared: "We should urge all governments to respect the rights of religious believers as outlined in the United Nations Universal Declaration of Human Rights." Those who followed Graham closely could readily agree with John Burns of the *New York Times*, who provided some of the best coverage of Graham's visit: "Although he did not mention the Soviet Union in this context [of a call for religious freedom], it seemed clear that he had the host government primarily in mind. . . ."

Graham also denounced the use of chemical and biological weapons, and again it was clear who he had in mind as the prime offender.

What happened at the peace conference is itself a major story that for space reasons cannot be told here. In summary, what began as an exercise in anti-American, pro-Soviet politicking ended in a stunning propaganda defeat for the Soviets, thanks to the courageous efforts of several American church leaders. The Soviet press, which had covered the conference from the outset, failed to report the much more balanced outcome than the one originally scripted in Moscow. Graham himself warned Soviet leaders after sitting through the opening session that, if it continued on its Kremlin-predetermined course, no one would take the conference seriously.

Continued on following page

Cancer

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and Japanese, and research on American Seventh Day Adventists, all of whom have high-fiber diets, have confirmed that these people have little colon cancer. Other studies in Scandinavia showed that, even in the same country, differences in the fiber content of the diet correlate with the number of people who get colon cancer.

Fiber increases the size and frequency of stools and therefore reduces the exposure time and concentration of potential carcinogens in the gastrointestinal tract. It may also affect the metabolic processes of intestinal bacteria.

In the United States, 114,000 cases of colon cancer were diagnosed in 1980. That's about 30.9 cases per 100,000 people. In Japan, however, where the diet includes far less fats from dairy products and meat, only four persons per 100,000 develop this cancer.

Dr. George Weber, a nationally known research oncologist who studies tumors that have been removed by the surgery department of Indiana University Medical Center, told us, "Most of the colon tumors I see are the size of my fist—too late!"

This is no reflection on Indiana's excellent medical center, but it is a sign that prevention hasn't been practiced by some of the population in our state. Tragically, a colon tumor the size of one's fist must have been growing for four to five years. And if this is happening in Indiana, it probably is happening in your state as well.

Most of these tumors stood a good chance of being discovered by checking for hidden blood in the stool years earlier. By avoiding metastases of cancer cells, a life could have been saved or a colostomy avoided.

Do you have any good ideas for stool wipes that will show hidden blood more easily so that stools will be checked frequently by everyone over 40? When was your stool last checked?

Please answer the questions on our survey. If you wish to remain anonymous, omit your name but mail the form. Cancer volunteers will help get your answers on computers for study. Thank you for your help. ✖

To receive a copy of a new booklet entitled "Lessen Your Cancer Risk," please send $3 to Cancer Survey, 1100 Waterway Boulevard, Indianapolis, IN 46202. Members of The Saturday Evening Post Society will be given a 15 percent discount on books ordered.

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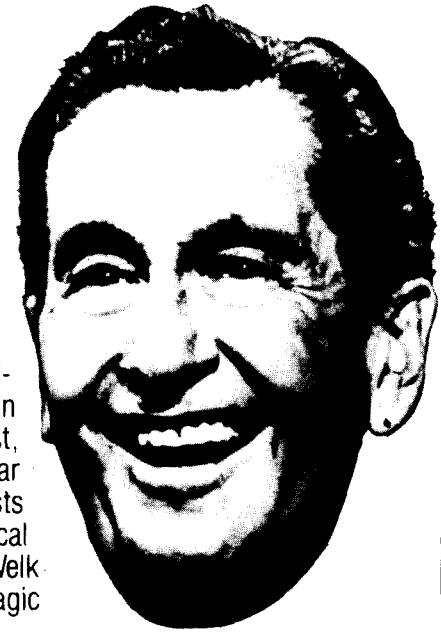

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While in Moscow, the evangelist met with a number of ranking Soviet officials, including two members of the Central Committee of the Communist Party: Georgi Arbatov, the Soviet government's top expert on the U.S., and Boris Ponamarev, secretary of the Central Committee and head of the foreign relations committee of the Soviet parliament. Others he spent time with included Vladimir A. Kuroyedov, head of the government's Council for Religious Affairs.

Graham declined to divulge details of these discussions, some of them lasting for hours. But among other things, he raised the issue of religious freedom, and he handed the leaders lists he had brought along from America of names of religious prisoners. They were the prisoners referred to on the Baptist demonstrator's banner. He also interceded for the Siberian Pentecostals still languishing in the American embassy—as he had been doing behind the scenes for months. Possibly, too, he was used as a conduit for signals between Washington and the Kremlin. He later spent a considerable time reporting on his trip to President Reagan.

Ever the evangelist, Graham explained to each government leader the rudiments of the Christian faith and how one becomes a follower of Christ. It may have been the first time they had ever really heard.

Another remark that brought Graham grief back home came during a short lesson on ecclesiastical structures in an interview with a wire-service reporter: "In Great Britain, you have a state church, and in other countries you have state churches. Here the church is not a state church [anymore]. It is a 'free' church—in the sense that it is not directly headed officially [by a government figure], as the Church of England is headed by the queen. . . ."

The reporter, unaware that "free churches" are those not united with the government in countries having state churches, thought Graham was speaking about freedom. Other journalists in Moscow simply passed his error along without first checking with the evangelist. The *Christian Science Monitor*, for example, reported in a lead paragraph: "U.S. evangelist Billy Graham has capped a week-long visit to Moscow by suggesting that the church is freer, in a sense, than in Great Britain." The *Chicago Tribune* reported that Graham said the Russian Orthodox Church "is freer than the Church of England because the latter has the queen for its titular head."

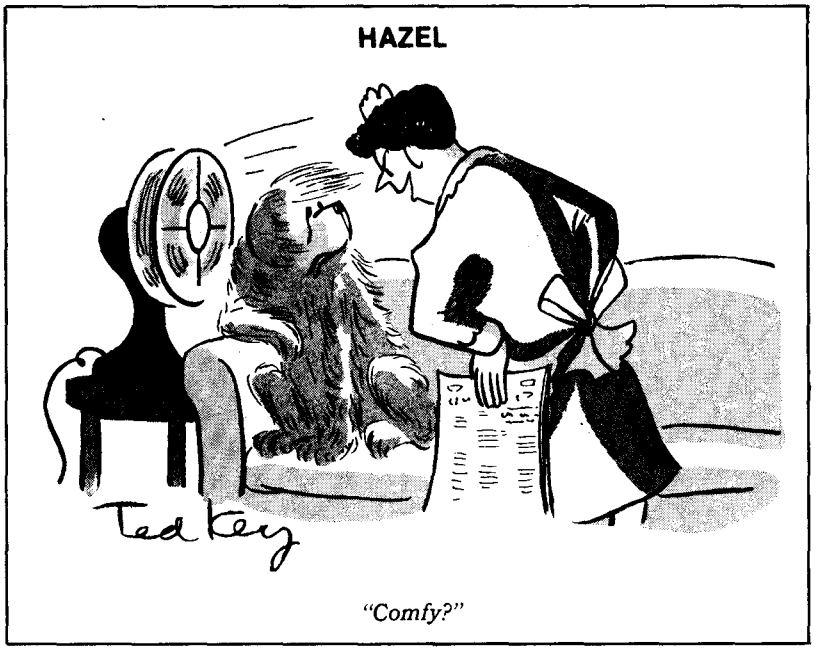
Contrary to published reports, Graham at no time "defended the Soviet policy toward religion," as the *Chicago Tribune* and others reported, and he did not say that religious repression no longer exists in the Soviet Union, as many newspapers purportedly quoted him.

In response to repeated questions about religious persecution, Graham pointed out that most countries, including the U.S., place limits on religious freedom ("a public school teacher cannot lead her pupils in Bible study and prayer"). He acknowledged "differences, of course, between religion as it's practiced here and, let's say, the United States, but that doesn't mean there is *no* religious freedom." He noted that the churches that remain open seem to be well attended, hence "a measure of freedom" exists—"perhaps more than many Americans think."

He said he could not comment in depth because his visit had been short and limited mostly to a small area of Moscow—the streets between his hotel and the meeting places for his appointments. But no one, he stated, had infringed on *his* freedom by telling him what he should say or not say in his talks.

A reporter read to him a list of specific instances of repression, then pressed him for a comment. The evangelist, apparently believing that the reporter had asked if he had seen such things himself, replied that he had not witnessed *personally* any direct acts of persecution. But he was "quoted" as saying there is no persecution of believers in the Soviet Union.

Not one reporter pointed out that he was the first American religious figure to gain entry into the highest echelons of Soviet power to speak up for religious freedom and other crucial concerns of the church. And despite his call at the peace conference for governments to respect the rights of believers, the press generally portrayed him as an easily duped, naive bungler who "failed to criticize the Kremlin even once for its well-documented infringements on human and religious rights," as the *Chicago Tribune*'s man in Moscow erringly stated.



"Comfy?"

No reporter dug out the meaning of the new relationships between the Russian Orthodox and Baptist leaders that came as a result of Graham's visit. This is a potentially powerful development in light of two current religious trends in the Soviet Union: a spiritual reawakening among young people and renewal stirrings among Orthodox churches centering on piety, Bible study and theological concerns—long the turf of Baptists. And in a land where atheism is the official dogma, it won't hurt the Baptists to have the Orthodox church as a spiritual ally.

Much of the ruckus over Graham's visit, both in and out of the press, seems to stem from a feeling that he should have spoken out firmly, clearly and specifically against religious repression in the Soviet Union—and he should have done it publicly.

"Publicly" is the bone of contention. For he did raise the issues *in private* with top leaders of the Communist Party, people with the clout to effect change. From the Vatican to U.S. senators, Graham solicited advice on how best to approach the Soviets. He feels the path of quiet diplomacy he took was the correct route. If he had taken a loud condemnatory stand, he believes, he would not have been received and listened to by people in power.

As for what he may have accomplished, time will tell. And maybe the press will, too. ✝

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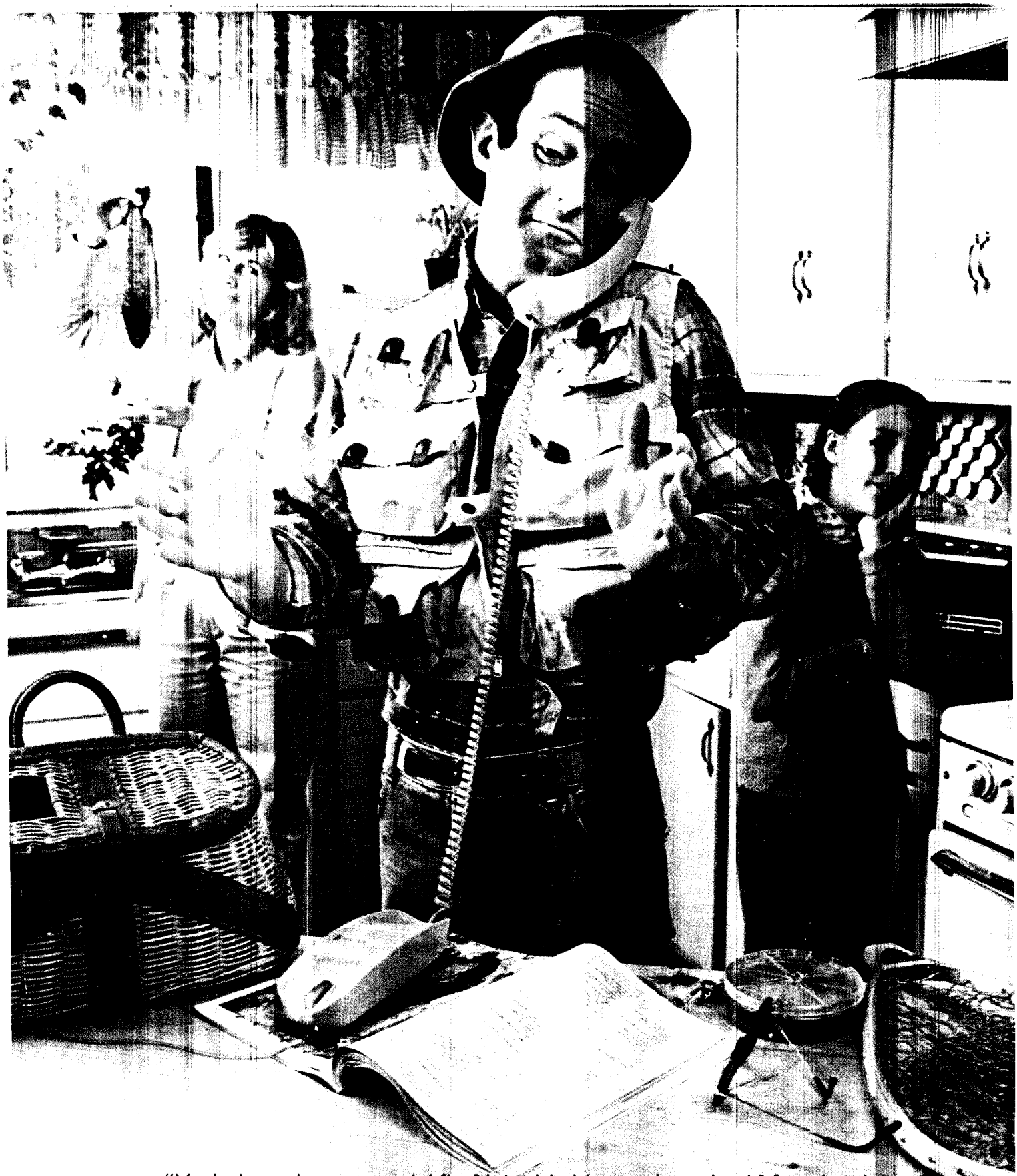

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